



The Astrology of LOVE

FULLY
ILLUSTRATED

**MEN + SEX +
ASTROLOGY**

STEPHEN WINTERS

Men, Sex and Astrology

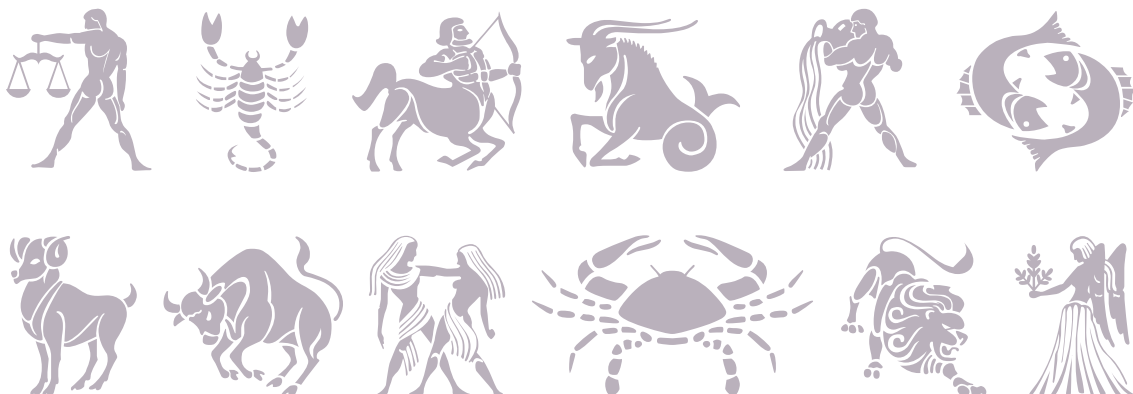
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INTRODUCTION

Sex.

It's a fundamental human requirement, right up there with food, water and a decent wi-fi signal. Like food and drink, it straddles the territories of *need* and *want*, laying equal claim to both. As with food and drink, it isn't enough to simply *have* sex it needs to satisfy certain criteria. This criteria will vary from person to person. There are doubtless things that turn you on that would have little or no effect on someone else. What drives you wild may leave another woman cold or send her screaming from the room.

And so it is with the various and varied men of the zodiac. What might set the heart of a Capricorn man racing may well give the Gemini man entirely the wrong kind of goosebumps. The purpose of this book is to help you induce the *right kind* of quivers and shivers in your man, from Aries to Pisces, and to ensure you receive a plentiful supply of quivers and shivers yourself.

I'll warn you right now that this is a forthright and unflinching book. It certainly isn't for the prudish. Let's face it, there's no point talking about sex unless we're going to be frank. In the interest of clarity, I'll will be calling a clitoris a clitoris, a penis a penis and so on. There will be no references to 'love buds' and 'passion rods'. I suspect you'll be relieved by this disclosure. But if you prefer talk of 'flowers' and such, it's probably not too late to request a refund.

Each chapter will be broken down into three sections:

Overview

What Does Sex Mean to the Aries Man [for example]?

What's in it for You?

What Works for Him?

Then each chapter is topped off with advice on *The One Thing You Must Do* and *The One Thing You Mustn't Do*.

Overview

This is the only point in each chapter where I *won't* be talking about sex. And that's a promise! Here I'll be looking at the whole person, his personality, what he likes and dislikes, what drives him, what ignites his interest, what's great about him and what's downright infuriating.

Although I imagine most men will be perfectly happy to be seen exclusively as a sex object, women, on the whole, are big fans of context. And rightly so. Nothing exists in a vacuum, and any attempt to explore the sexual life of a man will be half-baked at best if we don't first attempt to shine a light on his non-sexual life. But don't worry; given that most men think about sex almost all of the time, anyway, this segment of each chapter is going to be pretty short. What the heck, feel free to skip it entirely!

What Does Sex Mean to the [insert star sign here] Man

Here, I'll be exploring the various zodiac males' attitudes to sex. Is sex just a recreational activity for him, is it all about conquest, a bit of fun or is it inextricably bound-up with love and romance? Once you're privy to this information, you'll be able to see if his attitudes are aligned with your own or whether you're faced with something of a challenge. You might even find something here which you can exploit in some way to your own sensual ends, such as the Cancer man's eagerness to please!

What's in it for You?

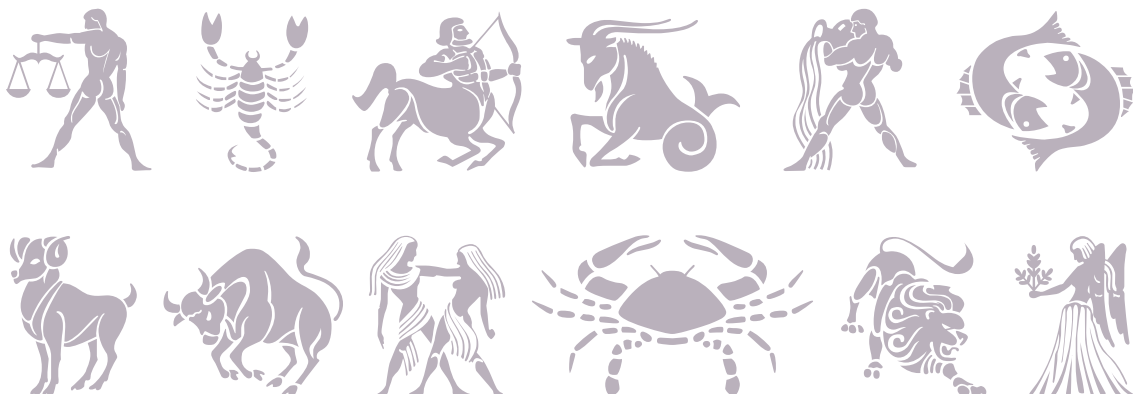
As editor of *The Astrology of Love* website, I receive any number of emails on the topic of men, sex and star signs, but by far the most common is this one: *is he any good in bed?* It's a tricky one to answer because it's such a vague question. So here I'll be trying to cover all the bases in relation to this sweeping enquiry. I'll be looking at his endurance, his technique, how thoughtful he is and, ultimately, whether or not he's going to deliver you breathless and satisfied to your desired destination. Sorry, I said I was going to be frank. This section tells you if your man is capable of getting you to orgasm. And, if not, what you can do to 'fix' him.

What's in it for him?

This section of each chapter relates to the second most common question I receive as editor of *The Astrology of Love* website. Namely, *how do I turn him on?* Could be you're thinking, As long as the *What's in it for me?* bit meets my requirements I couldn't care less! If you're feeling a little more generous, however, here you'll find information concerning what is likely to initiate his ardour, such as what clothing and perfume to wear. More to the point, in this section I'll tell you about your man's erogenous zones, the kinds of things you can do or say to really get his blood pumping, whether he has any unusual kinks and what sexual positions are guaranteed to drive him wild. With pictures!

The One Thing You Must Do and the One Thing You Mustn't Do

This consists of just two brief sentences. The one thing you categorically must do and the one thing you categorically must not!



A WORD OF CAUTION

Astrology can be an extremely useful and powerful means of forming a picture of your intended paramour. Is he a fiery Scorpio, a kinky Gemini or a vigorous Aries? However, it's important to bear in mind that there can be a lot more to a man than the constellation under which he happened to be born.

Few people pass through life without being subjected to the potent and unpredictable forces of chaos. Put simply: things happen to people. Most of these things are of little or no significance but sometimes people are exposed to events and forces that are truly and powerfully transformative. And this is when you find yourself confronted with the shy and retiring Leo, the reckless Capricorn, the uncaring Cancer, the cold and unemotional Pisces.

This is a rather long-winded way of advising you to tread a little carefully and don't simply assume that because a guy was born on November 5th, he's going to respond to your advances like a wild animal. Do a little research first. Get to know the guy. Take his sensual temperature, as it were. To quote the great American poet, Robert Frost, "Don't ever take a fence down until you know why it was put up."

A SECOND WORD OF CAUTION

Although this guide teaches you the tricks, techniques and trade secrets of 'wowing' your man in bed, I wouldn't want you to think that I'm suggesting you kneel at the altar of your man's sexual needs, making your body and your *self* subservient to the requirements of his libido.

This guide is really about *you*. About *your* sensuality. This guide wants you to feel sexy and confident. This guide wants to put *you* in control of *your* sex life.

So, with that in mind, I want to make a few suggestions.

(Now, if you're a woman who already knows her own mind, her own body and is fully conversant with the strange and exhilarating hot zone where the two meet, feel free to skip this bit.)

1. Before going to bed with a man, ask yourself, are you *absolutely* certain this is what *you* want to do? If you feel in anyway pressured or uneasy about taking things to the next level, then don't rush things. Wait until you're ready. Any guy worth a dime is going to respect your feelings. If he makes for the door, then good riddance to bad rubbish. He isn't the kind of guy you need in your life.

2. Despite the fact that sex is an inordinate amount of fun, it can have serious consequences. Please remember to take all necessary precautions against unwanted pregnancy and sexually transmitted disease. Sorry to sound like a cross between your mom, a high school teacher and a worldly nun, but it needs to be said.

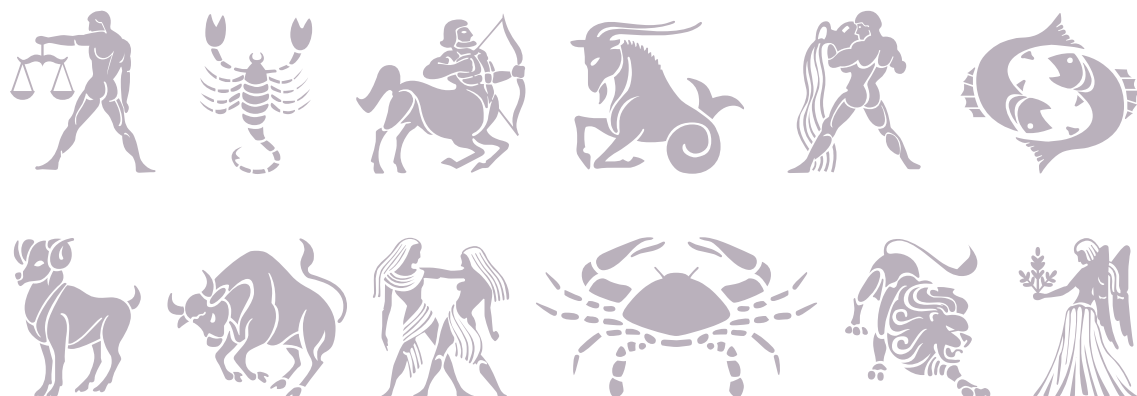
3. Don't put yourself under too much pressure. Sex should be a pleasurable experience. You shouldn't feel as if you're taking a test. Relax. Enjoy yourself. And, remember, practice makes perfect. If at first you don't succeed, try, try again.

4. Talk to your friends and family. Sex is a near-universal activity. Pretty much everyone does it. If you have doubts, anxieties and insecurities, it really does help to share. You'll be surprised just how many vivacious 'women of the world' have disastrous and embarrassing sexual experiences in their past. These incidents will almost always be filed under 'I Can Laugh About It Now...' Once you realise that sex is largely a matter of trial and error, and that few people engage in it without a certain amount of nervousness, you'll feel a lot more relaxed.

5. Each chapter contains a section entitled 'What's in it for You?'. This is a question that should be foremost in your mind when it comes to matters of the flesh. You're not a sex aid. You're a human being with complex sexual desires of your own. Make sure *you're* satisfied.

Good luck.

And enjoy.



SEX AND THE ARIES MAN

An Overview

The Aries man is driven and determined and will tend to succeed in life but, unlike the grounded and sensible Capricorn man, has a tendency to be impulsive.

The Aries man is equally impulsive in romance. He tends to fall in love immediately. He falls hard with the power and zest of an individual who lives in the moment. This impulsivity propels him through life in many areas including the romantic, the social, and the commercial. Nonetheless, the Aries man acts with sincerity and a firm sense of his beliefs. Despite his changing emotions that ride up and down much like the peaks and troughs of a rollercoaster with each new peak becoming the thrill of the moment, he is steadfast in his desires and beliefs as well as true to his romantic interest... at least for the time being!

Additionally, the impulsive nature that often rules the behaviour of an Aries man can also lead to some exciting moments for the chosen lover or significant other. Life for this couple might include seemingly random events as each of them becomes caught up in the moment and rushes in to experience love and desire at their fullest capacity. On the downside, this impulsive, head-spinning activity can lead to a sense of exhaustion that may cause a relationship to simply burn out.

What does Sex Mean to the Aries Man?

To the Aries man, sex, like so many other things, is a spontaneous act. It isn't something in itself to which he attaches any kind of value judgment. However, he is a good, old-fashioned romantic at heart. This sense of romance threads through every aspect of his life, including his sex life. But, whereas for, say, the Cancer man, sex is inextricably bound-up in love, for the Aries man this is not the case. This is a good or a bad thing, depending on your point of view. On the downside, sex may lose some of its ethereal magic; on the other hand, there are no complications and no danger of desire and emotion tripping over one another.

What's in it for You?

You'll be delighted to hear that the Aries man is known for his endurance and energy. He's also somebody who likes to achieve things. And for 'achieve things' you can almost certainly read 'get things done'. If you let him know what's required to ensure sex is a satisfying experience for you, then he'll be more than eager to push whatever buttons need pushing. Your orgasm becomes *his* goal. And what could be better than that?

What works for him?

The Aries man likes to think of himself as a knight in shining armour, so show a little vulnerability. Even if you ask for his help in some practical or work-related matter, he will find himself strangely well-disposed toward you. The Aries man responds to soft, sensual scents and feminine clothing. He is particularly receptive to shades of red, but don't overdo it. Go for something with more of a damsel-in-distress vibe and add a flash of red -- jewellery, perhaps or lip gloss -- just enough to hint at the passion to come.

The Aries man loves a challenge, so it's probably not a great idea to acquiesce too soon. He's quite likely to lose interest if you make it too easy for him. At the same time, he's prone to impatience, so don't leave it too long, either! Once you've decided you're ready (and this is the only true criteria you should observe when all's said and done) and you've got him to yourself, he's likely to make all the moves. But if, for whatever reason, your Aries man is a little shy and you want to give him a gentle shove in the right direction, go for his erogenous zones: the scalp and ears. Ruffle his hair and nibble on his earlobes; he'll be putty in your hands. Well, not 'putty', exactly. The *opposite* of putty.

When it comes to sex, the Aries man is a bit tricky. On the one hand, he likes to dominate, likes to be in charge. On the other, he is turned off by a completely submissive partner.

Master-and-servant sex simply doesn't work for the Aries man. He's looking for something more along the lines of master-and-a-bit-bossy-but-ultimately-knows-her-place sex. So, a rear-entry position is ideal, but not a 'just kneel there and take it' kind of deal. Conventional doggy-style sex will initially spark the Aries man's interest -- he's only human, after all! -- but the novelty will wear off in no time at all. And, really, what could be worse than having a disinterested man *back there*, doing his best, but very obviously going through the motions, so to speak? Nightmare.

The most obvious way to take the overly-submissive aspect (or should that be 'ass-pect'?) out of a rear-entry sexual position is to ensure you are the one who initiates it. This way, he gets the physical sensation of being dominant whilst being very aware that this is a situation you have created and, therefore, by extension, control.

The precise details of the rear-entry position you initiate (for there are many) will also help reduce the servility of the arrangement. So, for the Aries man, we recommend a position that we like to call 'Ram Descending'!

You lie face down on the bed with your butt raised up. The Aries man straddles you, so your legs are stretched out between his legs, and he enters you from behind (or, more accurately, from above). Unlike the more traditional doggy-style positions, you can fold your legs up behind him, digging your heels into his butt. This will enable you to be bossy and sexually demanding whilst still giving your Aries man the impression that he is very much in control. In other words, you're submissive but not *whimperingly* so.

If your Aries man is not overly-endowed in the penis department or you favour particularly deep penetration, you can place a folded pillow beneath your pelvis or position yourself over the arm of a sofa to raise your butt higher and facilitate a more 'profound incursion'.

The Aries man is famous for his energy and the enthusiasm with which he approaches everything. This can be good or bad news. On the one hand, it may mean he has the necessary endurance to guarantee you an orgasm; on the other hand, he may get a little carried away, with disappointing results. If previous experience tells you the latter is likely to be the case, try using some lubricant in order to reduce friction and, therefore, lessen the stimulation to his penis. His natural urge to succeed can also be used to your advantage. If you make small appreciative noises, he will feel like he's making headway but will sense that he needs to try a little harder to 'get you there'. This will focus his mind, helping to delay the inevitable.

The Aries man is naturally adventurous and takes a pioneering approach to everything he does. He loves to break new ground. So, if you have a few sexual positions or activities of your own, just let him know what you want him to do. He'll try anything once. And, if he likes it, the chances are he'll be more than happy to do it over and over again! And if he see's (or hears!) that you like it, he'll do it all the more; not because he's eager to please *per se*, but because he loves to succeed.

It's worth remembering that the Aries man is also quite traditional and a bit of a romantic, so although the sexual position described above is all-but guaranteed to drive him wild, he's also partial to some old-fashioned, face-to-face, plenty-of-eye-contact, missionary-position love-making. In fact, as with all the sexual positions detailed in this book, the 'Ram Descending' should be employed relatively sparingly, as something of a treat, otherwise the novelty may wear off. The Aries man loves the thrill of the chase, so the idea that he will have to earn

his ‘treat’ will appeal to him. The Aries man likes nothing more than to *rise* to a challenge. What’s more, the Aries man is one of those variety-is-the-spice-of-life types, so you can try pretty much all of the positions in this book to keep him interested and engaged. The ‘Ram Descending’, however, is sure to remain a favourite.

The One Thing You Must Do

Present him with a challenge but let him win in the end.

The One Thing You Mustn’t Do

Don’t attempt to dominate him... at least not in an obvious way!



The Ram Descending



SEX AND THE TAURUS MAN

An Overview

If you like the strong, silent type, you'll love the Taurus man. He's also fiercely loyal and incredibly trustworthy. He dislikes artificiality of any kind, so it's always best to be honest and upfront with him. He admires those who have encountered and overcome adversity.

What Does Sex Mean to the Taurus Man?

The Taurus man enjoys sex. He sees it as something natural, wholesome and fun. Sex isn't something that can be rushed with the Taurus man. For him, sex, love and friendship are all inextricably intertwined, not separate components of a relationship. Consequently sex will be taken as a natural next step in the ongoing narrative of your relationship. He isn't a one-night-stand kind of guy.

He is a little slow on the uptake and easily embarrassed but once the Taurus man is fully turned on, you'll find yourself thinking, *Wow! Where has this man-beast been hiding all this time?* As the saying goes, *it's always the quiet ones...*

What's in it for you?

Sex with the Taurus man will be vigorous. And there's very little danger of a 'flash in the pants': Taurus men are known for their endurance in all things, including (you'll be delighted to learn) matters of the flesh. What's more, he'll take pleasure from pleasing you. So, unlike the 'feet first' Aries, the Taurus man will happily take his time getting to the main course. For the Taurus man, the journey and the destination are almost one and the same thing.

As for the afterglow, to the Taurus man it's all one with what went before. There's no danger of him announcing, *Well, that's me done* and making an exit.

What works for him?

When it comes to bedding the Taurus man, it's no exaggeration to say he's something of minefield. Firstly, as I've said before, he can be a little slow on the uptake. You can make as many suggestive remarks as you like. Fact is, they just won't register. The Taurus man doesn't do innuendo.

Flirting your way into his pants isn't going to work either. The Taurus man is easily embarrassed and is intuitively distrusting of anything that seems in any way artificial or forced. If you come over all vampish, he's going to run a mile.

The Taurus man is, by nature, very trusting. Somewhat perversely, this means it's highly likely he's been hurt before. Which means he's almost certainly going to have developed a number of defence mechanisms against the blindingly obvious.

So, what's a girl to do?

It's actually pretty simple. Act naturally and let nature take her course.

Think of all those Hollywood chick flicks. Girl meets boy etc. I know, I know: nobody believes that crap anymore. But when it comes to the Taurus man, Hollywood works.

A glance becomes a lingering glance. A lingering glance becomes a soft, almost innocent kiss. A soft, almost innocent, kiss becomes something firmer, more insistent. Tongues touch. There is a spark. Hands begin to explore. Buttons are unbuttoned. Zips are unzipped. You get the picture.

When it comes to catching his eye, the Taurus man is attracted to femininity, so you can never go wrong with a dress which subtly displays all the right curves. The keyword here is 'subtly', of course. Despite the Taurus man's dislike of artificiality, he is not averse to a little glamour. Strategic use of make-up, particularly lipstick, can have a devastating effect on the Taurus man. I of course mean 'devastating' in a good way!

Perfume is crucial. The Taurus man loves a fine perfume: something fresh and natural, with just a hint of the exotic.

In terms of colours, the Taurus man finds pastel shades appealing, particularly blue. Soft, sensually-textured materials are a must.

Regarding those aforementioned 'defence mechanisms', the Taurus man will tend to trust those who demonstrate trust in him. The simple act of confiding in him will deactivate those mechanisms in no time at all.

So, you've caught his eye, won his trust; how do you get things to the 'next level'?

You'll definitely get a sense of when he wants to take things to the next level: the kisses will become more intense, he will pull your body closer, there will be a tangible increase in his passion which, with practically any other sign of the zodiac would inevitably lead to sex. However, this is the Taurus man, so he it's very likely he'll step up to the plate without going for the home run.

There's a few simple things you can do to get him to swing that bat.

Firstly, he needs to be completely at ease. This means you are much more likely to succeed if it's his place rather than yours. Because the Taurus man is notoriously slow off the mark, you'll need to provide some blindingly obvious indicator that tonight is not like any other night. The easiest way to do this is to wear something especially sexy. Something shorter than he's seen you wearing before, something more revealing.

Once you've effectively sign-posted what tonight is all about, turning the Taurus man on is the easiest thing in the world. His five senses are almost always turned up to eleven. He is as responsive to smell, sound and taste as other men are to sight and touch alone. The right perfume (fresh and floral, of course), the sound of a sigh and the taste of cherry lip balm will all send the right signals.

The Taurus man's erogenous zones are easily accessed: the throat and neck. If you gently run your nails over the back of his neck as you kiss, don't be too surprised if his passion immediately shifts up a notch. Kissing his throat will drive him wild. And thank your lucky stars your man isn't a Capricorn. Their erogenous zone is the back of the knee. How on earth do you subtly activate that weird little hot spot?!

Because, for the Taurus man, sex is a natural and healthy manifestation of love and trust, he isn't one for kinky experimentation. So, if you're looking for someone to engage in *Fifty Shades of Grey* roleplaying sessions, the Taurus man is probably not the best of collaborators. Slap him on the ass with leather strap and he'll most likely just slap a restraining order on you in return! But if you're looking for good, honest, dependable lovemaking (and, frankly, isn't that what most of us are looking for?) then the Taurus man is very much for you.

Given all of the above, missionary sex is just fine for the Taurus man. However, if you're in the mood for something a little different, something to keep his interest well and truly piqued, I recommend a wholesome, romantic position I like to call the Hug-a-Bull.

This is ostensibly missionary-position sex but taken-up a notch. Whereas with the traditional missionary position your legs will tend to be quite low, running approximately parallel to his, for the Hug-a-Bull, you'll need to pull your knees up as high as you can, crossing your ankles over his lower back. This will increase the depth of his penetration. A pillow or cushion placed under your buttocks will accentuate this even further.

By placing gentle pressure on his lower back, you'll encourage him to arch up above you, supporting himself on his arms. This allows for plenty of eye contact, crucial to creating a sense of openness and honesty. Remember, truth matters to the Taurus man. What's more, you'll be presented with easy access to his erogenous zones: the neck and throat. Take every opportunity to touch, stroke and kiss him here.

The One Thing You Must Do

Earn his trust and put him at ease.

The One Thing You Mustn't Do

Don't deceive him in any way at all, *ever*.



The Hug-a-Bull



SEX AND THE GEMINI MAN

An Overview

The Gemini man is a creature of pure energy, bounding from one activity to the next with an enthusiasm that can be captivating or utterly infuriating, depending on your own personality! He is a highly social animal and, because he is intelligent and quick-witted, he is frequently in demand. Gemini men tend to be great communicators and love nothing more than engaging in long, deep and fascinating conversations. They possess the rare ability to flit between viewpoints making them very tolerant and accepting of other people's views. It's difficult to argue with a Gemini man because he is unlikely to utterly reject any argument, finding merit in any viewpoint. As such, he can be a great broker in any conflict. The Gemini man's prime failing is a tendency to become bored very easily.

What does Sex Mean to the Gemini Man?

If you haven't already guessed, the Gemini man is sexually adventurous, not to mention a little inappropriate. If you're *also* sexually adventurous and a little inappropriate, that's great. You're a perfect match. If you tend toward the more prudish and conservative end of the erotic spectrum (Capricorn or Virgo), you may have problems keeping your Gemini man entertained between the sheets (or between the whatever, wherever). And make no mistake, for the Gemini man, sex is very much about entertainment. It is a recreational activity to which he attaches no emotional significance. Sex for the Gemini man is sex; there is little or no danger of him confusing it with anything else. That isn't to say that sex is a purely physical activity for the Gemini man. For him, sex takes place as much in the head as it does in the bed (or the whatever, wherever). What you say or how you act is as likely to turn him on as much as the way you look and the things you do. Sexual roleplay, whether it's dressing up or something more complex, elaborate and quite possibly hazardous, is a prerequisite for the Gemini man.

But make no mistake, sex isn't part of an emotional tangle for the Gemini man and it doesn't have to be romantic, as it does, say, for the Pisces man. So, If you're looking for an uncomplicated and thrilling one-night stand (and there's absolutely nothing wrong with that), the Gemini man is the perfect specimen for your purposes. That isn't to say he's incapable of being a one-gal man; he is. He's just incapable of being a one-position, one-venue man.

If you're unwilling to experiment and inject a little fun and naughtiness into your sex life, the Gemini man is likely to become bored, and a bored Gemini man won't stick around for very long.

However, this doesn't mean you have to constantly reinvent yourself for his purposes. Small, subtle changes are sufficient: a different location, a rearranging of the 'order of things', or even a new perfume are all enough to keep the more moderate Gemini man on his toes.

The extreme Gemini man is a different matter entirely, of course. You either follow him deep into the world of the sexually weird and wonderful or there's every chance he'll head off there with someone else. But the extremes of *all* the zodiac males present a dizzying array of problems and challenges. Plus, the extreme types tend to be exceptional. You're much more likely to encounter a moderately audacious and exploratory Gemini man. And, quite frankly, who wouldn't want to give that a try?

What's in it for You?

So, what's the Gemini man like in bed? Good question. But a hard one to answer, because, unlike most of the men of the zodiac, 'sex' and 'bed' are not synonymous to the Gemini man. In the Gemini man's thesaurus, 'sex' is synonymous with 'car', 'cemetery', 'gym', 'public convenience', 'Jacuzzi' or 'ornamental garden', but rarely 'bed'.

Rather than ask what the Gemini man is like in *bed*, it would be just as appropriate to ask, What's the Gemini man like in the Anglo-Saxon Literature section of the public library? Or, What's the Gemini man like on the Spider-Man ride at Universal Studios? Or, What's the Gemini man like in the crypt of the Sacré Cœur whilst a full mass is going on overhead? Or, What's the Gemini man like on the sixth floor of the Texas School Book Depository?

If left unchecked, the Gemini man's penchant for experimentation can become a rather selfish pursuit, as he delves ever deeper in his quest for pleasure. The secret is to make *you* his experiment. If you let him know you have an open mind and are willing to try anything once, he will be only too keen to make you his little project. He will go to extremes if necessary, and if you encourage him, to bring you to screaming orgasm.

The Gemini man's erogenous zones are his fingers and fingertips, so he will be aroused by the textures he encounters whilst exploring your body. Stimulating your clitoris with his fingertips and feeling the gush of moisture as he strokes will drive him as wild as it will you.

What Works for Him?

Initiating sex with a Gemini man is relatively simple. He's one of the zodiac's great communicators. So, unlike the Taurus man, who needs a written invitation signed by at least two witnesses to be delivered by FedEx, the Gemini man will respond to subtle hints.

Moving things onto the next level is just as easy. Words are as likely to have an aphrodisiac effect on him as any action. Telling him what turns *you* on will have the effect of turning *him* on. Read an erotic passage from a book "you just happen to be reading" and he'll be yours. If in doubt play with those hypersensitive fingers of his. Rubbing the tip of your finger against the phalange of his fingers will work every time. Sucking his fingers drive him crazy.

What constitutes great sex for the Gemini man is likely to be anything he hasn't already tried. This can make first time sex with a Gemini man seem a little daunting. However, you needn't worry, because the fact that he's having sex with you for the first time will be novelty enough and more.

If you're looking to make sex with the Gemini man something he's unlikely to forget in a hurry, you'll need to engage his mind and imagination as much as his body. Sex in silence is not for the Gemini man. Nor is sex in the dark. Keep the lights on. Let him see your body. Let him see what you're doing to his body. Whatever his does to you, tell him how it's making you feel. Tell him what you want to do to him and what you want him to do to you. Shocking and taboo language will definitely light his fuse. Taboo words, in particular, are effective, representing, as they do, a kind of experiment in thought and language, a reaching for extremes. But remember to pace yourself. You don't want to come across like something from *The Exorcist...* at least not right away. Start off with a few encouraging sounds, then introduce some gentler nouns and adjectives, then, breathless with excitement, let loose a few choice and savoury expletives, before looping back to those encouraging sounds and gentler nouns and adjectives. Let language become an honest expression of how your feeling. In short, sometimes a penis is a penis. And sometimes, it's a *cock*.

Equally, roleplay is important. Once your relationship is established (assuming you want it to, and who am I to judge?) you can indulge in roleplaying sessions so elaborate they may require an Oscar-winning crew of set decorators, costume designers and special effects technicians. Early in a relationship or for the purpose of a one-night stand or consciously time-limited romance, it can be enough to behave unexpectedly. If you're a naturally quiet person, to suddenly take your

Gemini man firmly in hand will spark his interest. Similarly, if you're normally confident and extrovert, to become spontaneously coy will excite his mind.

When it comes to sexual positions, pretty much anything goes with the Gemini man. There isn't a single position in this book that he'll shy away from. In fact, there are several we wouldn't dare include in this book he'd be only too eager to try out. However, if this is your first time with him, I'd recommend a position which will enable you to whisper sweet nothings (not to mention virtue-corroding filth) into his only-too-eager ears.

This is a position I like to call the 'Speak Easy'. Now, we're going to give you two versions of this position. Both are ostensibly the same but the first version is for those of you who are a little on the shy side and the second version is for the sexually extrovert amongst you. If you're generally a lights off, wriggling out of your underwear under the covers kind of person, then the first version is definitely for you. If you've ever won thunderous applause and wolf whistles for your burlesque dancing routines, then the second version is for you.

Firstly, this position is far more suited to a sofa than a bed, so it'll meet the approval of your Gemini man right away, simply because the action doesn't take place in the tried-and-tested, been-there-done-that environment of the bedroom. Straddle your Gemini man as he sits upright on the sofa, clamping your thighs tightly to his pelvis. Your heels should be pressed against his thighs. There should be something *desperate* and *grasping* in the way you cling onto him, demonstrating an uncontrollable sexual hunger.

You'll find this position offers a very different sensation to a typical on-top position where the man is lying down, with the angle of entry of the penis resulting in very different areas of the vagina receiving maximum stimulation.

Clothing is optional here. You can go for the mostly clothed quickie or get completely naked. Up to you. Both will appeal to the Gemini man, but the impulsive nature of the quickie approach may just clinch it in appealing to his adventurous nature.

Once the action is underway, you can very much set the pace. However, if you get tired, your Gemini man can easily take over, planting his feet firmly on the ground and thrusting upwards into you. If you both thrust at the same time, the depth of penetration can be fairly mind-blowing!

If you think you can stand some *extra-deep* penetration, try raising your knees up to just beneath his armpits and placing your feet flat on the sofa. This creates a very intense angle of entry and allows for additional penetration.

Given the fact that you're facing each other, you can treat him to some of that dirty talk he's particularly fond of. Plus, he'll be delighted by the noises you make and your facial expressions during those moments of deep penetration.

Remember, the Gemini man's erogenous zone is his fingers. Sucking his fingers whilst you ride him will be an experience he never forgets. He'll also be particularly aroused if you place his hands on your breasts and squeeze his hands. He'll love the fact that you're fondling your own breasts by proxy; and the sensation of both your breasts and hands against his super-sensitive fingers will drive him crazy.

Now for the burlesque dancers amongst you... In the lounge (bedrooms are for sleeping, as far as the Gemini man is concerned), undress your Gemini man. Tell him it's strictly hands-off until you say otherwise. Push him down onto the sofa then, slowly and teasingly, begin to undress. If he attempts to stand, keep him in place with a firm foot. He'll enjoy your dominance. Once naked, step onto the sofa, on foot either side of him -- let him have a good eyeful! -- then descend onto his penis. Like I said, not one for the shy and retiring!

The One Thing You Must Do

Keep it varied.

The One Thing You Mustn't Do

Let things get stale.



The Speak-Easy



SEX AND THE CANCER MAN

An Overview

The Cancer man is the ultimate in low maintenance. He loves to cook, clean and look after you. He is extremely well-domesticated and house-proud. For the Cancer man, housework isn't a chore, it's a leisure activity.

The Cancer man can be a little shy and insecure at first, but once you coax him out of his shell, he is extremely loving, generous, attentive and loyal.

What does Sex Mean to the Cancer Man?

In many respects, the Cancer man is the polar opposite of the Gemini man when it comes to matters of the flesh. The Cancer man isn't keen on experimentation. He likes his sex simple and wholesome. To the Cancer man, sex is an expression of love and not simply a carnal act in its own right. He likes to feel safe and secure when it comes to sex and so prefers the comfort and familiarity of his own bed.

What's in it for You?

There is little likelihood of the Cancer man using you. He doesn't 'have sex', he 'makes love'. Sex is simply the physical and erotic manifestation of affection. The one-night-stand Cancer man is a rare thing indeed. So, if you're getting more than a little tired of hit-and-run guys, you've nothing to worry about with the Cancer man. When it comes to relationships, this one has staying power.

Sex with the Cancer man is almost always a satisfying experience for his partner as he is naturally empathetic, with an intuitive understanding of your needs. Sex for the Cancer man is something of a devotional act, wrapped in emotion. Ultimately, he just wants you to be happy.

It's a widely accepted that the Cancer man can be something of a mother's boy and this can manifest as an oral fixation (paging Doctor Freud!). However, this can be great for the woman in his life (whom he will treasure *almost* as much as his mother) as he loves kissing. More to the point, he will love to put his mouth to work all over your body. So, if you're looking for a man who's only too willing to put lips and tongue to work servicing your labia and clitoris, look no further.

All that being said, hygiene is important to him, so he's unlikely to venture below your waist if you've just come back from the gym! Straight after a hot bath, however, when you're scrubbed clean, looking all fresh and innocent, he'll be salivating with anticipation. The Cancer man does need leading, however, so you may have to gently push his head down to where you want him to get to work!

What Works for Him?

First and foremost, *nothing* is going to work for the Cancer man unless he is at ease. Put simply, he won't be able to rise to the occasion unless he's comfortable with you and your surroundings. For this reason, it's almost certainly going to be his place and not yours. For the same reasons, it's the chances of this taking place after a first date (or even a second, third or fourth date!) is vanishingly remote.

So, let's assume your Cancer man is precisely that: *your* Cancer man. You're in his apartment. You're wearing the kind of fresh, floral, almost-edible perfume he loves. You've probably finished a meal he's cooked and now you're both onto your second glass of wine. The conversation is flowing easily and you've got to that stage where you're telling him things you've never told anybody else. You touch his hand and there's a little *zing*. At this point, most guys would cut straight to the lean-in. But this is the Cancer man. *You're* going to have to go for the lean-in. Don't worry, he isn't going to recoil. He just isn't good at first moves. The kiss will be go just fine. Better than fine: the Cancer man is a good kisser. But, again, at this point, most men will be thinking about moving things up a level. Not the Cancer man. He'll be content to just keep on kissing. I'm afraid it's up to you to make the play for second base!

The Cancer man's erogenous zone is his chest and, more specifically, his nipples (so, *that's* what men's nipples are for!). If you place your hands flat against his chest, he'll start to get the message (or massage). Gently caress his chest. You may well feel his nipples harden. Keep caressing as you kiss. Dig your fingers in a little; the Cancer man likes a strong, dominant women.

So, now your Cancer man is aroused. This doesn't mean he's going to let his hormones do his thinking for him. He won't assume just because you're touching his chest that he can touch yours! You're probably going to have to try something a little more direct. Slide your hands down to his hips then round to his butt. Give it a gentle but firm squeeze. At this point, there should be no doubt in *his* mind what's on *your* mind. If he's still not receiving you loud and clear, increase the intensity of your kiss (remember, the Cancer man is *very* oral) and make all the right noises.

In terms of sexual positions, doggy style is generally a no-no for the Cancer man. Not because he finds it in any way bestial but because, for him, sex is an emotional thing and he'll want to be face-to-face, looking into your eyes as you look into his. So, don't be afraid to plump for the good ole missionary position;

this will work just fine for the Cancer man. In fact, if we're talking about the first time, with your Cancer man, then the missionary position is probably your safest bet, as it will be well within his all-important comfort zone.

However, if you're looking for something a little different, something he's unlikely to forget in a hurry, why not try a position I like to call The Pincer Movement. This easy to achieve position successfully and sensually addresses two of the Cancer man's chief peccadilloes: the sensitivity of his chest and his appreciation of strong, even dominating, women.

For this position, you lie down on your back, with your legs together and your knees pulled up toward your chest. Kneeling facing you, your Cancer man enters you. You place one foot flat on his chest, stimulating this area of prime erogenous real estate with your toes. Your other leg curls around his waist, your heel resting against the small of his back, the top of his buttocks. With this leg, you can pull your man toward you, taking control and encouraging deeper penetration. The 'angle of approach' here is perfect for providing maximum stimulation to your G-spot, by the way. So: win-win!

Another advantage to this position is that you can easily segue into it from the comfortable Cancer-centric missionary position, rather than having to provide complex instructions and risk jeopardising 'the moment'. It also allows for plenty of face-to-face, eye-to-eye contact, increasing the levels of intimacy.

Whatever you do, make sure you let him know what's working for you because the Cancer man has a great memory and is something of a perfectionist. He'll be taking mental notes the whole time, so that next time he knows exactly what buttons to push. Consequently, sex with the Cancer man tends to get better and better!

What happens after sex is almost as important as the sex itself to the Cancer man. As I suggested earlier, he's not the hit-and-run type. He'll want to cuddle and talk. As a water sign and a bit of a hygiene nut, he's very likely to take you up on the suggestion of a shared shower, too.

The One Thing You Must Do

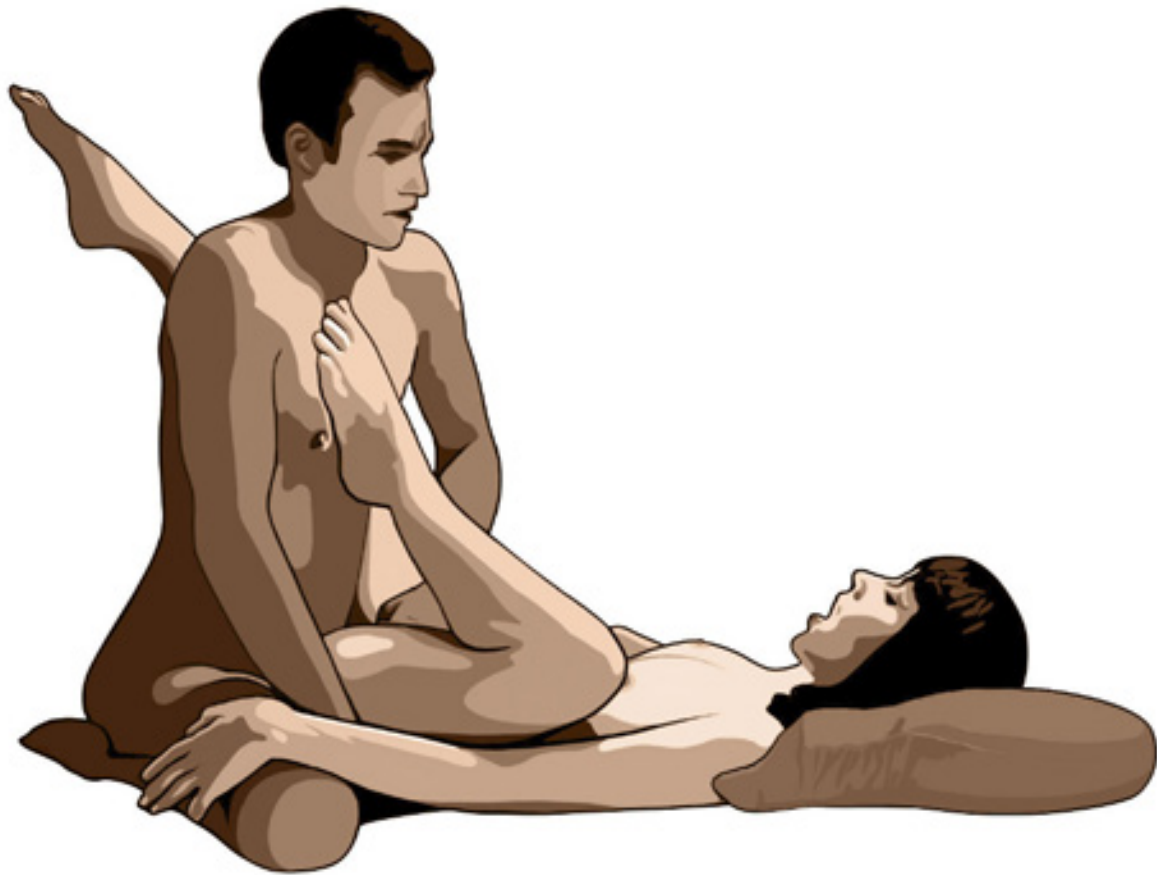
Show affection.

The One Thing You Mustn't Do

Come on too strong, too soon.



The Pincer Movement



SEX AND THE LEO MAN

An Overview

Above all, the Leo man likes to be adored and admired. Correction. The Leo man *loves* to be adored and admired. His entire sense of self and self-worth is derived from the feelings and opinions of others. Because he loves to be loved, he is extremely loving, generous, loyal and has a great sense of fun, revelling in the spotlight and going all-out to entertain.

What does Sex Mean to the Leo Man?

For the Leo man, sex is an all-out sensory experience, a spontaneous event to be plunged into headlong without any thought or preparation. The Leo man likes to be leapt upon, as much as he likes to leap. He doesn't take it too seriously, seeing sex as a fun recreational activity.

However, his need to be admired extends to the boudoir. He won't just want to make love to you, he'll want you to recognise and, more importantly, *tell him* that he is without doubt the best lover you have ever had.

What's in it for You?

Well, the very fact that the Leo man wants to be recognised and, indeed, celebrated as the finest provider of sexual pleasure you've ever encountered, means he will do anything -- literally *anything* -- to *become* the finest provider of sexual pleasure you've ever encountered.

At his best, the Leo man is a kind of sexual perpetual motion engine. Here's how it works:

If he's turning you on, you let him know he's turning you on. I mean, don't say "Well, done!" or anything, just give him clear vocal indications. He'll love you for it. And now that he feels his sexual prowess is receiving the appropriate accolades, he will become more turned on himself and he will strive to turn you on even more, endeavouring to press all your erogenous buttons. This turns you on even more. You let him know his efforts are having the desired effect. Duly admired, the Leo man strives even harder. And so on and so forth. This can create a pretty intense upward spiral of sensuality and pleasure.

Unfortunately, this can work in the opposite direction, too. If the Leo man doesn't feel he is being duly admired for his efforts, he is likely to turn in a fairly lacklustre performance. As this lacklustre performance fails to light any fires, he will feel

even less admired and become increasingly lacklustre. And so on and so forth, creating a downward spiral of disappointment and underachievement.

This dismal scenario is easily avoided however, just so long as you keep in mind the Leo man's almost pathological need to be admired. Which is more easily said than done. If you've ever had to accommodate a Leo man's easily wounded ego, you'll know just how personally exhausting it can be. Not exactly an aphrodisiac.

On the plus side, this longing for approval and appreciation is the only real downside when it comes to the Leo man in bed. Just like the cat that represents his star sign, the Leo man is a playful pleasure seeker. It is very unlikely that you will ever find him 'not in the mood'. He has a pretty-much insatiable appetite for sex. And, unlike some zodiac males, he doesn't take sex too seriously. He sees sex primarily as a pleasurable entertainment (just so long as he feels he's 'winning'!) and he loves to laugh in bed.

In short, sex with the Leo man can be fun, healthy, experimental and intense. Just watch out for that easily bruised ego of his and you'll be fine.

What Works for Him?

Well, pretty much anything. The Leo man has a very tolerant attitude to sexual experimentation. Anything that he feels might increase his pleasure and yours is worthy of deep exploration so far as he's concerned. The only area where he is likely to express his concern or unwillingness to participate is anything which puts him in a significantly submissive position. He may be convinced to indulge in a little submissive roleplay but only if he feels like he's in control despite his less-than-dominant role.

As I said, earlier, the Leo man is always in the mood for sex, so there's very little for you to do in terms of 'turning him on' because he's already there. Just leap on him or slip into something sexy and wink. If your Leo man is a little shy (and such Leo men, though rare, *do* exist) wear something silky in orange or yellow and run your finger from the back of his neck to the base of his spine. This is his erogenous zone and it will be like flicking a magical 'on' button. Or 'turn on' button, to be more precise.

The best thing about the Leo man, is the fact that he is turned on by *you* being turned on. Which means that when it comes to sex, if you do whatever works for you, your Leo man will be fully engaged. The sound of you expressing your own arousal works as an extraordinary aphrodisiac on the Leo man.

In terms of sexual positions, missionary works just fine for the Leo man because it's the perfect position for running your fingertips or fingernails up and down his spine. However, if you're looking for something a little more interesting, I'd recommend a position I've entitled 'The Mane Event'. What does this position do for the Leo man? Well, in actual fact, *nothing* in and of itself. However, it will increase your arousal considerably, which, when all's said and done, is what the Leo man really wants.

Start with a simple missionary position, making the most of your access to his erogenous zones to get him really hot and bothered. At some point in the proceedings, he will, inevitably, raise himself up above you, taking his weight on his arms. This is inevitable because he will want to see if his thrusts and rhythms are having the desired effect. As soon as he does this, draw your legs up as high as you can, so your knees are nearly at your shoulders. You'll now be able to bring your legs out from beneath his arms and wrap your calves around his neck (the pun-ish 'Mane' referred to in the title of this zodiac-centric position).

Now, as I stated earlier, this will not do anything in and of itself for your Leo man. However, it will work wonders for you. With your legs in this acute posture, your Leo man's penis will be able to achieve exceptional penetration, with obvious results.

This is where the sexual perpetual motion engine comes into play. As he stimulates you at a very deep level, you will be unable to contain your pleasure. Your Leo man will respond to these signals of bliss with enthusiasm and vigour. Your pleasure will multiply and, once again, you will be unable to contain yourself. Again, he will up the ante. And again, you will respond... I think you can see where this is all going!

The One Thing You Must Do

Make lots of appreciative moans!

The One Thing You Mustn't Do

Don't just lie there!



The Main Event



SEX AND THE VIRGO MAN

An Overview

Gentle, generous and attentive, the Virgo man is the very definition of a keeper. They are perfectionists who will work at something tirelessly in order to get it right. Often, the thing they are working on is themselves. Self-improvement is very much the goal of the Virgo man. They are great listeners and not only take criticism well, they actively invite criticism, almost relishing the opportunity to discuss their faults and seek to eradicate them. This isn't a one-way street, however, as the Virgo man can be just as keen to improve others. And by 'others', I mean you. Great if you're riddled with insecurities or naturally self-deprecating. A royal pain in the *derriere* if you think you're fine just the way you are, thank you very much!

What does Sex Mean to the Virgo Man?

For the Virgo man, sex is a commitment, the physical manifestation of emotional and spiritual intimacy, and intimacy is something he does not enter into lightly. It takes a long time for a Virgo man to feel comfortable enough with someone to even consider leaning in for a kiss, never mind exchanging bodily fluids!

Not for the Virgo man, the quickie on the back seat of a car or an illicit motel room liaison. Sex is the culmination of weeks of emotional sharing, the result of a gradual acclimatisation. Only when he feels he truly knows you and you truly know him, will he indulge in any form of intimacy.

That isn't to say that he won't succumb beforehand -- he's a man after all! -- he just won't be fully committed to the experience and you may well sense that he is not entirely comfortable, that he's holding something of himself back.

This is great if, like the Virgo man, you're in no rush to get to the bedroom. If you want to give yourself to someone only after a lengthy courtship, then this is almost certainly the guy for you. Similarly, if you see sex as 'no biggie', experiencing lust in occasional flurries, then the Virgo man is perfect, as he doesn't view sex as the be-all and end-all. In fact, of all the men of the zodiac, he is the one who can most easily abstain from the pleasures of the flesh.

If however, you have a voracious sexual appetite, requiring regular, vigorous and lengthy attention, then you may find the Virgo man more than a little frustrating. If you are such a woman and you're still determined to make a particular Virgo man yours, you will need to view him as something of a project. And who hasn't

harboured the fantasy of corrupting some fresh faced innocent! The process itself, lengthy and challenging, could be very erotically charged. If you want a sense of just how erotic a lengthy courtship with limited physical activity, I recommend you read the excellent *Waiting* by Ha Jin, where fingers brushing across the back of the hand become an almost orgasmic focal point.

What's in it for You?

In a word, commitment. If you're looking for a life partner, then look no further. The Virgo man is not one to dip his wick and move onto the next conquest. Achieving intimacy with you will be a long and arduous process for him; it won't be something he'll be particularly eager to re-experience with a new partner.

This commitment extends beyond simply monogamy, however. The Virgo man is committed in everything he does. He is a perfectionist. He doesn't want to be simply 'okay' at an activity, he wants to be the best he can possibly be. And this includes sex. He will attend to every little detail in his efforts to push every single one of your buttons. Just as everything has to be 'just so' for him, he will be keen to make sure everything is 'just so' for you.

In other words -- with a few exceptions (see 'What Works for Him?') -- he will want to create the perfect sexual experience for you. The time, the place, positions employed, even the music and variety of scented candle will be meticulously researched and executed.

What's more, if something isn't really working for you, just tell him (in a kindly fashion, of course) and he'll try something else, or even ask for a detailed set of instructions as to what *does* work for you.

The context of this instruction and criticism is very important, however. Despite all appearances to the contrary, the Virgo man is something of a control freak, he likes to be, at least tacitly, in charge. So make sure your critiques are put forward in response to *his* need for self-improvement and not simply because you demand it. All criticisms of the Virgo man should begin with a compliment.

Don't say: "What on earth are you doing? You're at least a mile south of my clitoris!"

Do say: "That feels incredible. A little further north and I'll probably pass out!"

What Works for Him?

We're going to have to assume that you've put in the leg work and succeeded in making your Virgo man feel sufficiently comfortable with you that things have become intimate. If not, you could always try getting him drunk!

Now that you are alone with your Virgo man, probably at *his* place because this is where he'll feel most at ease, you'll need to begin the slow, pleasurable ascent to sex. This will involve copious amounts of kissing.

But before we go there, a word or two about your physical appearance and, erm, personal hygiene, if I might be so bold. Please, don't take offence. The Virgo man is *very* particular when it comes to cleanliness, putting it not only next to Godliness but at least a notch or two above it! For the Virgo man to achieve intimacy with you, you will have to be fresh, gleaming and fragrant. So, don't pop round to his place after a colossal workout because your adrenalin levels are up and you're feeling overpoweringly aroused. The first whiff of sweat and workout funk is going to leave him cold.

So, back to the kissing. Most men don't spend nearly enough time on the kissing, seeing it as a brief precursor to bra-strap fumbling and boob-grabbing. The Virgo man on the other hand, could kiss you forever. Which is wonderful. Except, he *really could* keep kissing you forever. Moving from one base to the next is not something that comes naturally to him, so you're going to have to guide things in the right direction.

The easiest way to take things up a level is to go for his erogenous zone. This isn't as easy as it seems, unfortunately, because the Virgo man's erogenous zone just so happens to be one of the most ticklish areas of the human body: the abdomen. The Virgo man really doesn't make sex easy, does he?

Don't worry, there's a knack to it. Don't use your fingertips, use the flat of your palm and the heel of the hand. Fingertips = tickling. Palm = erotic. So once you think the kissing has gone on for quite long enough, place your hands on his hips, then, fingers arching back, run your hands up and flat against his sides. Then, move one hand to his lower back and the other front and centre to his stomach. Press gently, making slow circular motions. This will trigger a physically tangible response, evidence of which can be found if you allow that self-same hand to explore below the beltline.

Sexual positions can be a little bit of a minefield with the Virgo man. Generally, rear-entry positions are a bit of a no-no. I wouldn't rule them out entirely, if it

really works for you, because he will be keen to ‘do the job right’; however, he may find it a little animalistic.

Again, girl-on-top positions are fine, so long as you don’t appear to dominate him. Just make plenty of noise to let him know he’s doing it right. Whilst we’re on the subject of making noise, it probably goes without saying that any kind of dirty talk is likely to make him feel a little uncomfortable. You should definitely let him know you’re thoroughly enjoying the proceedings as this will encourage him to try even harder. As a rule of thumb, think ‘erotic’ not ‘pornographic’.

Missionary is just fine for the Virgo man but if you feel like trying something a bit different (or your personal desires and preferences *demand* something a bit different), why not try Knee Deep in Kisses. Your Virgo man kneels on the bed (and almost all sexual activity with a Virgo man will take place in or on a bed!) and you straddle him, sliding down onto his penis. Rest the tops of your feet on his thighs, so that your centre of gravity is in the area of your pelvis. If you put your feet down on the bed, you will tend to lean back; this position is very much about putting your weight where it needs to be! Although you are on top, your Virgo man will be in control, setting the pace with his upward thrusts. Another great advantage of this position is that you can keep kissing for as long as you like (or for as long as it takes!). Penetration will be deep, with your g-spot receiving very considerable attention. Consequently, you will be extremely aroused. It won’t be a case of letting your Virgo man know he’s getting the job done, you simply won’t be able to contain yourself!

The One Thing You Must Do

Keep it clean, in every sense!

The One Thing You Mustn’t Do

Don’t be dirty!



Knee-Deep in Kisses



SEX AND THE LIBRA MAN

An Overview

The Libra man is a kind and gentle soul. He abhors cruelty and unfairness of any kind and seeks to bring balance to his world, your world and... well, the *whole* world. He is thoughtful to a fault. Everything must be considered, contemplated, weighed and measured. He is often perceived as indecisive but this does him something of a disservice. He just takes a lot longer to arrive at his decision because he likes to process every piece of relevant information and consider every angle. I like to think of the Libra man as *The Wire* of male zodiac signs. Unlike TV shows like *CSI*, *The Wire* offered us an exploded version of a crime drama with no stone left unturned, no story left untold. So it is with the Libra man when it comes to making a decision. If you can overlook this frustrating but well-intended behaviour, the Libra man presents the very definition of a keeper.

What does Sex Mean to the Libra Man?

Sex doesn't mean a great deal to the Libra man. That isn't to say he has a below-average libido, it's just that sex isn't something he gets too hung-up about. He is more than ready, willing and able to enjoy the pleasures of the flesh, it just doesn't occupy his every waking hour as it does with, say, the Scorpio man.

The Libra man is drawn to beauty and great art, so, for him, sex is very much an aesthetic experience. In other words, it's all about sensuality. He approaches sex as if it were an elaborate erotic dance. Not for him an illicit quickie in a department store changing room. The Libra man's definition of a memorable sexual experience will be one he is able to play back in his mind over and over like a piece of great erotic French cinema. The lighting, the sound, the music, even the details of the set, will all play their role.

What's in it for You?

The Libra man is the ultimate giver. He wants you to be satisfied and will go to great lengths to make sure your every button is comprehensively pushed. He will not be satisfied until you are.

This, combined with his fascination with the aesthetics of love-making, guarantee long, drawn-out foreplay. He is an attentive lover who will play close attention to the sounds you make as he stimulates various areas of your anatomy, eager to make a mental note of what makes you sigh, moan, squeal or cry out.

Similarly, he will go to great lengths to get the mood right. So, expect soft lighting, scented candles, gentle music, expensive wine and silk sheets strewn with rose petals. If you want to be swept off your feet, in the romantic sense of the phrase, then the Libra man is perfect for you. If you want to be swept off your feet in the carnal sense (by which, I mean, picked up, thrown down and taken) then, no. For that kind of untamed, sore-the-next-morning experience, you're probably better off finding yourself a Leo or Scorpio, the zodiac's great 'pouncers'.

Sex with the Libra man can be a little tentative, at first, even awkward, as he tries to weigh-up the dos and don'ts. This over-thinking can be misinterpreted as a lack of passion and spontaneity but should be taken for what it really is: care and consideration. So long as you send out plenty of signals as to what is working for you (and, equally, what isn't -- he won't be offended so long as you're gentle) then he'll soon find his footing. At this point, the sex will be transformed from the faltering and timid into something casual and comfortable and all the initial tension will sublimate into a gentle but determined passion.

Bonus! The Libra man is very much a morning person. So, you should be prepared for a repeat performance the following morning.

What Works for Him?

As I said earlier, the aesthetics are very important. The Libra man is very responsive to beauty. This doesn't, as some astrologers often attest, mean the Libra man is only drawn to classically beautiful women. He knows his own mind and is perfectly capable of deciding what 'beauty' is. Very often this will fly in the face of social convention, as, on the whole, social convention is tainted by unfairness and cruelty, things he detests. Consequently, he is just as likely to be drawn to a curvy or statuesque woman as he is to something more elfin. He may find a distinct under-bite adorable or be hopelessly aroused by a shock of curly red hair. The delicate wrinkles of middle-age or the occasional strand of grey hair may well be the very things that make a woman special in his eyes.

That being said, he will want you to look *your* best. That is to say, the best *you* can look with what God gave you, not that you should attempt to conform to some societal notion of Barbie beauty.

As far as initiating sex goes, I'm afraid that's down to you. Don't get me wrong, he'll *want* to make the first move, it's just that it's going to take him an age to decide when it's the right time. The chances are, by the time he's realised it's the right time, it will be three in the morning and you'll be at home in your own bed fast asleep and he'll be wondering where it all went wrong!

But don't mistake 'initiating' sex for 'controlling' the situation. The Libra man doesn't respond well to aggressive or dominating behaviour. So, whatever you do, don't slap him on the ass and growl "Let's get busy!" You going to have to use a softly-softly approach.

As a certain amount of aesthetic stage-setting will be required, it's going to have to be your place, not his. So, make sure you attend to the aforementioned candles, music, fine wine, silk sheets etc. An exotic meal, rich in interesting textures and flavours, will ignite his senses, making him more susceptible to what you have in mind. Lingerie is another must. But not something red and aggressive. That scarlet Basque is going to have to wait for another time, and very probably another man. Think soft and subtle, not elaborate and reinforced. Anything that looks like it was designed by Satan and appears determined to set your boobs free, is not going to have the desired effect on the Libra man. Delicate lacework and pastel shades will work, particularly muted pinks and lilacs.

Massage is great for getting him in the mood. Just make a point of noting that he seems a little tense, then work a little magic on his neck and shoulders. If you can work your way down to the small of his back, then all the better, as you're moving into the outer regions of his erogenous zone, his buttocks being the inner region!

Just as he will love to engage in generous foreplay on your behalf, so, in the interest of balance, he will respond to anything you can do on his behalf. Kissing him all over, licking his nipples and belly and working your way down to that all important 'everyman' erogenous zone will make for a memorable experience. The Libra man is especially fond of a standing blow job, as you can reach round and stimulate those highly sensitive buttocks of his while your lips and tongue attend to 'other business'!

When it comes to sexual positions, the Libra man is relatively easy to please as, ultimately, he wants to please you. So, anything which enables him to provide deep penetration and maximum stimulation to your g-spot is going to work well for him.

However, if you're looking to leave a long and lasting impression on your Libra man, I recommend a little something I like to call The Scales of Just Ass.

You straddle your Libra man with your back to him, settling down onto his penis. Draw his legs up, so his feet are flat on the bed and his knees are up. Now you can ride him, and you have free and easy access to his buttocks. As you push down

you can squeeze and knead his buns. He will have a very erotic view of the swell of *your* jiggling buttocks and your arching back, which will appeal to his sense of cinematic aesthetics!

The One Thing You Must Do

Create the right setting, paying attention to the little details.

The One Thing You Mustn't Do

Wait for him to make the first move!



The Scales of Just-Ass



SEX AND THE SCORPIO MAN

An Overview

The one word that comes up time and again when discussions turn to the Scorpio man, is 'passion'. A true fire sign, the Scorpio man has passion in spades. He is the volcano of the zodiac. He is practically incapable of frivolity. Everything he does he does with seriousness, zeal and determination. But don't mistake volcanic passions for a lack of control. The Scorpio man likes to be in control of all aspects of his life, including his relationships. Chaos, disruption and mess are anathema to him.

If you're looking for someone intense and commanding, someone who, perhaps, will 'take you in hand', then look no further than the Scorpio man.

What does Sex Mean to the Scorpio Man?

Of all the signs of the zodiac, the Scorpio man is the one most immediately connected with sex. Sex is not optional for the Scorpio man. He needs sex the way most people need food, water and shelter. It is absolutely essential to him. If sex is something to which you have a take-it-or-leave-it approach, the Scorpio man will not be sticking around for long. He needs a partner who is almost always ready to make love. And he needs a partner for whom sex is a keen interest and central pleasure, someone who will very much *participate* in the proceedings. Not for the Scorpio man the woman who simply lies back and thinks of England!

Sex is a thing in itself for the Scorpio man. It is never confused with love, affection or anything else. Sex is sex, plain and simple. He is perfectly capable of having sex with someone for whom he has few feelings. Or no feelings at all. Or even somebody he actively dislikes.

If you're looking for a one-night-stand, the Scorpio man is up for it. However, he can be possessive and has a tendency toward jealousy, so things can become a little complex afterwards. Until he sets his sights on the next in line.

Scorpio men are perfectly capable of deep, loving, long-term monogamous relationships. But only if you can match him blow-for-blow for passion, and keep him supplied with a plentiful supply of fiery, varied and interesting sex!

What's in it for You?

If you love sex, need sex, can't go more than an hour without thinking about sex, then the Scorpio man is definitely for you. His sexual appetite is virtually

inexhaustible. The chances of him spurning your lusty advances with a feeble “I’m really not in the mood” is vanishingly remote. What’s more, if you can match his sexual energy and equal or exceed his enthusiasm for matters of the flesh, you’ll have a true partner for life. The partners of Scorpio men frequently find that it is sex that bonds them together, the knowledge that nobody else us up to the task when it comes to sex.

His enthusiasm for sex isn’t simply a matter of having as much sex as possible. He is a sexual adventurer, a sexual explorer; he is a connoisseur of sex. Quality matters as much as, if not more than quantity. He will collect sexual positions, quirks and kinks the way a nerd collects comic books. This means there is very little he isn’t willing to try. So, if you have a particular thing that pushes your buttons and lights your fire, the Scorpio man will turn his hand to it. Well, maybe not his *hand* exactly!

What Works for Him?

Perhaps a more appropriate question should be *What doesn’t work for him?!* The fact of the matter is that there’s very little you can do in the boudoir that won’t meet with his approval, short of just lying there in a state of semi-catatonic disinterest. He simply can’t bear to have sex with someone who ‘isn’t into it’.

However, given that this book is supposed to be a manual of sorts, it really wouldn’t be fair to have an entire chapter consisting of just one word: *Anything*. So, let’s reach into the fire of the Scorpio man’s sexual furnace and try to pick out a few blazing coals of advice.

There’s no need to seduce the Scorpio man. You won’t need to set the scene, create the right atmosphere or get him in the mood. He’s ready for sex any time, any place. Just say the word. However, if you want to *really, really* get him in the mood, wear something sexy but secretive. By which, I mean something that flatters your curves but doesn’t put everything on display. So rather than a short dress, go for something past the knee but figure hugging. Colours he responds to are white, blue and all shades of purple. Wear a perfume that is exotic but subtle, something with a little heat and spice to it.

As I said earlier, the Scorpio man may be explosive but he still likes to be in control. He’ll prefer to be on top or to take you vigorously from behind. If you prefer to go on top or find it difficult to achieve orgasm unless you’re on top, he isn’t averse to this, especially if you wrestle your way into that position! Once he

sees how being on-top seriously lights your fire, he'll be more than happy for this to become a regular thing, as your arousal acts as fuel to the fire of *his* arousal.

Although he is intense and unpredictable, this doesn't mean he approves of chaos. Despite his furious sex drive, he may well be turned off by the sight of a messy boudoir! I know it sounds silly but he can't tolerate mess and it might (just might) be enough to throw cold water on his sizzling ardour.

Masks and blindfolds really work for him. The Scorpio man loves mystery almost as much as he loves sex. So, anything that adds a touch of mystery will be welcomed. He also loves sexual roleplay, especially when he really doesn't know where things are going. Even if you've shared a bed for ten years, you can set light to a Scorpio man's ardour by simply pretending to be someone else with a mysterious agenda. He'll love trying to find out who 'you' are and what turns 'you' on. If you use this activity to reveal to him some sexual aspect of yourself of which he was previously unaware, this will greatly increase the impact. For example, if you've always enjoyed a little playful spanking but have been a little reticent to admit to it, this offers you the perfect opportunity to open up your closet and let a fresh breeze blow through it.

A word of warning regarding roleplay. Whilst it's fine for you to pretend to be someone else, it probably isn't a good idea to pretend *he's* someone else. The Scorpio man can be an extremely jealous character. So, if you have a secret yearning to subject George Clooney to the finest blow job he's experienced *in his entire life*, probably best to keep that to yourself. Not saying you can't indulge in that particular fantasy -- you go right ahead -- just don't tell!

Although the Scorpio man likes to be in charge, he doesn't like wimps. This applies in the bedroom, too. So, even though he will want what he wants and when he wants it, don't be too eager to bend to his will. If there's something you don't want to do or something you really, really *want* to do, stand your ground, put up a good fight. He'll respect you for it. What's more, he'll be turned-on too! Even sustained, fearless eye contact can stimulate the Scorpio man. He loves strong, confident women. That being said, he is unlikely to want to be completely dominated, so don't go all Madame Spanky on his ass. Unless, of course, he expressly asks you to!

Don't limit sex to the bedroom. The Scorpio man will love a naughty tumble in the back of a car, a public restroom, a phone booth... just about anywhere in fact. If you don't want to run the risk of being brought-up on charges, why not try different locations in the home, such as the dining room, kitchen or even on the stairs?

The Scorpio man's erogenous zone is his penis. Yes, I know what you're thinking: the Scorpio man and, like, *every other dude on Earth!* But for the Scorpio man the genitals are especially responsive. The slightest contact can result in a roaring erection. Consequently, when it comes to foreplay, oral sex is something of a must for the Scorpio man. The more skilled you are with your tongue and lips, the happier your Scorpio man is going to be.

As for positions, well, pretty much anything goes. He will prefer to be dominant but, as I stated earlier, this isn't by any means an insurmountable obstacle. In fact, it's very 'mountable', if you get my drift. If you really want to give him a sexual experience he'll never forget, why not try 'More, More, More-pio'.

Although this position may seem unusual and a little challenging, it's easy enough to achieve, transitioning as it does from a 'traditional' Reverse Cowgirl (i.e. girl on top with back to guy). During the Reverse Cowgirl, simply place your hands down, palms flat against the bed, taking your weight. Then, pull your legs up and cross them, so you're effectively sat on his lap, with his penis still very much inside you. Gradually, let your pelvis take your weight. This means your centre of gravity forms a straight line from the top of your head down through your vagina and onto his penis. This will result in exceptional penetration. With the penis representing the Scorpio man's erogenous zone, this deeper than usual journey into the inner mystery of your body will be pretty mind-blowing.

You'll find that from this position you can control the motion of your vaginal walls against the shaft of his penis. Even making small 'buttock clenching' motions will send ripples of sensation through his penis.

The fact that your back is to him, will add to the mystery and allow ample opportunity for 'let's pretend'!

The One Thing You Must Do

Add a little mystery.

The One Thing You Mustn't Do

Don't bore him.



More, More, More-pio!



SEX AND THE SAGITTARIUS MAN

An Overview

The Sagittarius man is one of life's adventurers, ever the explorer, ever the thrill-seeker. His mantras are "I'll try anything once!" and "What's the worst that can happen?" He is almost impossible to control, an unmanageable whirlwind of open-minded experimentation and discovery, both physical and spiritual. Paradoxically, the only thing that controls the Sagittarius man is Spontaneity.

If impulsiveness is his superpower then it kind of goes without saying that routine is his Kryptonite. The moment he feels his life is getting into a rut or that circumstances (or, indeed, people) are in any way restraining him, he'll run for the hills. And, with the Sagittarius man, that isn't just an turn of phrase; he will put on his walking boots and backpack and head off to Gangkhar Puensum, Bhutan.

What does Sex Mean to the Sagittarius Man?

Sex, like everything in the Sagittarius man's whirl of a world is all about adventure, exploration and experimentation. He doesn't see sex as a romantic exercise or as an expression of love. It is simply something to be experienced. Just as he is keen to see the sights and experience the scents and tastes of some exotic, far-off land, so he will be eager to explore your body, its mysteries and hidden places. There is nowhere he won't go and nothing he won't do. Of all the signs of the zodiac, the Sagittarian male is the most broad-minded and liberal, with a healthy dose of curiosity.

What's in it for You?

What's in it for you? Well, in a nutshell, whatever you want. Like I said a moment ago: there's nowhere he won't go and nothing he won't do. The Sagittarius man is an explorer and an adventurer at heart, so there's no part of your body he won't be eager to investigate with hands, lips and tongue. Physicality is important to him; the way your body looks, feels and even tastes will be source of interest and excitement to him.

But it isn't all about the physical. The Sagittarius man also likes to explore the inner worlds of the intellect and imagination. He's turned on by intelligence and creativity as much as (and in some cases more than) curves and flesh. This means you're looking at a partner who will not only indulge your fantasies but will add to and enrich them.

What Works for Him?

So long as he is exploring new territory and experiencing new things, the Sagittarius man will remain fully engaged. But don't worry, that doesn't mean he will soon tire of a partner. He is more than capable of forming monogamous relationships, so long as his life partner continues to stimulate him. This doesn't mean you have to invent a new sexual position every time he gets an erection! The Sagittarius man is very receptive to *subtle* change. A slight change in mood will create a radically different sexual experience for him. Even missionary position sex will excite him if it your behaviour alters a little. If, for example, you act a little more aggressively, digging your nails into his buttocks or biting his shoulder or pulling his hair, he will respond as if you've just unearthed a previously undiscovered chapter of the Kama Sutra. Equally, being a little more submissive or playful or intense will serve to create a new situation.

Similarly, a change of location will push his buttons. It doesn't have to be anything particularly exotic or outlandish (although, he certainly won't say no to a urgent sex in a tent at the foot of an unstable volcano), just somewhere different. Doggy-style over the kitchen table is location change enough to set his pulse pounding.

When it comes to the Sagittarius man, it definitely pays to do your homework. He responds positively to knowledge and experience. So, the more comprehensive your mental library of carnal know-how, the better. This is one of the reasons the Sagittarius man is likely to gravitate toward the older woman. The cougar holds a particular fascination for him. Uncertainty and a lack of confidence can be a bit of a turn-off for him, so make sure you enter the sexual arena fully prepared. Even if you don't really know what you're doing, act as if you do. He doesn't need to know you're winging it!

Seducing the Sagittarius man is easy. In fact, there really isn't any need for much in the way of seduction. He is very forthright and honest. If he wants sex, he'll let you know in no uncertain terms. He appreciates women who are similarly direct, so there's no need to hint, suggest or insinuate. Just tell him you want him. Job done. He is an incredibly spontaneous character and reacts badly to anything that is planned or scheduled. Don't give him the impression that things are leading toward sex, as sex then becomes a predictable outcome. Spring it on him when he's least expecting it. If he's at your place and you're watching a movie, don't make any gradual moves. Just turn off the TV when he appears most engrossed in the movie and start to undress. He'll be delighted. The more he *doesn't* see it coming, the better. Or you could leave the room for a moment, under some pretence (getting more popcorn), then return in just your underwear.

Although, as I suspect I've made abundantly clear, there is no such thing as a sexual position the Sagittarius man is unwilling to try, here's one that will guarantee him a memorable experience, leaving him eager to find out what else you might have in store for him. I call it 'Ys and Thighs'.

Start with oral sex. The Sagittarius man, enjoys oral sex. The clue is in the word 'man'. However, there's an added dimension for the Sagittarian. His erogenous zones are his thighs. So, he'll enjoy the sensation of your face pushing against his thighs as you make your way toward his penis. Kiss his thighs en route and you're certain to hear him moan with delight. But if you really want to drive him wild, move your breasts against his thighs. The sensation of an erect nipple gently probing at this highly sensitised area will have him melting into a pool of pure arousal.

This position starts out as straight forward missionary sex. At some point during proceedings, place your hands flat against his chest and push him up and away from you, so he is rearing up above you. Spread your legs into an expansive Y. You can ask him to hold your ankles (it's a lot harder maintaining this position without the physical help of your partner than you might think!). You can now reach under your raised thighs to get your hands on his erogenous zones. If you're feeling particularly bold, you can use just one hand to stimulate his thigh and use the other to stimulate yourself.

This position is perfect for the Sagittarius man. One: it focuses on his thighs. Two: it's a decidedly 'brazen' position, demonstrating confidence and experience. Three: it's unconventional.

If you really want to go for broke, however (and this may be something you hold back for a later sexual encounter), consider using toys. Not all men like the introduction of sex toys into their lovemaking. They can be threatened by them, interpreting their use as a slight to their sexual prowess. The vibrator or dildo can be seen as a competitor or, in the worst case scenario as something that makes their own genitals seem redundant. Not so with the Sagittarius man. He's fine with sex toys.

Ys and Thighs is a whole new ball game with the addition of a robust and powerful vibrator! The very fact that you own a vibrator will send a very strong message to your Sagittarian man. It will say, *I am a woman who knows her own body. I am a woman who demands satisfaction. I am a woman who is unashamed of her desires.* This is the behaviour of a mature woman, not a giggling girl. Even if you are young in years, you'll be transmitting strong signals of unadulterated womanhood.

You can run the vibrator over those all-too-sensitive thighs of his, then, as he thrusts into you, place the vibrator against your mons and clitoris. The oscillations will transfer to his penis with incredible results. A word of warning: don't do this until you're ready to come as it may well bring everything to a juddering halt!

The One Thing You Must Do

Be spontaneous

The One Thing You Mustn't Do

Send him an appointment invitation via Microsoft Outlook.



Ys and Thighs



SEX AND THE CAPRICORN MAN

An Overview

‘C’ is for Capricorn. And Career. And Conservative.

The Capricorn man is incredibly ambitious, focusing most (and, in some cases, *all*) of his energy into attaining his professional goals. Status matters a great deal to him. He wants, perhaps even *needs*, to be Top of the Heap, King of the Hill, ‘A’ Number One. This can make him unavailable and distant. On the plus side, if you’re looking for a high achiever, this is your man.

Furthermore, the Capricorn man, although career-oriented, generally wants to be successful at everything, and this may well include his personal and romantic relationships. So, although, you may (for a while, at least) play second fiddle to his professional ambitions) he will, at some point, turn his zeal for success to all aspects of his life.

What does Sex Mean to the Capricorn Man?

The Capricorn man is, quite possibly, the most sexually complex of all the males of the zodiac, because, in many ways, the Capricorn man himself is an extremely complex character, a character that develops over time. But we’ll get to all that a little later.

So, what *does* sex mean to the Capricorn man?

Sex is not something the Capricorn man will tend to pursue for its own sake. He is very unlikely to be one-night-stand material. He will need to be in a stable relationship before he will be able to commit to you physically. What’s more, that relationship will need to be built on a robust foundation of mutual respect.

The Capricorn man is very attracted to hardworking, successful women. Your drive to succeed will be a big turn-on for him. What’s more, the Capricorn man is very status-oriented, so he will be especially drawn to a woman who other men desire.

Sex for him is part of a complex tangle of drives, needs and perceptions. He wants to succeed, to be admired. He wants a long-term relationship. He needs to respect you and to be proud of you. And sex is just one ingredient in this ambitious recipe. I say ‘recipe’, but that’s assuming everything is in balance and works out. Sometimes, it can be less of a recipe and more of an unmanageable soupy mess.

What's in it for You?

Once you're in a physical relationship with a Capricorn man, you can look forward to extremely capable sex. Now, I'll be honest here, the word 'capable' is not known for its raw erotic charge. It's not the kind of word you'd expect to leap from the pages of the *Karma Sutra*. I don't think any woman ever looked at a man and, legs weakening a little, thought, *Wow, but does he look capable*. The word 'capable' suggests competence, a kind of fit-for-purpose approach to sex. And this isn't too far from the truth when it comes to the Capricorn man. However, what it does mean is that sex, like all things, is something that he works at. And works at. And works at. Until he gets it right. The Capricorn man just doesn't do selfish sex. Selfish sex, sex which doesn't leave his partner fully satisfied, is a failure, plain and simple. And if there's one thing the Capricorn man absolutely cannot countenance, it's failure.

What's more, he has excellent endurance. This, combined with his near-supernatural determination, means he'll be back for round, two, three, four and so on until he gets it right!

What Works for Him?

Along with 'career' and 'conservative', there's another 'c' word that encapsulates the Capricorn man's approach to sex. No, not *that* one. The word I'm alluding to is 'class'. He is turned-on by intelligent, sophisticated, culturally aware women. So, sex with him is going to have to be a sophisticated experience.

There will need to be wining, dining, art and intelligent, witty conversation. All of these things will move him incrementally toward the bedroom. Talk of work, normally a no-no on any date, is mandatory when it comes to the Capricorn man. And by 'talk of work', I don't mean the quotidian stuff. He doesn't want to hear about the problems you're having with the IT Department or the fact that someone stole your falafel from the refrigerator. He wants to hear about your plans and ambitions. He wants to feel the drive coming off you in palpable waves. This is the biggest aphrodisiac known to Capricorn Man. He responds heartily to power, even if that power is nascent and yet to be fully realised. The Capricorn man is the only man of the zodiac who can get an erection watching a PowerPoint presentation!

Speaking of power, the Capricorn man likes to feel in charge. But, at the same time, simpering submissiveness won't work for him at all. He wants a very active, dynamic partner but one that recognises a very subtle hierarchy that places him ever-so-slightly at the top of the pecking order.

Returning to the subject of ‘class’, it’s vital the right atmosphere be created. Fresh silk sheets, expensive lingerie, subtly scented candles, even rose petals strewn on the bed and around the room, anything that strongly indicates that what he’s about to experience is anything but a roll in the hay. Perhaps you can arrange for a long weekend at a luxury spa hotel, telling him it’s a reward for all his hard work. He’ll appreciate that and, what’s more, it puts the whole sexual experience into a kind of work context. He’ll feel he not only *wants* to have sex with you but that he *deserves* to have sex with you!

When it comes to sex with the Capricorn man, you should always begin with kissing. Lots of kissing. Then touching and stroking. It’s important to move things up notch by notch, rather than simply dragging him into the boudoir.

If you start to get impatient with him, go for his erogenous zone. The Capricorn man has a very unusual erogenous zone: the back of the knee. How specific is *that*? Not the knee. Not the general area of and around the knee. But the *back* of the knee. You should approach this soft and sensitive area carefully. Don’t just sink your fingernails into him! Start by placing your hand on his knee. Then keeping your thumb pressed against his kneecap, curl your first and index fingers around the back. Make gentle circular motions. These can become more firm and insistent as things hot-up.

In terms of sexual positions, it is best to keep things strictly vanilla to begin with. Missionary will work just fine. It’s a ‘classy’ position in which he’s on-top, plus you can add a little Capricorn touch by stimulating the backs of his knees with your heels.

As I mentioned earlier, the Capricorn man does tend to change over time, and sometimes that change can be quite dramatic. Nowhere is this more the case than in matters of the flesh. The younger Capricorn man is likely to be very career-focused, image-conscious and keen to observe social niceties in his determination to advance his professional and commercial interests. However, the older Capricorn man, the Capricorn man who has, perhaps, achieved many of his material and status-related ambitions, may be a little, well, *hornier*. Capricorn is an Earth sign, after all.

If you find yourself in the presence of a horny goat (and this may not necessarily be an *old* goat if he has achieved his goals early in his life through some whizz-kid technology venture), then you may be in for a different experience altogether.

He may like to take the ‘in charge’ aspect a little further and may be keen to try something more male-dominant such as doggie-style. He may even like things a touch on the rough side, so make sure you lay down a few ground rules if things start to shift in that direction.

Sexual roleplay might even be on the cards for the horny goat incarnation of the Capricorn man, especially something with a workplace theme, where you pretend to be the ‘wild and insatiable’ secretary to his ‘imperious and arrogant’ boss. Things could even get a little *Fifty Shades of Grey*. Again, ground rules are important.

So, for the earthier Capricorn man, why not try a little position I like to call The Horn-Knee Goat. It satisfies his rear-entry cravings and gives you access to that sensitive soft spot at the back of his knee.

During traditional missionary sex (with added heel-to-knee action!) wait until he starts to get a little tired but is still eager to succeed in satisfying you. Suggest you go on top for a while because “he’s putting in all the work” and you “want to share the load.” From a traditional girl-on-top position, slowly lean back so that you come to rest on your elbows. From here, you’ll be able to stimulate the back of his knees, that weird little erogenous zone of his. Plus this position pushes the top of the shaft of his penis against the top of your vagina, close to the clitoris, which means additional stimulation for you.

Win-win.

The One Thing You Must do

If he’s young, keep it classy; a little older, let him be the boss.

The One Thing You Mustn’t Do

Don’t be crude.



The Horn-Knee Goat



SEX AND THE AQUARIUS MAN

An Overview

The Aquarius man is one of the quirkiest signs of the zodiac. His natural tendency is toward nonconformity, and he values his freedom above all else. This doesn't necessarily mean *physical* freedom -- Aquarius men are perfectly capable of marriage, monogamy and of forming meaningful long-term relationships -- but can mean *mental* freedom. They don't like systems and rules. Instead they are attracted to radical ideas and new ways of thinking. Moreover, they are likely to create their own unique ways of doing things. They love exploring new experiences and sensations, and acquiring new knowledge, but whereas the Sagittarius man's pursuit of the new is driven by a sense of adventure, the Aquarius man is driven by intellectual curiosity.

What does Sex Mean to the Aquarius Man?

Perhaps, I should start by telling you what sex *doesn't* mean to the Aquarius man, and that is 'love'. Sex and love are very separate things to the Aquarius man. He is perfectly capable of love and he is as interested in sex as any man but there is no danger of him confusing and conflating the two. This can be difficult for women who view sex as a kind of milestone in a loving relationship, a physical manifestation of love.

For the Aquarius man, this simply isn't the case. He can love someone and not have sex with them and he can have sex with someone he doesn't love. Suggesting to an Aquarius man that love and sex are in anyway synonymous will be greeted with as much bafflement as suggesting a chimpanzee is a great substitute for a bicycle. For the Aquarius man, sex is an enjoyable activity that stimulates his body, intellect and imagination, but not his emotions.

What's in it for You?

Firstly, if you're after a no-strings-attached one-night-stand that doesn't leave you with feelings of self-recrimination, the Aquarius man is the perfect companion. He won't lead you on or callously use you, he'll simply view the whole thing as a frivolous bit of fun, treating you with honesty and respect, and seeing you as a co-conspirator in a mischievous exercise in healthy lust.

If however, you're looking to the long-term, the Aquarius man offers a sex life that is fresh, interesting, multilayered and free from confusion, hang-ups, mind games and manipulations. Sex with Aquarius man is a wonderfully free and easy experience.

Curious, open-minded, imaginative and unconventional, the Aquarius man will try anything. He will approach the whole business of stimulating you as a delightful experiment in sensory overload, trying out new ways to bring you to shuddering orgasm. This is not driven by a jaded abandonment of what no longer 'works' for him but is instead a response to the almost childlike constant that is the mantra of the Aquarius man: *I wonder what will happen if I do this?*

So, you can expect to be *thoroughly* explored, every inch of you kissed, licked, nibbled and probed. If there's a particular thing that pushes your buttons, just tell him straight and he'll give it a whirl. Even better, tell him something you've always wanted to try but never had a partner you felt confident in asking and he'll jump at the opportunity.

What Works for Him?

With the Aquarius man, sexual arousal begins in the mind. He'll be turned on as much by the ideas you express as he will be by the look and feel of your naked body. In fact, of all the signs of the zodiac, he is the least interested in looks. He wants to explore what's beneath the surface as much as (and quite possibly more than) the surface itself. That being said, he is still intensely physical, it's just that his physicality is fuelled by a feverish cerebral energy.

Getting him in the mood is easy. Just start talking about sex. You can be blunt and open; he is almost impossible to shock or offend. Asking him what his top five sexual positions are will not elicit stutters and blushes. He will take the question seriously, giving careful consideration to his answers. And then he'll ask you what you're favourite sexual positions are. It won't be long before things begin to really heat up.

If you're not confident initiating such a conversation, why not leave a copy of the *Kama Sutra* casually lying around in full view. He's the kind of guy who homes-in on books, curious to see what you're reading. He'll start flipping through it and, within minutes, you'll be deluged with questions.

In fact, any woman wanting to catch and keep an Aquarius man simply *must* have a copy of the *Kama Sutra*. Moreover, they should be intimately familiar with its contents. Vatsyayana's *Kama Sutra*, like the Aquarius man himself, approaches sex as an intellectual and philosophical activity. It is not simply an instruction manual; it is a treatise on sex and sensuality. Your familiarity with this ancient text will announce to him that you are smart, interesting, open and fun.

Talk of sex will inevitably lead to sex, but whereas with other star signs, the sex talk stops when the physical sex begins, the Aquarius man likes to continue this erotic discourse in parallel with the bodily act itself.

Unlike the eager and impatient Aries man, for example, the Aquarius man likes to take his time. Not for him the bathroom quickie. He greatly enjoys foreplay, both in the receiving and in the giving. Cunnilingus holds a particular appeal for him. The fact that he is exploring somewhere dark, mysterious and exotic will arouse him almost as much as it arouses you! He will feel as if he is being given access to the 'secret you', the 'inner you' and he will see this as a genuine privilege.

He will always prefer sex with the lights on, so he can see as well as feel you. Remember this is as much about intellectual curiosity as lust. How can he be expected to learn from this amazing experience if he can't see what's happening?! Similarly, he may express an urge to film the unfolding events. Certainly, if you suggest such a thing, he won't be shocked. Or if he is, it will be in a good way. He likes to be shocked, revels in the unexpected and the previously unexperienced.

He will also like to talk during sex, and he'll like it if you talk, too. However, this doesn't have to be dirty talk (although it may well be). Tell him what you're feeling, what's working for you and what you want him to do next. Ask him if whatever you're doing to him feels good and enquire as to what it is he'd like you to do next. Talk about previous sexual experiences. The Aquarius man is almost entirely immune to jealousy and sexual insecurity. Tales of your previous escapades will intrigue him and turn him on. Any form of education is sexy to the Aquarius man.

In relation to this last point, it's worth mentioning the always-sensitive subject of age. Because the Aquarius man values knowledge, learning and experience, he will make the perfect partner (sexual or otherwise) for the more mature woman. He is also less enamoured of physical appearances than most men and will not tend to notice that things aren't necessarily as firm as they once were and the inevitable Southward drift is beginning to make its inevitable presence felt. Wrinkles and grey hairs are similarly irrelevant. In fact, he may even find these things highly erotic. A sagging breast, less than flat stomachs and other signs of the passing of the years are indicators of experience and, as such, are inherently fascinating. That being said, he's more than happy to 'learn together' with some fresh-faced virgin, but, if we're being completely honest, the experienced woman definitely holds the upper hand. Whereas society looks down upon the woman who is sexually intrepid, coining words such as 'slut' to attempt to contain these daring and instinctive individuals, the Aquarius man will demonstrate no such

prejudice. A woman who lets her bodily and imaginative urges take her where they will, a woman with a full and varied sexual history will be treated like a rare and exciting volume (or even library!) of captivating eroticism.

As for positions? Well, rather like the Sagittarius man, pretty much anything goes. He'll be quite content to lie with you, flicking through the *Kama Sutra* or any contemporary sex instruction manual and 'shop' for positions as if he were browsing through a home shopping catalogue! However, if you're looking to wow him with something that's sure to push all the right buttons, why not try something I like to call 'The Achilles Feel'.

This position is best achieved from a 'girl on top' starting point, with your Aquarius man lying down. Stretch your arms out behind you, placing them either side of his knees and gradually arch backwards. You should slow things down for this manoeuvre as if it is performed too quickly it can give him quite a shock. Use your pelvic muscles to grip his penis. This will stimulate him but also ensure he doesn't pop out! Now, grip his ankles and move his legs apart, then arch back further until you are settled between his legs.

The ankles are the Aquarius man's erogenous zone, so this will be a double whammy for him, as you grip them tightly, gently rubbing your fingertips up and down his Achilles tendons. Keep in mind that this is not a position suited to vigorous thrusting, given the angle of penetration. So, you will be relying on the action of your vaginal muscles to do the lion's share of the work. This slow, subtle and unusual experience will delight the Aquarius man and will also put you fully in control of the whole show! Remember, for him the journey is as important as the destination (sometimes more so) and he'll be more than happy to take his time getting there. What's more, if he place a pillow under his head, he'll be able to look down and see your vagina as you work your magic. Something that will very much appeal to the 'lights-on' Aquarius man. Given the complexity of this position, it may be necessary to explain what you're doing as you do it or even discuss it beforehand. Whereas this might be something of a passion-killer for many men of the zodiac, for the Aquarius man this is an educational bonus.

The One Thing You Must Do

Teach him a thing or two!

The One Thing You Mustn't Do

Be conservative.



The Achilles Feel



SEX AND THE PISCES MAN

An Overview

The Pisces man is the zodiac's great dreamer, spending as much time, if not more, in his head than he does in the real world. Romance is at the very heart of his being. Even a quick trip to the deli to pick up some cold cuts can become a Quixotic quest in the mind of the Pisces man!

This dominant romantic aspect manifests as extremely chivalrous behaviour. The Pisces man can seem quite old-fashioned to the modern woman and such behaviour may even appear to be irony-laced play-acting. Trust me, it's for real.

He is an emotional creature, both craving affection and lavishing it upon the lucky woman who has taken up residence in his heart.

His dreamy nature can distil itself into striking works of creativity: painting, sculpture, poetry, music. He is almost always an unconventional character but not in the 'railing against the system' mould of, say, the Sagittarius man. His lack of orthodoxy springs naturally from his prodigious imagination and tendency to drift off into realms of unreality. He doesn't reject the quotidian; it simply doesn't occur to him to embrace it. To the Pisces man, the commonplace is as strange as a Salvador Dali painting.

What does Sex Mean to the Pisces Man?

For the Pisces man, sex is a single face of a multifaceted object which also includes love, romance and creativity. In the mind and heart of the Pisces man, this wonderful object cannot be subdivided into its constituent parts. Each facet is inextricably linked to the others, forming an unbreakable whole.

Consequently, sex will be very much the culmination of a period of good, old-fashioned wooing. Although he can have sex with someone he doesn't love (he is a man, after all!), it is not something into which he will enter comfortably and the resulting physical experience will lack the magic and fireworks that true love will bring to the proceedings.

What's in it for You?

If you like your sex thoughtful, selfless and romantic, then you're in for a treat. The Pisces man wants to please you. But don't mistake this for weak, puppy-

like behaviour. He isn't desperate to receive your approval. Rather, he is deeply empathetic. In other words he wants to make you feel good because it makes *him* feel good. And when I say 'feel good', I mean both physically and emotionally.

This empathetic quality also extends to knowing when you're 'in the mood' and when you're not. The Pisces just seems to know. This may not be the case the first time, when his natural shyness may get in the way, but once your relationship is anchored he'll give you space when you need it and snuggle-up as if he's just read your mind.

The Pisces man is extremely imaginative and this extends to the bedroom, so you can expect to experience a good deal of variety, particularly as he strives to discover precisely what pushes your buttons.

Sex with the Pisces man is almost always fun, too. For although he loves truly and deeply, this doesn't make him an overly serious individual. Many women will consider him the perfect man: generous, loyal, emotionally available and with a keen sense of sexy fun!

What Works for Him?

With his constantly buzzing imagination, the list of what 'works' for the Pisces man is practically endless. However, there are some core requirements. He'll need to be emotionally invested in you in some way. This doesn't necessarily mean he has to be *in* love before he'll *make* love, just that he will have to feel he knows you and have reasonably strong feelings for you. As I've said earlier, he's perfectly capable of a one-night stand, it's just that he has to feel there's a little more to it than that.

The Pisces man is not into a quick slam-bang over the dining room table, thank you very much. He likes to take his time. So, you'll have to set aside a whole evening for him. Better yet, give him a whole day. Sex should be the culmination of talking, laughing, touching, eating, sharing and opening up.

Try going for a long walk, especially somewhere aesthetically pleasing, like a beautiful woodland trail or, if you live somewhere cursed with inclement weather, a series of art galleries and museums. Share your hopes and dreams, let him see something of the inner you. Have fun. Just make sure you spend a lot of time on your feet. When you get back to your place, express concern that his feet must be killing him and tell him about the great foot treatment you've recently (coincidentally!) invested in. Then subject his feet to a sensational massage, using exquisitely scented essential oils. This will work on three levels. One: you'll show

him that you care. Two: the scented oils will appeal to his sense of aesthetics. Three: it just so happens that the Pisces man's erogenous zone is the foot! Win-win-win. If this doesn't lead to the bedroom, then maybe you've got his birth date wrong!

Alternatively, you could try appealing to his sense of playfulness. Following a light but luxuriant meal and a couple of glasses of good wine, invite him to play a game of chance, say poker. Make sure you lose the first hand, then witness his jaw drop and his eyes bulge as, without missing a beat, you casually begin to unbutton your blouse! It doesn't have to be poker, however. In fact, it doesn't even need to be a card game. The effect will be pretty much the same if you play Strip Scrabble, Strip Trivial Pursuit or Strip Jenga!

The Pisces man has excellent natural rhythm, and dancing always offers an attractive route into his pants. Because he is naturally helpful, responding positively to a damsel in distress, asking him for dancing lessons is a great way of getting his guard down and getting up-close and personal at the same time!

Because the Pisces man spends a lot of his time inhabiting imaginative mindscapes, sexual roleplay is always an option. However, this is more likely to be something introduced some way into the relationship to spice things up a little. The Pisces man doesn't tend to go for the more rough and tumble aspects of 'let's pretend', so no leather, whips and chains. That being said, the jury is still out on that one. *Some* Pisces men gravitate toward a little S&M, more often than not with themselves as the simpering dominated party. However, this is something of a fringe activity and you should tread carefully, gently testing the waters before leaving a red welt on the poor man's ass!

When it comes to roleplay, I'd recommend you lean toward the more sexily mischievous flavours. Think Lords and Ladies or French Maids, rather than Master and Servant. On the whole, vulgarity and violence are something of a turn-off for him.

When it comes to sexual positions, the Pisces man is easy going. He likes to take his time and enjoys copious amounts of foreplay. Simple missionary position works fine for him because it is an honest and romantic way to make love. Because he is turned on by you being turned on and takes pleasure from your pleasure, you can just opt for what works for you, safe in the knowledge that it'll work for him too. However, if you're looking to make an impression, giving him something to think about when he disappears into that inner landscape of his, why not try The Mermaid.

You'll have to be reasonably supple for this one! The Mermaid begins in the missionary position. When your Pisces man rises up on his arms, pull your legs in and cross them at the ankle in front of his abdomen, creating a kind of mermaid's tail. This position allows for deep penetration, which is good for you and, therefore, by extension, good for your Pisces man. Moreover, this is an aesthetically pleasing sexual position, lending your body a beautifully sculpted form, turning you into a rather elegantly designed symbol, a character, if you will, in an erotically charged alphabet!

The One Thing You Must Do

Be playful and imaginative.

The One Thing You Mustn't Do

Be rough and vulgar.



The Mermaid



AFTERWORD

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to hear what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to www.the-astrology-of-love.com/feedback and leave your thoughts and opinions.

Best of luck in life, love and lust!

Stephen Winters

