

# Men, Sex and Astrology Leo Man

#### Commuter Edition

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### INTRODUCTION

### Sex.

It's a fundamental human requirement, right up there with food, water and a decent wi-fi signal. Like food and drink, it straddles the territories of *need* and *want*, laying equal claim to both. As with food and drink, it isn't enough to simply *have* sex it needs to satisfy certain criteria. This criteria will vary from person to person. There are doubtless things that turn you on that would have little or no effect on someone else. What drives you wild may leave another woman cold or send her screaming from the room.

And so it is with the various and varied men of the zodiac. What might set the heart of a Capricorn man racing may well give the Gemini man entirely the wrong kind of goosebumps. The purpose of this book is to help you induce the *right kind* of quivers and shivers in your man, from Aries to Pisces, and to ensure you receive a plentiful supply of quivers and shivers yourself.

I'll warn you right now that this is a forthright and unflinching book. It certainly isn't for the prudish. Let's face it, there's no point talking about sex unless we're going to be frank. In the interest of clarity, I'll will be calling a clitoris a clitoris, a penis a penis and so on. There will be no references to 'love buds' and 'passion rods'. I suspect you'll be relieved by this disclosure. But if you prefer talk of 'flowers' and such, it's probably not too late to request a refund.

Each chapter will be broken down into three sections:

**Overview** 

What Does Sex Mean to the Aries Man [for example]?

What's in it for You?

What Works for Him?

Then each chapter is topped off with advice on *The One Thing You Must Do* and *The One Thing You Mustn't Do*.

#### **Overview**

This is the only point in each chapter where I won't be talking about sex. And that's a promise! Here I'll be looking at the whole person, his personality, what

he likes and dislikes, what drives him, what ignites his interest, what's great about him and what's downright infuriating.

Although I imagine most men will be perfectly happy to be seen exclusively as a sex object, women, on the whole, are big fans of context. And rightly so. Nothing exists in a vacuum, and any attempt to explore the sexual life of a man will be half-baked at best if we don't first attempt to shine a light on his non-sexual life. But don't worry; given that most men think about sex almost all of the time, anyway, this segment of each chapter is going to be pretty short. What the heck, feel free to skip it entirely!

### What Does Sex Mean to the [insert star sign here] Man

Here, I'll be exploring the various zodiac males' attitudes to sex. Is sex just a recreational activity for him, is it all about conquest, a bit of fun or is it inextricably bound-up with love and romance? Once you're privy to this information, you'll be able to see if his attitudes are aligned with your own or whether you're faced with something of a challenge. You might even find something here which you can exploit in some way to your own sensual ends, such as the Cancer man's eagerness to please!

#### What's in it for You?

As editor of *The Astrology of Love* website, I receive any number of emails on the topic of men, sex and star signs, but by far the most common is this one: *is he any good in bed?* It's a tricky one to answer because it's such a vague question. So here I'll be trying to cover all the bases in relation to this sweeping enquiry. I'll be looking at his endurance, his technique, how thoughtful he is and, ultimately, whether or not he's going to deliver you breathless and satisfied to your desired destination. Sorry, I said I was going to be frank. This section tells you if your man is capable of getting you to orgasm. And, if not, what you can do to 'fix' him.

#### What's in it for him?

This section of each chapter relates to the second most common question I receive as editor of *The Astrology of Love* website. Namely, *how do I turn him on?* Could be you're thinking, As long as the *What's in it for me?* bit meets my requirements I couldn't care less! If you're feeling a little more generous, however, here you'll find information concerning what is likely to initiate his ardour, such as what clothing and perfume to wear. More to the point, in this section I'll tell you about

your man's erogenous zones, the kinds of things you can do or say to really get his blood pumping, whether he has any unusual kinks and what sexual positions are guaranteed to drive him wild. With pictures!

### The One Thing You Must Do and the One Thing You Mustn't Do

This consists of just two brief sentences. The one thing you categorically must do and the one thing you categorically must not!



### A WORD OF CAUTION

Astrology can be an extremely useful and powerful means of forming a picture of your intended paramour. Is he a fiery Scorpio, a kinky Gemini or a vigorous Aries? However, it's important to bear in mind that there can be a lot more to a man than the constellation under which he happened to be born.

Few people pass through life without being subjected to the potent and unpredictable forces of chaos. Put simply: things happen to people. Most of these things are of little or no significance but sometimes people are exposed to events and forces that are truly and powerfully transformative. And this is when you find yourself confronted with the shy and retiring Leo, the reckless Capricorn, the uncaring Cancer, the cold and unemotional Pisces.

This is a rather long-winded way of advising you to tread a little carefully and don't simply assume that because a guy was born on November 5th, he's going to respond to your advances like a wild animal. Do a little research first. Get to know the guy. Take his sensual temperature, as it were. To quote the great American poet, Robert Frost, "Don't ever take a fence down until you know why it was put up."

## A SECOND WORD OF CAUTION

Although this guide teaches you the tricks, techniques and trade secrets of 'wowing' your man in bed, I wouldn't want you to think that I'm suggesting you kneel at the altar of your man's sexual needs, making your body and your *self* subservient to the requirements of his libido.

This guide is really about *you*. About *your* sensuality. This guide wants you to feel sexy and confident. This guide wants to put *you* in control of *your* sex life.

So, with that in mind, I want to make a few suggestions.

(Now, if you're a woman who already knows her own mind, her own body and is fully conversant with the strange and exhilarating hot zone where the two meet, feel free to skip this bit.)

1. Before going to bed with a man, ask yourself, are you *absolutely* certain this is what *you* want to do? If you feel in anyway pressured or uneasy about taking things to the next level, then don't rush things. Wait until you're ready. Any guy worth a dime is going to respect your feelings. If he makes for the door, then good riddance to bad rubbish. He isn't the kind of guy you need in your life.

- 2. Despite the fact that sex is an inordinate amount of fun, it can have serious consequences. Please remember to take all necessary precautions against unwanted pregnancy and sexually transmitted disease. Sorry to sound like a cross between your mom, a high school teacher and a worldly nun, but it needs to be said.
- 3. Don't put yourself under too much pressure. Sex should be a pleasurable experience. You shouldn't feel as if you're taking a test. Relax. Enjoy yourself. And, remember, practice makes perfect. If at first you don't succeed, try, try again.
- 4. Talk to your friends and family. Sex is a near-universal activity. Pretty much everyone does it. If you have doubts, anxieties and insecurities, it really does help to share. You'll be surprised just how many vivacious 'women of the world' have disastrous and embarrassing sexual experiences in their past. These incidents will almost always be filed under 'I Can Laugh About It Now...' Once you realise that sex is largely a matter of trial and error, and that few people engage in it without a certain amount of nervousness, you'll feel a lot more relaxed.
- 5. Each chapter contains a section entitled 'What's in it for You?'. This is a question that should be foremost in your mind when it comes to matters of the flesh. You're not a sex aid. You're a human being with complex sexual desires of your own. Make sure *you're* satisfied.

Good luck.

And enjoy.



### SEX AND THE LEO MAN

#### An Overview

Above all, the Leo man likes to adored and admired. Correction. The Leo man *loves* to be adored and admired. His entire sense of self and self-worth is derived from the feelings and opinions of others. Because he loves to be loved, he is extremely loving, generous, loyal and has a great sense of fun, revelling in the spotlight and going all-out to entertain.

### What does Sex Mean to the Leo Man?

For the Leo man, sex is an all-out sensory experience, a spontaneous event to be plunged into headlong without any thought or preparation. The Leo man likes to be leapt upon, as much as he likes to leap. He doesn't take it too seriously, seeing sex as a fun recreational activity.

However, his need to be admired extends to the boudoir. He won't just want to make love to you, he'll want you to recognise and, more importantly, *tell him* that he is without doubt the best lover you have ever had.

#### What's in it for You?

Well, the very fact that the Leo man wants to be recognised and, indeed, celebrated as the finest provider of sexual pleasure you've ever encountered, means he will do anything -- literally *anything* -- to *become* the finest provider of sexual pleasure you've ever encountered.

At his best, the Leo man is a kind of sexual perpetual motion engine. Here's how it works:

If he's turning you on, you let him know he's turning you on. I mean, don't say "Well, done!" or anything, just give him clear vocal indications. He'll love you for it. And now that he feels his sexual prowess is receiving the appropriate accolades, he will become more turned on himself and he will strive to turn you on even more, endeavouring to press all your erogenous buttons. This turns you on even more. You let him know his efforts are having the desired effect. Duly admired, the Leo man strives even harder. And so on and so forth. This can create a pretty intense upward spiral of sensuality and pleasure.

Unfortunately, this can work in the opposite direction, too. If the Leo man doesn't feel he is being duly admired for his efforts, he is likely to turn in a fairly lacklustre performance. As this lacklustre performance fails to light any fires, he will feel

even less admired and become increasingly lacklustre. And so on and so forth, creating a downward spiral of disappointment and underachievement.

This dismal scenario is easily avoided however, just so long as you keep in mind the Leo man's almost pathological need to be admired. Which is more easily said than done. If you've ever had to accommodate a Leo man's easily wounded ego, you'll know just how personally exhausting it can be. Not exactly an aphrodisiac.

On the plus side, this longing for approval and appreciation is the only real downside when it comes to the Leo man in bed. Just like the cat that represents his star sign, the Leo man is a playful pleasure seeker. It is very unlikely that you will ever find him 'not in the mood'. He has a pretty-much insatiable appetite for sex. And, unlike some zodiac males, he doesn't take sex too seriously. He sees sex primarily as a pleasurable entertainment (just so long as he feels he's 'winning'!) and he loves to laugh in bed.

In short, sex with the Leo man can be fun, healthy, experimental and intense. Just watch out for that easily bruised ego of his and you'll be fine.

#### What Works for Him?

Well, pretty much anything. The Leo man has a very tolerant attitude to sexual experimentation. Anything that he feels might increase his pleasure and yours is worthy of deep exploration so far as he's concerned. The only area where he is likely to express his concern or unwillingness to participate is anything which puts him in a significantly submissive position. He may be convinced to indulge in a little submissive roleplay but only if he feels like he's in control despite his less-than-dominant role.

As I said, earlier, the Leo man is always in the mood for sex, so there's very little for you to do in terms of 'turning him on' because he's already there. Just leap on him or slip into something sexy and wink. If your Leo man is a little shy (and such Leo men, though rare, *do* exist) wear something silky in orange or yellow and run your finger from the back of his neck to the base of his spine. This is his erogenous zone and it will be like flicking a magical 'on' button. Or 'turn on' button, to be more precise.

The best thing about the Leo man, is the fact that he is turned on by *you* being turned on. Which means that when it comes to sex, if you do whatever works for you, your Leo man will be fully engaged. The sound of you expressing your own arousal works as an extraordinary aphrodisiac on the Leo man.

In terms of sexual positions, missionary works just fine for the Leo man because it's the perfect position for running your fingertips or fingernails up and down his spine. However, if you're looking for something a little more interesting, I'd recommend a position I've entitled 'The Mane Event'. What does this position do for the Leo man? Well, in actual fact, *nothing* in and of itself. However, it will increase your arousal considerably, which, when all's said and done, is what the Leo man really wants.

Start with a simple missionary position, making the most of your access to his erogenous zones to get him really hot and bothered. At some point in the proceedings, he will, inevitably, raise himself up above you, taking his weight on his arms. This is inevitable because he will want to see if his thrusts and rhythms are having the desired effect. As soon as he does this, draw your legs up as high as you can, so your knees are nearly at your shoulders. You'll now be able to bring your legs out from beneath his arms and wrap your calves around his neck (the pun-ish 'Mane' referred to in the title of this zodiac-centric position).

Now, as I stated earlier, this will not do anything in and of itself for your Leo man. However, it will work wonders for you. With your legs in this acute posture, your Leo man's penis will be able to achieve exceptional penetration, with obvious results.

This is where the sexual perpetual motion engine comes into play. As he stimulates you at a very deep level, you will be unable to contain your pleasure. Your Leo man will respond to these signals of bliss with enthusiasm and vigour. Your pleasure will multiply and, once again, you will be unable to contain yourself. Again, he will up the ante. And again, you will respond... I think you can see where this is all going!

# **The One Thing You Must Do**

Make lots of appreciative moans!

The One Thing You Mustn't Do

Don't just lie there!

# **AFTERWORD**

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to heat what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to **www.the-astrology-of-love.com/feedback** and leave your thoughts and opinions.

Best of luck in life, love and lust!

Stephen Winters

