



The Astrology of LOVE

ARIES MAN
CHAPTER

**MEN + SEX +
ASTROLOGY**

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Men, Sex and Astrology

Aries Man

Commuter Edition

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INTRODUCTION

Sex.

It's a fundamental human requirement, right up there with food, water and a decent wi-fi signal. Like food and drink, it straddles the territories of *need* and *want*, laying equal claim to both. As with food and drink, it isn't enough to simply *have* sex it needs to satisfy certain criteria. This criteria will vary from person to person. There are doubtless things that turn you on that would have little or no effect on someone else. What drives you wild may leave another woman cold or send her screaming from the room.

And so it is with the various and varied men of the zodiac. What might set the heart of a Capricorn man racing may well give the Gemini man entirely the wrong kind of goosebumps. The purpose of this book is to help you induce the *right kind* of quivers and shivers in your man, from Aries to Pisces, and to ensure you receive a plentiful supply of quivers and shivers yourself.

I'll warn you right now that this is a forthright and unflinching book. It certainly isn't for the prudish. Let's face it, there's no point talking about sex unless we're going to be frank. In the interest of clarity, I'll will be calling a clitoris a clitoris, a penis a penis and so on. There will be no references to 'love buds' and 'passion rods'. I suspect you'll be relieved by this disclosure. But if you prefer talk of 'flowers' and such, it's probably not too late to request a refund.

Each chapter will be broken down into three sections:

Overview

What Does Sex Mean to the Aries Man [for example]?

What's in it for You?

What Works for Him?

Then each chapter is topped off with advice on *The One Thing You Must Do* and *The One Thing You Mustn't Do*.

Overview

This is the only point in each chapter where I *won't* be talking about sex. And that's a promise! Here I'll be looking at the whole person, his personality, what

he likes and dislikes, what drives him, what ignites his interest, what's great about him and what's downright infuriating.

Although I imagine most men will be perfectly happy to be seen exclusively as a sex object, women, on the whole, are big fans of context. And rightly so. Nothing exists in a vacuum, and any attempt to explore the sexual life of a man will be half-baked at best if we don't first attempt to shine a light on his non-sexual life. But don't worry; given that most men think about sex almost all of the time, anyway, this segment of each chapter is going to be pretty short. What the heck, feel free to skip it entirely!

What Does Sex Mean to the [insert star sign here] Man

Here, I'll be exploring the various zodiac males' attitudes to sex. Is sex just a recreational activity for him, is it all about conquest, a bit of fun or is it inextricably bound-up with love and romance? Once you're privy to this information, you'll be able to see if his attitudes are aligned with your own or whether you're faced with something of a challenge. You might even find something here which you can exploit in some way to your own sensual ends, such as the Cancer man's eagerness to please!

What's in it for You?

As editor of *The Astrology of Love* website, I receive any number of emails on the topic of men, sex and star signs, but by far the most common is this one: *is he any good in bed?* It's a tricky one to answer because it's such a vague question. So here I'll be trying to cover all the bases in relation to this sweeping enquiry. I'll be looking at his endurance, his technique, how thoughtful he is and, ultimately, whether or not he's going to deliver you breathless and satisfied to your desired destination. Sorry, I said I was going to be frank. This section tells you if your man is capable of getting you to orgasm. And, if not, what you can do to 'fix' him.

What's in it for him?

This section of each chapter relates to the second most common question I receive as editor of *The Astrology of Love* website. Namely, *how do I turn him on?* Could be you're thinking, As long as the *What's in it for me?* bit meets my requirements I couldn't care less! If you're feeling a little more generous, however, here you'll find information concerning what is likely to initiate his ardour, such as what clothing and perfume to wear. More to the point, in this section I'll tell you about

your man's erogenous zones, the kinds of things you can do or say to really get his blood pumping, whether he has any unusual kinks and what sexual positions are guaranteed to drive him wild. With pictures!

The One Thing You Must Do and the One Thing You Mustn't Do

This consists of just two brief sentences. The one thing you categorically must do and the one thing you categorically must not!



A WORD OF CAUTION

Astrology can be an extremely useful and powerful means of forming a picture of your intended paramour. Is he a fiery Scorpio, a kinky Gemini or a vigorous Aries? However, it's important to bear in mind that there can be a lot more to a man than the constellation under which he happened to be born.

Few people pass through life without being subjected to the potent and unpredictable forces of chaos. Put simply: things happen to people. Most of these things are of little or no significance but sometimes people are exposed to events and forces that are truly and powerfully transformative. And this is when you find yourself confronted with the shy and retiring Leo, the reckless Capricorn, the uncaring Cancer, the cold and unemotional Pisces.

This is a rather long-winded way of advising you to tread a little carefully and don't simply assume that because a guy was born on November 5th, he's going to respond to your advances like a wild animal. Do a little research first. Get to know the guy. Take his sensual temperature, as it were. To quote the great American poet, Robert Frost, "Don't ever take a fence down until you know why it was put up."

A SECOND WORD OF CAUTION

Although this guide teaches you the tricks, techniques and trade secrets of 'wowing' your man in bed, I wouldn't want you to think that I'm suggesting you kneel at the altar of your man's sexual needs, making your body and your *self* subservient to the requirements of his libido.

This guide is really about *you*. About *your* sensuality. This guide wants you to feel sexy and confident. This guide wants to put *you* in control of *your* sex life.

So, with that in mind, I want to make a few suggestions.

(Now, if you're a woman who already knows her own mind, her own body and is fully conversant with the strange and exhilarating hot zone where the two meet, feel free to skip this bit.)

1. Before going to bed with a man, ask yourself, are you *absolutely* certain this is what *you* want to do? If you feel in anyway pressured or uneasy about taking things to the next level, then don't rush things. Wait until you're ready. Any guy worth a dime is going to respect your feelings. If he makes for the door, then good riddance to bad rubbish. He isn't the kind of guy you need in your life.

2. Despite the fact that sex is an inordinate amount of fun, it can have serious consequences. Please remember to take all necessary precautions against unwanted pregnancy and sexually transmitted disease. Sorry to sound like a cross between your mom, a high school teacher and a worldly nun, but it needs to be said.

3. Don't put yourself under too much pressure. Sex should be a pleasurable experience. You shouldn't feel as if you're taking a test. Relax. Enjoy yourself. And, remember, practice makes perfect. If at first you don't succeed, try, try again.

4. Talk to your friends and family. Sex is a near-universal activity. Pretty much everyone does it. If you have doubts, anxieties and insecurities, it really does help to share. You'll be surprised just how many vivacious 'women of the world' have disastrous and embarrassing sexual experiences in their past. These incidents will almost always be filed under 'I Can Laugh About It Now...' Once you realise that sex is largely a matter of trial and error, and that few people engage in it without a certain amount of nervousness, you'll feel a lot more relaxed.

5. Each chapter contains a section entitled 'What's in it for You?'. This is a question that should be foremost in your mind when it comes to matters of the flesh. You're not a sex aid. You're a human being with complex sexual desires of your own. Make sure *you're* satisfied.

Good luck.

And enjoy.



SEX AND THE ARIES MAN

An Overview

The Aries man is driven and determined and will tend to succeed in life but, unlike the grounded and sensible Capricorn man, has a tendency to be impulsive.

The Aries man is equally impulsive in romance. He tends to fall in love immediately. He falls hard with the power and zest of an individual who lives in the moment. This impulsivity propels him through life in many areas including the romantic, the social, and the commercial. Nonetheless, the Aries man acts with sincerity and a firm sense of his beliefs. Despite his changing emotions that ride up and down much like the peaks and troughs of a rollercoaster with each new peak becoming the thrill of the moment, he is steadfast in his desires and beliefs as well as true to his romantic interest... at least for the time being!

Additionally, the impulsive nature that often rules the behaviour of an Aries man can also lead to some exciting moments for the chosen lover or significant other. Life for this couple might include seemingly random events as each of them becomes caught up in the moment and rushes in to experience love and desire at their fullest capacity. On the downside, this impulsive, head-spinning activity can lead to a sense of exhaustion that may cause a relationship to simply burn out.

What does Sex Mean to the Aries Man?

To the Aries man, sex, like so many other things, is a spontaneous act. It isn't something in itself to which he attaches any kind of value judgment. However, he is a good, old-fashioned romantic at heart. This sense of romance threads through every aspect of his life, including his sex life. But, whereas for, say, the Cancer man, sex is inextricably bound-up in love, for the Aries man this is not the case. This is a good or a bad thing, depending on your point of view. On the downside, sex may lose some of its ethereal magic; on the other hand, there are no complications and no danger of desire and emotion tripping over one another.

What's in it for You?

You'll be delighted to hear that the Aries man is known for his endurance and energy. He's also somebody who likes to achieve things. And for 'achieve things' you can almost certainly read 'get things done'. If you let him know what's required to ensure sex is a satisfying experience for you, then he'll be more than eager to push whatever buttons need pushing. Your orgasm becomes *his* goal. And what could be better than that?

What works for him?

The Aries man likes to think of himself as a knight in shining armour, so show a little vulnerability. Even if you ask for his help in some practical or work-related matter, he will find himself strangely well-disposed toward you. The Aries man responds to soft, sensual scents and feminine clothing. He is particularly receptive to shades of red, but don't overdo it. Go for something with more of a damsel-in-distress vibe and add a flash of red -- jewellery, perhaps or lip gloss -- just enough to hint at the passion to come.

The Aries man loves a challenge, so it's probably not a great idea to acquiesce too soon. He's quite likely to lose interest if you make it too easy for him. At the same time, he's prone to impatience, so don't leave it too long, either! Once you've decided you're ready (and this is the only true criteria you should observe when all's said and done) and you've got him to yourself, he's likely to make all the moves. But if, for whatever reason, your Aries man is a little shy and you want to give him a gentle shove in the right direction, go for his erogenous zones: the scalp and ears. Ruffle his hair and nibble on his earlobes; he'll be putty in your hands. Well, not 'putty', exactly. The *opposite* of putty.

When it comes to sex, the Aries man is a bit tricky. On the one hand, he likes to dominate, likes to be in charge. On the other, he is turned off by a completely submissive partner.

Master-and-servant sex simply doesn't work for the Aries man. He's looking for something more along the lines of master-and-a-bit-bossy-but-ultimately-knows-her-place sex. So, a rear-entry position is ideal, but not a 'just kneel there and take it' kind of deal. Conventional doggy-style sex will initially spark the Aries man's interest -- he's only human, after all! -- but the novelty will wear off in no time at all. And, really, what could be worse than having a disinterested man *back there*, doing his best, but very obviously going through the motions, so to speak? Nightmare.

The most obvious way to take the overly-submissive aspect (or should that be 'ass-pect'?) out of a rear-entry sexual position is to ensure you are the one who initiates it. This way, he gets the physical sensation of being dominant whilst being very aware that this is a situation you have created and, therefore, by extension, control.

The precise details of the rear-entry position you initiate (for there are many)

will also help reduce the servility of the arrangement. So, for the Aries man, we recommend a position that we like to call ‘Ram Descending’!

You lie face down on the bed with your butt raised up. The Aries man straddles you, so your legs are stretched out between his legs, and he enters you from behind (or, more accurately, from above). Unlike the more traditional doggy-style positions, you can fold your legs up behind him, digging your heels into his butt. This will enable you to be bossy and sexually demanding whilst still giving your Aries man the impression that he is very much in control. In other words, you’re submissive but not *whimperingly* so.

If your Aries man is not overly-endowed in the penis department or you favour particularly deep penetration, you can place a folded pillow beneath your pelvis or position yourself over the arm of a sofa to raise your butt higher and facilitate a more ‘profound incursion’.

The Aries man is famous for his energy and the enthusiasm with which he approaches everything. This can be good or bad news. On the one hand, it may mean he has the necessary endurance to guarantee you an orgasm; on the other hand, he may get a little carried away, with disappointing results. If previous experience tells you the latter is likely to be the case, try using some lubricant in order to reduce friction and, therefore, lessen the stimulation to his penis. His natural urge to succeed can also be used to your advantage. If you make small appreciative noises, he will feel like he’s making headway but will sense that he needs to try a little harder to ‘get you there’. This will focus his mind, helping to delay the inevitable.

The Aries man is naturally adventurous and takes a pioneering approach to everything he does. He loves to break new ground. So, if you have a few sexual positions or activities of your own, just let him know what you want him to do. He’ll try anything once. And, if he likes it, the chances are he’ll be more than happy to do it over and over again! And if he see’s (or hears!) that you like it, he’ll do it all the more; not because he’s eager to please *per se*, but because he loves to succeed.

It’s worth remembering that the Aries man is also quite traditional and a bit of a romantic, so although the sexual position described above is all-but guaranteed to drive him wild, he’s also partial to some old-fashioned, face-to-face, plenty-of-eye-contact, missionary-position love-making. In fact, as with all the sexual positions detailed in this book, the ‘Ram Descending’ should be employed

relatively sparingly, as something of a treat, otherwise the novelty may wear off. The Aries man loves the thrill of the chase, so the idea that he will have to earn his 'treat' will appeal to him. The Aries man likes nothing more than to *rise* to a challenge. What's more, the Aries man is one of those variety-is-the-spice-of-life types, so you can try pretty much all of the positions in this book to keep him interested and engaged. The 'Ram Descending', however, is sure to remain a favourite.

The One Thing You Must Do

Present him with a challenge but let him win in the end.

The One Thing You Mustn't Do

Don't attempt to dominate him... at least not in an obvious way!

AFTERWORD

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to hear what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to www.the-astrology-of-love.com/feedback and leave your thoughts and opinions.

Best of luck in life, love and lust!

Stephen Winters

