

# Men, Sex and Astrology Capricorn Man

#### Commuter Edition

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### INTRODUCTION

### Sex.

It's a fundamental human requirement, right up there with food, water and a decent wi-fi signal. Like food and drink, it straddles the territories of *need* and *want*, laying equal claim to both. As with food and drink, it isn't enough to simply *have* sex it needs to satisfy certain criteria. This criteria will vary from person to person. There are doubtless things that turn you on that would have little or no effect on someone else. What drives you wild may leave another woman cold or send her screaming from the room.

And so it is with the various and varied men of the zodiac. What might set the heart of a Capricorn man racing may well give the Gemini man entirely the wrong kind of goosebumps. The purpose of this book is to help you induce the *right kind* of quivers and shivers in your man, from Aries to Pisces, and to ensure you receive a plentiful supply of quivers and shivers yourself.

I'll warn you right now that this is a forthright and unflinching book. It certainly isn't for the prudish. Let's face it, there's no point talking about sex unless we're going to be frank. In the interest of clarity, I'll will be calling a clitoris a clitoris, a penis a penis and so on. There will be no references to 'love buds' and 'passion rods'. I suspect you'll be relieved by this disclosure. But if you prefer talk of 'flowers' and such, it's probably not too late to request a refund.

Each chapter will be broken down into three sections:

**Overview** 

What Does Sex Mean to the Aries Man [for example]?

What's in it for You?

What Works for Him?

Then each chapter is topped off with advice on *The One Thing You Must Do* and *The One Thing You Mustn't Do*.

#### **Overview**

This is the only point in each chapter where I won't be talking about sex. And that's a promise! Here I'll be looking at the whole person, his personality, what

he likes and dislikes, what drives him, what ignites his interest, what's great about him and what's downright infuriating.

Although I imagine most men will be perfectly happy to be seen exclusively as a sex object, women, on the whole, are big fans of context. And rightly so. Nothing exists in a vacuum, and any attempt to explore the sexual life of a man will be half-baked at best if we don't first attempt to shine a light on his non-sexual life. But don't worry; given that most men think about sex almost all of the time, anyway, this segment of each chapter is going to be pretty short. What the heck, feel free to skip it entirely!

### What Does Sex Mean to the [insert star sign here] Man

Here, I'll be exploring the various zodiac males' attitudes to sex. Is sex just a recreational activity for him, is it all about conquest, a bit of fun or is it inextricably bound-up with love and romance? Once you're privy to this information, you'll be able to see if his attitudes are aligned with your own or whether you're faced with something of a challenge. You might even find something here which you can exploit in some way to your own sensual ends, such as the Cancer man's eagerness to please!

#### What's in it for You?

As editor of *The Astrology of Love* website, I receive any number of emails on the topic of men, sex and star signs, but by far the most common is this one: *is he any good in bed?* It's a tricky one to answer because it's such a vague question. So here I'll be trying to cover all the bases in relation to this sweeping enquiry. I'll be looking at his endurance, his technique, how thoughtful he is and, ultimately, whether or not he's going to deliver you breathless and satisfied to your desired destination. Sorry, I said I was going to be frank. This section tells you if your man is capable of getting you to orgasm. And, if not, what you can do to 'fix' him.

### What's in it for him?

This section of each chapter relates to the second most common question I receive as editor of *The Astrology of Love* website. Namely, *how do I turn him on?* Could be you're thinking, As long as the *What's in it for me?* bit meets my requirements I couldn't care less! If you're feeling a little more generous, however, here you'll find information concerning what is likely to initiate his ardour, such as what clothing and perfume to wear. More to the point, in this section I'll tell you about

your man's erogenous zones, the kinds of things you can do or say to really get his blood pumping, whether he has any unusual kinks and what sexual positions are guaranteed to drive him wild. With pictures!

### The One Thing You Must Do and the One Thing You Mustn't Do

This consists of just two brief sentences. The one thing you categorically must do and the one thing you categorically must not!



### A WORD OF CAUTION

Astrology can be an extremely useful and powerful means of forming a picture of your intended paramour. Is he a fiery Scorpio, a kinky Gemini or a vigorous Aries? However, it's important to bear in mind that there can be a lot more to a man than the constellation under which he happened to be born.

Few people pass through life without being subjected to the potent and unpredictable forces of chaos. Put simply: things happen to people. Most of these things are of little or no significance but sometimes people are exposed to events and forces that are truly and powerfully transformative. And this is when you find yourself confronted with the shy and retiring Leo, the reckless Capricorn, the uncaring Cancer, the cold and unemotional Pisces.

This is a rather long-winded way of advising you to tread a little carefully and don't simply assume that because a guy was born on November 5th, he's going to respond to your advances like a wild animal. Do a little research first. Get to know the guy. Take his sensual temperature, as it were. To quote the great American poet, Robert Frost, "Don't ever take a fence down until you know why it was put up."

### A SECOND WORD OF CAUTION

Although this guide teaches you the tricks, techniques and trade secrets of 'wowing' your man in bed, I wouldn't want you to think that I'm suggesting you kneel at the altar of your man's sexual needs, making your body and your *self* subservient to the requirements of his libido.

This guide is really about *you*. About *your* sensuality. This guide wants you to feel sexy and confident. This guide wants to put *you* in control of *your* sex life.

So, with that in mind, I want to make a few suggestions.

(Now, if you're a woman who already knows her own mind, her own body and is fully conversant with the strange and exhilarating hot zone where the two meet, feel free to skip this bit.)

1. Before going to bed with a man, ask yourself, are you *absolutely* certain this is what *you* want to do? If you feel in anyway pressured or uneasy about taking things to the next level, then don't rush things. Wait until you're ready. Any guy worth a dime is going to respect your feelings. If he makes for the door, then good riddance to bad rubbish. He isn't the kind of guy you need in your life.

- 2. Despite the fact that sex is an inordinate amount of fun, it can have serious consequences. Please remember to take all necessary precautions against unwanted pregnancy and sexually transmitted disease. Sorry to sound like a cross between your mom, a high school teacher and a worldly nun, but it needs to be said.
- 3. Don't put yourself under too much pressure. Sex should be a pleasurable experience. You shouldn't feel as if you're taking a test. Relax. Enjoy yourself. And, remember, practice makes perfect. If at first you don't succeed, try, try again.
- 4. Talk to your friends and family. Sex is a near-universal activity. Pretty much everyone does it. If you have doubts, anxieties and insecurities, it really does help to share. You'll be surprised just how many vivacious 'women of the world' have disastrous and embarrassing sexual experiences in their past. These incidents will almost always be filed under 'I Can Laugh About It Now...' Once you realise that sex is largely a matter of trial and error, and that few people engage in it without a certain amount of nervousness, you'll feel a lot more relaxed.
- 5. Each chapter contains a section entitled 'What's in it for You?'. This is a question that should be foremost in your mind when it comes to matters of the flesh. You're not a sex aid. You're a human being with complex sexual desires of your own. Make sure *you're* satisfied.

Good luck.

And enjoy.



# **SEX AND THE CAPRICORN MAN**

#### An Overview

'C' is for Capricorn. And Career. And Conservative.

The Capricorn man is incredibly ambitious, focusing most (and, in some cases, *all*) of his energy into attaining his professional goals. Status matters a great deal to him. He wants, perhaps even *needs*, to be Top of the Heap, King of the Hill, 'A' Number One. This can make him unavailable and distant. On the plus side, if you're looking for a high achiever, this is your man.

Furthermore, the Capricorn man, although career-oriented, generally wants to be successful at everything, and this may well include his personal and romantic relationships. So, although, you may (for a while, at least) play second fiddle to his professional ambitions) he will, at some point, turn his zeal for success to all aspects of his life.

### What does Sex Mean to the Capricorn Man?

The Capricorn man is, quite possibly, the most sexually complex of all the males of the zodiac, because, in many ways, the Capricorn man himself is an extremely complex character, a character that develops over time. But we'll get to all that a little later.

So, what *does* sex mean to the Capricorn man?

Sex is not something the Capricorn man will tend to pursue for its own sake. He is very unlikely to be one-night-stand material. He will need to be in a stable relationship before he will be able to commit to you physically. What's more, that relationship will need to be built on a robust foundation of mutual respect.

The Capricorn man is very attracted to hardworking, successful women. Your drive to succeed will be a big turn-on for him. What's more, the Capricorn man is very status-oriented, so he will be especially drawn to a woman who other men desire.

Sex for him is part of a complex tangle of drives, needs and perceptions. He wants to succeed, to be admired. He wants a long-term relationship. He needs to respect you and to be proud of you. And sex is just one ingredient in this ambitious recipe. I say 'recipe', but that's assuming everything is in balance and works out. Sometimes, it can be less of a recipe and more of an unmanageable soupy mess.

#### What's in it for You?

Once you're in a physical relationship with a Capricorn man, you can look forward to extremely capable sex. Now, I'll be honest here, the word 'capable' is not known for its raw erotic charge. It's not the kind of word you'd expect to leap from the pages of the *Karma Sutra*. I don't think any woman ever looked at a man and, legs weakening a little, thought, *Wow, but does* he *look capable*. The word 'capable' suggests competence, a kind of fit-for-purpose approach to sex. And this isn't too far from the truth when it comes to the Capricorn man. However, what it does mean is that sex, like all things, is something that he works at. And works at. And works at. Until he gets it right. The Capricorn man just doesn't do selfish sex. Selfish sex, sex which doesn't leave his partner fully satisfied, is a failure, plain and simple. And if there's one thing the Capricorn man absolutely cannot countenance, it's failure.

What's more, he has excellent endurance. This, combined with his near-supernatural determination, means he'll be back for round, two, three, four and so on until he gets it right!

#### What Works for Him?

Along with 'career' and 'conservative', there's another 'c' word that encapsulates the Capricorn man's approach to sex. No, not *that* one. The word I'm alluding to is 'class'. He is turned-on by intelligent, sophisticated, culturally aware women. So, sex with him is going to have to be a sophisticated experience.

There will need to be wining, dining, art and intelligent, witty conversation. All of these things will move him incrementally toward the bedroom. Talk of work, normally a no-no on any date, is mandatory when it comes to the Capricorn man. And by 'talk of work', I don't mean the quotidian stuff. He doesn't want to hear about the problems you're having with the IT Department or the fact that someone stole your falafel from the refrigerator. He wants to hear about your plans and ambitions. He wants to feel the drive coming off you in palpable waves. This is the biggest aphrodisiac known to Capricorn Man. He responds heartily to power, even if that power is nascent and yet to be fully realised. The Capricorn man is the only man of the zodiac who can get an erection watching a PowerPoint presentation!

Speaking of power, the Capricorn man likes to feel in charge. But, at the same time, simpering submissiveness won't work for him at all. He wants a very active, dynamic partner but one that recognises a very subtle hierarchy that places him ever-so-slightly at the top of the pecking order.

Returning to the subject of 'class', it's vital the right atmosphere be created. Fresh silk sheets, expensive lingerie, subtly scented candles, even rose petals strewn on the bed and around the room, anything that strongly indicates that what he's about to experience is anything but a roll in the hay. Perhaps you can arrange for a long weekend at a luxury spa hotel, telling him it's a reward for all his hard work. He'll appreciate that and, what's more, it puts the whole sexual experience into a kind of work context. He'll feel he not only *wants* to have sex with you but that he *deserves* to have sex with you!

When it comes to sex with the Capricorn man, you should always begin with kissing. Lots of kissing. Then touching and stroking. It's important to move things up notch by notch, rather than simply dragging him into the boudoir.

If you start to get impatient with him, go for his erogenous zone. The Capricorn man has a very unusual erogenous zone: the back of the knee. How specific is *that*? Not the knee. Not the general area of and around the knee. But the *back* of the knee. You should approach this soft and sensitive area carefully. Don't just sink your fingernails into him! Start by placing your hand on his knee. Then keeping your thumb pressed against his kneecap, curl your first and index fingers around the back. Make gentle circular motions. These can become more firm and insistent as things hot-up.

In terms of sexual positions, it is best to keep things strictly vanilla to begin with. Missionary will work just fine. It's a 'classy' position in which he's on-top, plus you can add a little Capricorn touch by stimulating the backs of his knees with your heals.

As I mentioned earlier, the Capricorn man does tend to change over time, and sometimes that change can be quite dramatic. Nowhere is this more the case than in matters of the flesh. The younger Capricorn man is likely to be very career-focused, image-conscious and keen to observe social niceties in his determination to advance his professional and commercial interests. However, the older Capricorn man, the Capricorn man who has, perhaps, achieved many of his material and status-related ambitions, may be a little, well, *hornier*. Capricorn is an Earth sign, after all.

If you find yourself in the presence of a horny goat (and this may not necessarily be an *old* goat if he has achieved his goals early in his life through some whizz-kid technology venture), then you may be in for a different experience altogether.

He may like to take the 'in charge' aspect a little further and may be keen to try

something more male-dominant such as doggie-style. He may even like things a touch on the rough side, so make sure you lay down a few ground rules if things start to shift in that direction.

Sexual roleplay might even be on the cards for the horny goat incarnation of the Capricorn man, especially something with a workplace theme, where you pretend to be the 'wild and insatiable' secretary to his 'imperious and arrogant' boss. Things could even get a little *Fifty Shades of Grey*. Again, ground rules are important.

So, for the earthier Capricorn man, why not try a little position I like to call The Horn-Knee Goat. It satisfies his rear-entry cravings and gives you access to that sensitive soft spot at the back of his knee.

During traditional missionary sex (with added heal-to-knee action!) wait until he starts to get a little tired but is still eager to succeed in satisfying you. Suggest you go on top for a while because "he's putting in all the work" and you "want to share the load." From a traditional girl-on-top position, slowly lean back so that you come to rest on your elbows. From here, you'll be able to stimulate the back of his knees, that weird little erogenous zone of his. Plus this position pushes the top of the shaft of his penis against the top of your vagina, close to the clitoris, which means additional stimulation for you.

Win-win.

### The One Thing You Must do

If he's young, keep it classy; a little older, let him be the boss.

The One Thing You Mustn't Do

Don't be crude.

# **AFTERWORD**

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to heat what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to **www.the-astrology-of-love.com/feedback** and leave your thoughts and opinions.

Best of luck in life, love and lust!

Stephen Winters

