



The Astrology of LOVE

VIRGO MAN
CHAPTER

**MEN + SEX +
ASTROLOGY**

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Men, Sex and Astrology

Virgo Man

Commuter Edition

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INTRODUCTION

Sex.

It's a fundamental human requirement, right up there with food, water and a decent wi-fi signal. Like food and drink, it straddles the territories of *need* and *want*, laying equal claim to both. As with food and drink, it isn't enough to simply *have* sex it needs to satisfy certain criteria. This criteria will vary from person to person. There are doubtless things that turn you on that would have little or no effect on someone else. What drives you wild may leave another woman cold or send her screaming from the room.

And so it is with the various and varied men of the zodiac. What might set the heart of a Capricorn man racing may well give the Gemini man entirely the wrong kind of goosebumps. The purpose of this book is to help you induce the *right kind* of quivers and shivers in your man, from Aries to Pisces, and to ensure you receive a plentiful supply of quivers and shivers yourself.

I'll warn you right now that this is a forthright and unflinching book. It certainly isn't for the prudish. Let's face it, there's no point talking about sex unless we're going to be frank. In the interest of clarity, I'll will be calling a clitoris a clitoris, a penis a penis and so on. There will be no references to 'love buds' and 'passion rods'. I suspect you'll be relieved by this disclosure. But if you prefer talk of 'flowers' and such, it's probably not too late to request a refund.

Each chapter will be broken down into three sections:

Overview

What Does Sex Mean to the Aries Man [for example]?

What's in it for You?

What Works for Him?

Then each chapter is topped off with advice on *The One Thing You Must Do* and *The One Thing You Mustn't Do*.

Overview

This is the only point in each chapter where I *won't* be talking about sex. And that's a promise! Here I'll be looking at the whole person, his personality, what

he likes and dislikes, what drives him, what ignites his interest, what's great about him and what's downright infuriating.

Although I imagine most men will be perfectly happy to be seen exclusively as a sex object, women, on the whole, are big fans of context. And rightly so. Nothing exists in a vacuum, and any attempt to explore the sexual life of a man will be half-baked at best if we don't first attempt to shine a light on his non-sexual life. But don't worry; given that most men think about sex almost all of the time, anyway, this segment of each chapter is going to be pretty short. What the heck, feel free to skip it entirely!

What Does Sex Mean to the [insert star sign here] Man

Here, I'll be exploring the various zodiac males' attitudes to sex. Is sex just a recreational activity for him, is it all about conquest, a bit of fun or is it inextricably bound-up with love and romance? Once you're privy to this information, you'll be able to see if his attitudes are aligned with your own or whether you're faced with something of a challenge. You might even find something here which you can exploit in some way to your own sensual ends, such as the Cancer man's eagerness to please!

What's in it for You?

As editor of *The Astrology of Love* website, I receive any number of emails on the topic of men, sex and star signs, but by far the most common is this one: *is he any good in bed?* It's a tricky one to answer because it's such a vague question. So here I'll be trying to cover all the bases in relation to this sweeping enquiry. I'll be looking at his endurance, his technique, how thoughtful he is and, ultimately, whether or not he's going to deliver you breathless and satisfied to your desired destination. Sorry, I said I was going to be frank. This section tells you if your man is capable of getting you to orgasm. And, if not, what you can do to 'fix' him.

What's in it for him?

This section of each chapter relates to the second most common question I receive as editor of *The Astrology of Love* website. Namely, *how do I turn him on?* Could be you're thinking, As long as the *What's in it for me?* bit meets my requirements I couldn't care less! If you're feeling a little more generous, however, here you'll find information concerning what is likely to initiate his ardour, such as what clothing and perfume to wear. More to the point, in this section I'll tell you about

your man's erogenous zones, the kinds of things you can do or say to really get his blood pumping, whether he has any unusual kinks and what sexual positions are guaranteed to drive him wild. With pictures!

The One Thing You Must Do and the One Thing You Mustn't Do

This consists of just two brief sentences. The one thing you categorically must do and the one thing you categorically must not!



A WORD OF CAUTION

Astrology can be an extremely useful and powerful means of forming a picture of your intended paramour. Is he a fiery Scorpio, a kinky Gemini or a vigorous Aries? However, it's important to bear in mind that there can be a lot more to a man than the constellation under which he happened to be born.

Few people pass through life without being subjected to the potent and unpredictable forces of chaos. Put simply: things happen to people. Most of these things are of little or no significance but sometimes people are exposed to events and forces that are truly and powerfully transformative. And this is when you find yourself confronted with the shy and retiring Leo, the reckless Capricorn, the uncaring Cancer, the cold and unemotional Pisces.

This is a rather long-winded way of advising you to tread a little carefully and don't simply assume that because a guy was born on November 5th, he's going to respond to your advances like a wild animal. Do a little research first. Get to know the guy. Take his sensual temperature, as it were. To quote the great American poet, Robert Frost, "Don't ever take a fence down until you know why it was put up."

A SECOND WORD OF CAUTION

Although this guide teaches you the tricks, techniques and trade secrets of 'wowing' your man in bed, I wouldn't want you to think that I'm suggesting you kneel at the altar of your man's sexual needs, making your body and your *self* subservient to the requirements of his libido.

This guide is really about *you*. About *your* sensuality. This guide wants you to feel sexy and confident. This guide wants to put *you* in control of *your* sex life.

So, with that in mind, I want to make a few suggestions.

(Now, if you're a woman who already knows her own mind, her own body and is fully conversant with the strange and exhilarating hot zone where the two meet, feel free to skip this bit.)

1. Before going to bed with a man, ask yourself, are you *absolutely* certain this is what *you* want to do? If you feel in anyway pressured or uneasy about taking things to the next level, then don't rush things. Wait until you're ready. Any guy worth a dime is going to respect your feelings. If he makes for the door, then good riddance to bad rubbish. He isn't the kind of guy you need in your life.

2. Despite the fact that sex is an inordinate amount of fun, it can have serious consequences. Please remember to take all necessary precautions against unwanted pregnancy and sexually transmitted disease. Sorry to sound like a cross between your mom, a high school teacher and a worldly nun, but it needs to be said.

3. Don't put yourself under too much pressure. Sex should be a pleasurable experience. You shouldn't feel as if you're taking a test. Relax. Enjoy yourself. And, remember, practice makes perfect. If at first you don't succeed, try, try again.

4. Talk to your friends and family. Sex is a near-universal activity. Pretty much everyone does it. If you have doubts, anxieties and insecurities, it really does help to share. You'll be surprised just how many vivacious 'women of the world' have disastrous and embarrassing sexual experiences in their past. These incidents will almost always be filed under 'I Can Laugh About It Now...' Once you realise that sex is largely a matter of trial and error, and that few people engage in it without a certain amount of nervousness, you'll feel a lot more relaxed.

5. Each chapter contains a section entitled 'What's in it for You?'. This is a question that should be foremost in your mind when it comes to matters of the flesh. You're not a sex aid. You're a human being with complex sexual desires of your own. Make sure *you're* satisfied.

Good luck.

And enjoy.



SEX AND THE VIRGO MAN

An Overview

Gentle, generous and attentive, the Virgo man is the very definition of a keeper. They are perfectionists who will work at something tirelessly in order to get it right. Often, the thing they are working on is themselves. Self-improvement is very much the goal of the Virgo man. They are great listeners and not only take criticism well, they actively invite criticism, almost relishing the opportunity to discuss their faults and seek to eradicate them. This isn't a one-way street, however, as the Virgo man can be just as keen to improve others. And by 'others', I mean you. Great if you're riddled with insecurities or naturally self-deprecating. A royal pain in the *derriere* if you think you're fine just the way you are, thank you very much!

What does Sex Mean to the Virgo Man?

For the Virgo man, sex is a commitment, the physical manifestation of emotional and spiritual intimacy, and intimacy is something he does not enter into lightly. It takes a long time for a Virgo man to feel comfortable enough with someone to even consider leaning in for a kiss, never mind exchanging bodily fluids!

Not for the Virgo man, the quickie on the back seat of a car or an illicit motel room liaison. Sex is the culmination of weeks of emotional sharing, the result of a gradual acclimatisation. Only when he feels he truly knows you and you truly know him, will he indulge in any form of intimacy.

That isn't to say that he won't succumb beforehand -- he's a man after all! -- he just won't be fully committed to the experience and you may well sense that he is not entirely comfortable, that he's holding something of himself back.

This is great if, like the Virgo man, you're in no rush to get to the bedroom. If you want to give yourself to someone only after a lengthy courtship, then this is almost certainly the guy for you. Similarly, if you see sex as 'no biggie', experiencing lust in occasional flurries, then the Virgo man is perfect, as he doesn't view sex as the be-all and end-all. In fact, of all the men of the zodiac, he is the one who can most easily abstain from the pleasures of the flesh.

If however, you have a voracious sexual appetite, requiring regular, vigorous and lengthy attention, then you may find the Virgo man more than a little frustrating. If you are such a woman and you're still determined to make a particular Virgo man yours, you will need to view him as something of a project. And who hasn't

harboured the fantasy of corrupting some fresh faced innocent! The process itself, lengthy and challenging, could be very erotically charged. If you want a sense of just how erotic a lengthy courtship with limited physical activity, I recommend you read the excellent *Waiting* by Ha Jin, where fingers brushing across the back of the hand become an almost orgasmic focal point.

What's in it for You?

In a word, commitment. If you're looking for a life partner, then look no further. The Virgo man is not one to dip his wick and move onto the next conquest. Achieving intimacy with you will be a long and arduous process for him; it won't be something he'll be particularly eager to re-experience with a new partner.

This commitment extends beyond simply monogamy, however. The Virgo man is committed in everything he does. He is a perfectionist. He doesn't want to be simply 'okay' at an activity, he wants to be the best he can possibly be. And this includes sex. He will attend to every little detail in his efforts to push every single one of your buttons. Just as everything has to be 'just so' for him, he will be keen to make sure everything is 'just so' for you.

In other words -- with a few exceptions (see 'What Works for Him?') -- he will want to create the perfect sexual experience for you. The time, the place, positions employed, even the music and variety of scented candle will be meticulously researched and executed.

What's more, if something isn't really working for you, just tell him (in a kindly fashion, of course) and he'll try something else, or even ask for a detailed set of instructions as to what *does* work for you.

The context of this instruction and criticism is very important, however. Despite all appearances to the contrary, the Virgo man is something of a control freak, he likes to be, at least tacitly, in charge. So make sure your critiques are put forward in response to *his* need for self-improvement and not simply because you demand it. All criticisms of the Virgo man should begin with a compliment.

Don't say: "What on earth are you doing? You're at least a mile south of my clitoris!"

Do say: "That feels incredible. A little further north and I'll probably pass out!"

What Works for Him?

We're going to have to assume that you've put in the leg work and succeeded in

making your Virgo man feel sufficiently comfortable with you that things have become intimate. If not, you could always try getting him drunk!

Now that you are alone with your Virgo man, probably at *his* place because this is where he'll feel most at ease, you'll need to begin the slow, pleasurable ascent to sex. This will involve copious amounts of kissing.

But before we go there, a word or two about your physical appearance and, erm, personal hygiene, if I might be so bold. Please, don't take offence. The Virgo man is *very* particular when it comes to cleanliness, putting it not only next to Godliness but at least a notch or two above it! For the Virgo man to achieve intimacy with you, you will have to be fresh, gleaming and fragrant. So, don't pop round to his place after a colossal workout because your adrenalin levels are up and you're feeling overpoweringly aroused. The first whiff of sweat and workout funk is going to leave him cold.

So, back to the kissing. Most men don't spend nearly enough time on the kissing, seeing it as a brief precursor to bra-strap fumbling and boob-grabbing. The Virgo man on the other hand, could kiss you forever. Which is wonderful. Except, he *really could* keep kissing you forever. Moving from one base to the next is not something that comes naturally to him, so you're going to have to guide things in the right direction.

The easiest way to take things up a level is to go for his erogenous zone. This isn't as easy as it seems, unfortunately, because the Virgo man's erogenous zone just so happens to be one of the most ticklish areas of the human body: the abdomen. The Virgo man really doesn't make sex easy, does he?

Don't worry, there's a knack to it. Don't use your fingertips, use the flat of your palm and the heel of the hand. Fingertips = tickling. Palm = erotic. So once you think the kissing has gone on for quite long enough, place your hands on his hips, then, fingers arching back, run your hands up and flat against his sides. Then, move one hand to his lower back and the other front and centre to his stomach. Press gently, making slow circular motions. This will trigger a physically tangible response, evidence of which can be found if you allow that self-same hand to explore below the beltline.

Sexual positions can be a little bit of a minefield with the Virgo man. Generally, rear-entry positions are a bit of a no-no. I wouldn't rule them out entirely, if it really works for you, because he will be keen to 'do the job right'; however, he may find it a little animalistic.

Again, girl-on-top positions are fine, so long as you don't appear to dominate him. Just make plenty of noise to let him know he's doing it right. Whilst we're on the subject of making noise, it probably goes without saying that any kind of dirty talk is likely to make him feel a little uncomfortable. You should definitely let him know you're thoroughly enjoying the proceedings as this will encourage him to try even harder. As a rule of thumb, think 'erotic' not 'pornographic'.

Missionary is just fine for the Virgo man but if you feel like trying something a bit different (or your personal desires and preferences *demand* something a bit different), why not try Knee Deep in Kisses. Your Virgo man kneels on the bed (and almost all sexual activity with a Virgo man will take place in or on a bed!) and you straddle him, sliding down onto his penis. Rest the tops of your feet on his thighs, so that your centre of gravity is in the area of your pelvis. If you put your feet down on the bed, you will tend to lean back; this position is very much about putting your weight where it needs to be! Although you are on top, your Virgo man will be in control, setting the pace with his upward thrusts. Another great advantage of this position is that you can keep kissing for as long as you like (or for as long as it takes!). Penetration will be deep, with your g-spot receiving very considerable attention. Consequently, you will be extremely aroused. It won't be a case of letting your Virgo man know he's getting the job done, you simply won't be able to contain yourself!

The One Thing You Must Do

Keep it clean, in every sense!

The One Thing You Mustn't Do

Don't be dirty!

AFTERWORD

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to hear what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to www.the-astrology-of-love.com/feedback and leave your thoughts and opinions.

Best of luck in life, love and lust!

Stephen Winters

