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The Astrology of Love

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HOW TO WIN YOUR MAN USING THE EXTRAORDINARY POWER OF THE ZODIAC











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INTRODUCTION



So, there's this guy in the office...

He's cute and you're pretty sure he's single but you don't really know that much about him. Maybe you've made eye contact a couple of times. Maybe he's smiled at you. Maybe he's said, "Hi." You want to say more, strike up a conversation, but what exactly are you going to say? What if you say the wrong thing and stumble at the first hurdle? What are his likes and dislikes? What interests him? What bores him to tears? Are you his type? And, more importantly, is he (appearances aside) your type?

Wouldn't it be better if you knew a little bit more about this guy before you started to talk to him? Wouldn't it be better if you knew a lot more? You could ask around, chat to a few of his friends and colleagues, but what if word got back to him? Maybe he values his privacy and would be uncomfortable with the idea of someone conducting an investigation into his character, even if they had the best of intentions. He might even think you're one of those women, a little bit, well... stalkerish?

Well, there is a way you can find out a surprising amount about him, without tipping him off as to your intentions and without running the risk of being on the business end of a restraining order. In fact, you have access to a vast database of information about this guy and you won't need to enlist the talents of a computer hacker to get at it.

No, all you need is his date of birth.

Because once you have his date of birth, you'll be able to figure out which sign of the zodiac he was born under. And once you know which sign of the zodiac he was born under, you can begin to ascertain what he likes and dislikes, what interests him, what bores him to tears, whether or not you're his type, and, more importantly, whether or not he's your type.

How to Use this Book

I've allocated a single chapter to each sign of the zodiac. Each chapter breaks down into 11 sections:

Why Set Your Heart on a [insert astrological sign here] Man?

In other words: what's so good about men of this particular sign of the zodiac? What makes them so special? Are they the strong, silent type or the every-day's-an-adventure type? Are they romantic? Dependable? The marrying-type?

Winning the [insert astrological sign here] Man

This is a general guide as to what men of this sign are likely to respond to and what's likely to rub them up the wrong way. Here you'll find tips on how to get him alone, what interests him, whether he's shy or ultra-confidant and whether you just need to drop subtle hints and wait for him to come to you or whether you're going to have to do all the leg work!

The Ideal Date for the [insert astrological sign here] Man

Once you've effectively netted your man, it would be shame to blow it on the first date because you thought it would be a good idea, for example, to take a Pisces man to a rock concert (traditionally, the Pisces man hates loud noise and bright lights).

If you want your first date to be the first of many, it would be wise to pay particular attention to this section.

What to Wear for the [insert astrological sign here] Man

Unbelievably, there are men in this world who may be a little uncomfortable with your flirtiest, low-cut top. I know, incredible, isn't it?

Take the Capricorn man, for example: he doesn't respond well to flirting at all. The Sagittarius man, on the other hand... well, he can flirt in his sleep!

This section will also advise you as to which colors your intended man responds to. The Scorpio man responds to deep reds, for example; whereas, the Virgo man prefers yellows and greens. A great deal of research has been carried out into the psychology of color (did you know, for example, that babies cry more frequently in yellow rooms than in rooms of any other color?) and chromotherapy (the treatment of stress and anxiety using color) has recently begun to gain momentum as an alternative therapy. So, you don't necessarily need an outfit with a plunging neckline to render him helpless!

Gifts for the [insert astrological sign here] Man

The perfect gift, especially in the early stages of a relationship, can work wonders. Once again, the zodiac can tell us what's likely to leave your man speechless with gratitude and what gifts are almost certain to elicit the response, "Did you keep the receipt by any chance?"

Sex and the [insert astrological sign here] Man

Is there any area of life in which likes and dislikes play a more

crucial role than in the bedroom? Depending on his astrological sign, the man you've set your sights on may have a prudish view of sex, or he might see sex as a wonderful recreational activity, or as the perfect means of expressing his love and affection.

This section will tell you all you need to know. You might find it a bit of any eye-opener, too: that cute shy fella in accounts who can't even make eye contact for more than a second or two... an animal between the sheets!

Keeping Your [insert astrological sign here] Man

Once you've got him, you may want to keep him. True, you may not, but if you do, in this section you'll find useful advice on how to maintain a long term relationship with your particular zodiac male.

What are You Letting Yourself in For?

Unfortunately, it's not all good news. Each sign of the zodiac has his negative traits, especially when the man in question is an extreme example of his particular astrological sign.

Forewarned is forearmed.

You may find the [insert astrological sign here] Man more difficult if you're a...

It's a bit of a myth that some astrological signs don't get along with certain other astrological signs. These conflicts normally only exist when both individuals represent extreme examples of their type. These extreme examples are something of a rarity, 10 and the chances of two such extreme examples actually meeting is even rarer still. However, as stated earlier, forewarned is forearmed, so I've provided you with information regarding the potential for compatibility issues to arise.

The Big Do and the Big Don't

For each of the astrological signs, I've given you one principal thing you must do, and one you mustn't. Feel free to interpret or take-or-leave anything else in this book but ignore these cardinal sins and virtues at your peril.

What this Book Isn't

There really is no substitute for having a personal astrological chart (also known as a birth or natal chart) created, when it comes to pinpointing the precise characteristics of a particular individual and their compatibility with you. Of course, if you know enough about a man to commission the creation of his birth chart, the chances are you're already married to him!

So, the specifics, the real nitty-gritty, are going to have to wait until you're a little further down the road. The information provided in this book is a little more generalized... solid and reliable, but generalized nonetheless.

When reading the descriptions of the various astrological types in these pages, rather than thinking about your own star sign and the potential compatibility issues, it would be better simply to ask yourself, Can I get along with this guy? Can I make this work?









How to Attract an Aries Man (21st March to 19th April)

Why Set Your Heart on an Aries Man?

The Aries man is driven and determined and will tend to succeed in life. Plus, he's a traditional romantic at heart and, as such, he'll be perfectly happy to do all the chasing! You just need to let him know you want to be chased.

Winning an Aries Man

The fact that one of the most famous of Aries men was "the world's greatest lover" Casanova will, depending on your own personality, either set your heart racing or fill you with a sense of impending doom. But, don't worry, Casanova represents an extreme example of the Aries man and his 'love of the chase'. More of this, later.

At work, the Aries man is likely to be in a position of authority. If not, he will be working all out to get there. The Aries man enjoys hard work, and you will often find him working late – a great opportunity to catch him alone. He is driven and, generally, successful. He also likes driven and successful partners... just so long as they aren't *quite* as successful as him. So, if you are more successful, it would be wise not to broadcast the fact too loudly. If the subject of your superior position or greater professional achievements does come up, try to be as modest and self-effacing as possible.

The Aries man can be combative and he enjoys the prospect

of a little mental and psychological sparring, so don't be afraid to offer a contrary opinion and engage in a bit of a debate with him. He likes a challenge, so try to hold your own against him. However, the Aries man also likes to win, so there may be a point where you'll have to swallow your pride and give him his victory or, at the very least, "agree to disagree" and concede that he has "made some interesting and valid points". But don't make this peace offering too soon: give the Aries man a run for his money. Be careful, however, not to personally criticise the Aries man or his ideas, as he responds quite badly to criticism.

The Aries man likes to encourage and motivate others. If you ask him how to perform a particular task or how you might improve your own performance with regard to some workrelated activity, he will be more than happy to guide and advise. In fact, he'll almost see this as a gift from you to him.

As you've no doubt guessed from all of the above, the Aries man is literally brimming with energy. If you've set your sites on him, be prepared to make the effort to keep up. The Aries man generally dislikes slovenly people but, yet again, he isn't best pleased when usurped by someone with greater levels of energy and enthusiasm. If you're extremely energetic yourself, this is good thing; if you're liable to leave the Aries man spinning in your slipstream, it's probably a good idea to have a couple of cups of camomile tea before engaging with him.

The Aries man likes to see himself as a knight in shining armor. He is attracted to vulnerability and loves nothing more than coming to the rescue. This creates something of a dilemma: on the one hand, you'll need to be pretty tough to put up with 16 the Aries man's antagonistic behavior and energetic nature but you'll also want to display your more vulnerable qualities. Difficult, but far from impossible: you'll just need to play at being a little helpless every now and then.

This chivalrous quality comes very much to the fore during the earliest stages of a relationship: the Aries man likes to do all the chasing, to be the 'woo-er' rather than the 'wooee'. Consequently, it doesn't do to be too aggressive in your pursuit of the Aries man; better to drop hints and suggestions, to make yourself available to be asked out by him, rather than asking him out yourself. The Aries man responds well to subtlety and mystery, and enjoys a traditional, romantic courtship.

The Ideal Date for the Aries Man

The Aries man likes his food, so a meal is always a good idea. Generally, the Aries man likes his food very traditional or very adventurous, but never bland. There has always been a certain amount of debate over whether or not the Aries man is a great lover of spicy food; it could go either way, but he will generally love it or hate it. The only downside to a restaurant date is that the Aries man is apt to concentrate more on his food than on you!

Alternatively, a high energy date always goes down well: something sporty or exciting.

The Aries man tends to be impulsive, so he's likely to respond well to a spontaneously-suggested and novel activity, so make a note of anything he's never done before.

What to Wear for the Aries Man

Something feminine, something pretty, not something sexually aggressive. The Aries man likes red, but use it sparingly and subtly. If you dress like the modern version of a damsel in distress, you can't go far wrong.

Gifts for the Aries Man

With the Aries man, it's not so much the gift as the wrapping and presentation. He also likes to know you've been paying attention, so you'll definitely score points if you buy him something that he may have mentioned in passing. For example, if he happens to mention he admires Muhammad Ali and a couple of weeks later a beautifully wrapped present turns out to be a collector's edition of Norman Mailer's The Fight... well done, you. Unique and personalized gifts are always welcomed by the Aries man.

Sex and the Aries Man

The Aries man likes to feel like he's in charge, but at the same time doesn't respond well to a completely submissive partner. With a combination of raw, energetic sensuality and a suggestion of semi-virginal uncertainty, you'll be able to lead the Aries man by the nose. Well, maybe not the 'nose' exactly!

Keeping Your Aries Man

As promised, back to Casanova. The Aries man loves the thrill of the chase, the exhilaration of pursuit. This is great in the early stages of a relationship, but can lead to problems once a relationship has settled down and entered the 'comfortable' stage. To keep your Aries man, you'll need to have a little something held in reserve, to retain a touch of mystery. He doesn't need to know every detail of your life to date right away. Surprise him, do something unexpected. Make him think there's still a touch more 'conquering' to do. All that being said, when in love, the Aries man is fiercely loyal.

The Aries man holds the principles of truth and honesty in very high regard, so it pays to be truthful at all times... or, at the very least, not to get caught!

It goes without saying that a varied and exciting sex life is a must.

What are You Letting Yourself in For?

Okay, now for the bad stuff. The Aries man can be brash, possessive, jealous, inattentive and selfish. He also likes to put his partner on a pedestal and idolise them, which can make your role in the relationship a somewhat arduous one.

You may find the Aries Man more difficult if you're a...

... Cancer, Libra or Capricorn, and particularly challenging, if you're a Virgo or Scorpio. But don't worry: true love conquers all!

THE BIG DO:

Demonstrate determination in everything you do, pursuing success with ambition and zeal.

THE BIG DON'T:

If you're more successful than he is, try to play it down a little.







How to Attract a Taurus Man (20th April to 20th May)

Why Set Your Heart on Taurus Man?

If you like the strong, silent type, you'll love the Taurus man. He's also fiercely loyal and incredibly trustworthy.

Winning a Taurus Man

The Taurus man can be a little slow on the uptake. If you were thinking of dropping a string of hints and suggestive looks and hoping he'd get the message and ask you out, think again. As a rule, you'll probably have to ask him out yourself! The Taurus man can also be a little untrusting, however, so if you just ask him on date out of the blue, he may be a little taken aback and might even feel you're having a cruel joke at his expense. Best to be on the safe side and combine both of the approaches outlined above. In other words, let him know you're interested before asking him out: lingering looks, the odd oblique comment about your own singleton status and few well-placed compliments about his appearance and personality. He may beat you to it, but it's probably not wise to hold your breath!

The Taurus man is dependable and extremely trustworthy. He dislikes artificiality of any kind, so when complimenting him, it is best to restrict your comments to genuine statements of fact, rather than going over the top. For the same reason, when flirting, don't lay it on thick; better to demonstrate honest affection and warmth toward him than play the 'predatory vamp' card! The Taurus man can also be easily embarrassed, so coming on strong could seriously backfire.

The Taurus man tends to be the strong silent type, masculine but not aggressively so. He is very attracted to femininity in a partner, so if you earn a supplementary income as a cage fighter, best keep that to yourself for the time being!

The Taurus man is generally a very poor judge of character. This means it is highly like he has been hurt in the past as a direct result of his choice of partner. Consequently he may be something of a tough nut to crack. Be prepared to take your time winning his trust. If you work with or for the Taurus man, be supportive and helpful. It is often a good idea to invite the Taurus man into your confidence on some matter (but not if it means breaking somebody else's confidence, of course). By demonstrating your trust in him, he will come to trust you. However, the Taurus man doesn't respond well to weakness in others. Weakness irks him. So the personal matter shouldn't be something that demonstrates a personal weakness. At work, the Taurus man will admire you if he sees you soldiering on the face of adversity. The Taurus man likes a 'trooper'. But only a feminine trooper, of course. To the Taurus man, femininity isn't about simpering and helplessness: it's strength without aggression, beauty without deceit, it's fresh, fragrant and honest.

The Taurus man can be a person of few words, so there is a danger that you might feel you're not getting through to him. You'll just have to trust your instincts on this one. As long as you've taken into account all of the above, you should be able to make your move with confidence.

The Ideal Date for the Taurus Man

The Taurus man loves to cook, so a well-prepared and interesting meal always creates a good impression. He also likes routines, so be prepared to go somewhere he is familiar with, somewhere he feels comfortable. If you are dining out, make sure you don't plan too much for the evening, as the Taurus man hates to be rushed: better a long, enjoyable meal, than one that is rushed in order to cram in a movie or show.

What to Wear for the Taurus Man

As described above, the Taurus man is attracted to femininity, so you can never go wrong with a dress which subtly displays all the right curves. The keyword here is 'subtlety', of course. Despite the Taurus man's dislike of artificiality, he is not averse to a little glamour. Strategic use of make-up, particularly lipstick, can have a devastating effect on the Taurus man. We of course mean 'devastating' in a good way!

Perfume is crucial. The Taurus man loves a fine perfume: Something fresh and natural, with just a hint of the exotic.

In terms of colors, the Taurus man finds pastel shades appealing, particularly blue. Soft, sensually-textured materials are a must.

The Taurus man is also quite materialistic and likes the finer things in life, so plump for big brand names if you can.

Gifts for the Taurus Man

The Taurus man is likely to be a keen collector of something. It could be almost anything, but it is unlikely to be anything frivolous. Generally, the Taurus man will collect items of some value – coins, stamps, antique pocket watches... It probably wouldn't be a good idea to buy the Taurus man something expensive at the outset of a relationship; in fact, it will probably just set those distrust alarms ringing. Better to buy something which relates to his collection: a book on the subject or some sort of small accessory.

The Taurus man also likes music, so is very likely to have a considerable record collection. If you could add something unique and sort-after to this collection, without going overboard, you could score some major points.

Always pay close attention to the wrapping of a Taurus man's gifts; he'll appreciate the effort.

Sex and the Taurus Man

The Taurus man enjoys sex. He sees it as something natural, wholesome and fun. He doesn't tend to favour one night stands; for the Taurus man, sex, love and friendship are all inextricably intertwined, not separate components of a relationship. He prefers the familiarity and security of his own bed, so it'll definitely be his place, not yours!

Keeping Your Taurus Man

It is remarkably easy to keep your Taurus man, and it all comes down to one thing: trust. The Taurus man is fiercely loyal; he will never betray you. Betray him, however, and you will never be forgiven. This isn't because the Taurus man is vindictive or an Olympic-grade grudge-bearer, but because he finds it almost impossible to recover from the pain of a betrayal.

What are You Letting Yourself in For?

Okay, time for the bad stuff. The Taurus man can be stubborn, insensitive and boring, and he isn't fond of change. This latter point can give rise to conflict, given that change is inevitable. Combine this with his occasional insensitivity and he may be somewhat inconsiderate when it comes to your need for change.

He is easily slighted, say you will have to watch your Ps and Qs around him, which can be a little exhausting sometimes. Unfortunately, he also has a tendency to bottle up his emotions then explode unexpectedly weeks after the initial offence.

You may find the Taurus Man more difficult if you're a...

... Leo, Scorpio or Aquarius, and particularly challenging, if you're a Libra or Sagittarius. But don't worry: true love conquers all! THE BIG DO: Be feminine.

THE BIG DON'T: Never betray his trust.







How to Attract a Gemini Man (21st May to 20th June)

Why Set Your Heart on a Gemini Man?

There's never a dull moment with the Gemini man. He has a real zest for life and a genuine sense of adventure.

Winning a Gemini Man

There are two major challenges when trying to win the affections of a Gemini man: getting him alone and keeping up with him. One of the most famous Gemini men is Bob Dylan and no other sign of the zodiac could be more accurately described as a 'rolling stone'. The Gemini man hates to 'gather moss'. Both the jazz musician Miles Davis and the Beat poet Allen Ginsberg were Gemini men, which might give you some idea of the irrepressible energy associated with this particular sign of the zodiac.

If you are an energetic and dynamic individual, are always on the go and enjoy your own space and company from time to time, the Gemini male is the man for you.

At work, the Gemini man may be a little hard to pin down as he tends to be a whirling dervish of activity. He finds administrative red tape to be enormously frustrating and, in his effort to free himself from its restrictions will almost certainly tangle himself up in knots. He will be very appreciative of anyone who can free him from these bureaucratic irritations and allow him to concentrate on what he is best at: generating and communicating new ideas that will improve productivity and effectiveness.

The most important thing to remember in relation to the Gemini man and the workplace is that he is unlikely to stick around for very long. He has a tendency to change his employer and even his entire career path as often as most people change their underwear! So if you've set your heart on a Gemini man, you can't afford to equivocate or play it safe. Make your move!

The Gemini man also likes to learn new skills and increase his knowledge, so a night school course might be a great place to scout out one of these professional nomads.

The Gemini man loves to travel and will enjoy nothing more than exchanging stories of exciting holidays in exotic locations. If your passport is liberally stamped, you've got the perfect 'in' for a conversation with a Gemini man. Holiday snaps are great, too, but never more than ten: he just doesn't have the attention span. Sneak in a sexy bikini shot 'accidentally' and you can press two buttons at once!

If you're not well-travelled, don't worry. The Gemini man is a chatterbox by nature; it doesn't take a great deal to draw him into a conversation. In fact the more frivolous and frothy the subject matter, the better. However, if you've set your sites on a particular Gemini man and you share an interest with him, be it politics, music or a particular television show, it certainly won't hurt to steer the conversation toward this common ground. Just remember, don't stick to the same subject for too long, and once the Gemini man has moved on to another topic, don't be tempted to take the conversation back again. Don't be too put off if the Gemini man doesn't respond enthusiastically to you in the early stages of your 'campaign': it is a frequently occurring character trait of the Gemini man to be distant and a little cool. Don't take any displays of aloofness to heart. Keep at him! In general, you do have to be something of a mind reader when it comes to the Gemini man, as they rarely give anything away.

The most important thing to remember when making your move on (or making yourself available to) the Gemini man is to never give the impression that you're looking for a longterm relationship with all that entails in terms of commitment. The Gemini man is happy to just see how things go and take it one day at a time. However, if you handle him just right, one day at a time can add up to as many years as you like!

The Ideal Date for the Gemini Man

Single location dates are a big no-no for the Gemini man. So, forget about a three course meal or an opera. The perfect date should consist of a series of vignettes: a quick bite to eat in one location, a couple of drinks somewhere else... make it up as you go along.

The Gemini man will be turned off by a date that feels like it's running to an itinerary or strict schedule. As far as dates are concerned, the Gemini man's favorite words are "Let's just see what happens."

What to Wear for the Gemini Man

The Gemini man always responds well to the color orange, as

it suggests energy and sensuality simultaneously. Try to avoid anything remotely conservative. In fact, it's best to plump for something a little flirty, something to keep his eyes very much focused on you, because if there is one major Gemini man failing, it is the tendency to be a slave to his wandering eye!

Gifts for the Gemini Man

Anything that carries a whiff of novelty will be appreciated by the Gemini man, particularly the latest gadgets. Anything that elicits the response, "What *is* this?" is a sure-fire winner.

The Gemini man's love of learning also offers a plethora of opportunities for gifts. A book of facts, particularly wow-lreally-didn't-know-that kind of facts are a source of endless fascination to the Gemini man.

Sex and the Gemini Man

For the Gemini man sex, as with practically everything else in his life, is about excitement and change. For that reason, sex with the Gemini man can be an incredible experience... but isn't for the prudish and conservative. If you're unwilling to experiment and inject a little fun and naughtiness into your sex life, the Gemini man is likely to become bored, and a bored Gemini man won't stick around for very long. However, this doesn't mean you have to constantly reinvent yourself for his purposes. Small, subtle changes are sufficient: a different location, a rearranging of the 'order of things', or even a new perfume are all enough to keep the Gemini man on his toes.

For the Gemini man, sex isn't purely a physical activity, it's a

mental and creative endeavour. For that reason, he's as likely to be excited by what you say as by what you wear (or don't wear). Of all he signs of the zodiacs, none enjoy sexual role play and fantasies as much as the Gemini man.

Keeping Your Gemini Man

In principle, it couldn't be more simple. Don't let the Gemini man get bored. Ever. This is where you have to ask yourself if you have the energy, inventiveness and spirit to keep up with the Gemini man. It certainly isn't a relationship for the faint hearted. However, if you thrive on change and have mortal fear of boredom, you and the Gemini man can have an extraordinary life together.

What are You Letting Yourself in For?

The negatives of the Gemini man are, in a sense, the same as the positives. He craves novelty and change; he is bored easily; he needs to feel as if everything could change tomorrow and you're okay with that. This uncertainty and lack of security are the price to be paid for the excitement and thrill of a relationship with a Gemini man.

With many Gemini men, the pursuit of 'newness' represent the desire to find perfection, to complete themselves. Consequently, they aren't just looking for a girlfriend, wife, partner or lover, they're looking for their soul mate. Obviously, this can create very unrealistic expectations.

You may find the Gemini Man more difficult if you're a...

...Virgo, Sagittarius or Pisces, and particularly challenging,

if you're a Scorpio or Capricorn. But don't worry: true love conquers all!

THE BIG DO: Be spontaneous.

THE BIG DON'T: Never allow him to get bored.






How to Attract a Cancer Man (21st June to 22nd July)

Why Set Your Heart on a Cancer Man?

The ultimate 'low-maintenance' man. He loves to clean, cook and look after you.

Winning a Cancer Man

The first thing you need to know about securing the affections of a Cancer man is this: you'll probably have to do all of the legwork. The Cancer man is highly unlikely to make the first move, as he suffers from a deep-rooted fear of rejection. So, you'll probably need to work on those pick-up lines!

At work, the Cancer man is easy to spot: he'll be the one sat at his fastidiously organized workstation, labouring hard, shouldering responsibility and generally getting on with things. Because the Cancer man likes to get the job done and do it to the very best of his abilities, you are likely to find him working late. Even when everyone else has flaked out and gone home, the Cancer man will still be there eagerly working away, proving himself to his employers. This can provide you with a great opportunity to make your move. And, with the Cancer man, it is very much a case of making your move. There's no point letting him know how you feel or subtly suggesting that you find him attractive: his fear of rejection will prevent him from seeing these as compliments; instead, he will perceive them as potential pitfalls, as opportunities to be rejected and humiliated. No, if you want a Cancer man, chances are you're going to have to just come out and say it. You may even need to write it down and draw diagrams!

All that being said, it isn't difficult to ingratiate yourself with the Cancer man. All Cancer men, whether they are mild examples or extreme cases of the type, love their family and, in particular, their mother. If you demonstrate that you have a strong bond with your own mother, this will go down very well. If you've recently treated your mother to a day out, taken her shopping or to a show, make sure you drop this into the conversation at the first opportunity. The Cancer man can only love someone who adores their own mother.

Extra points can also be scored if you ask about his mother. There may even be a photograph of her on his desk; if so, make sure you point out the resemblance between him and his mother – he'll love you for this. If you can squeeze it in without sounding too corny, mention how young his mother looks... "I thought that was a picture of your sister!"

The Cancer man is very tactile and he loves to be touched. If you're trying to get his attention, touch him gently on the arm, shoulder or, best of all, the back of the hand. This is likely to make him immediately well-disposed toward you. Make sure your hands are warm first!

Another great 'in', believe it or not, is housework! The Cancer man is extremely well-domesticated and house-proud. If you just happen to mention that you spent Sunday cleaning your home from top to bottom, tending the garden or cooking a meal ("just like Mother makes"), you'll see his eyes light up with glee. In fact, the chances are, he spent Sunday doing something remarkably similar! For the Cancer man, housework isn't a chore, it's a leisure activity.

The Ideal Date for the Cancer Man

From the Cancer man's point of view, the perfect date is one where he gets to cook for you. He loves nothing more than to magic-up something in the kitchen and have you drool with appreciation. Make sure you let him know in advance the kinds of foods you won't or can't eat, because he will be devastated if you are anything less than blown away by his culinary efforts.

If you're looking to eat out, be sure to go somewhere the food has that 'home-cooked' appeal, somewhere he feels he can deconstruct the meal into a recipe which he can recreate at a later date. He'll thank you for adding to his gastronomic knowledge.

If you're not at the date stage yet, but want to invite the Cancer man along to something he might enjoy, allowing you to move things rapidly into the date stage, try an outdoor activity. The Cancer man likes fresh air and exercise (but nothing too arduous). A hike through the woods or a spot of sailing will leave him feeling happy and invigorated. So much so, he might even ask you out!

What to Wear for the Cancer Man

Indigos and oranges are the colors of choice of the Cancer man, colors that look good enough to eat. Likewise with perfumes, go for something fresh and 'edible'. In terms of clothing styles, the Cancer man himself opts for conservative cuts, nothing too eye-catching, so it's probably best to follow his lead in this respect.

What you wear is not quite as significant as where you got it from. The Cancer man loves to shop. In fact, clothes shopping can be a very effective bonding exercise!

Gifts for the Cancer Man

Anything to do with cooking is going to score you points. Anything that he might share with his mother is going to score you double points! And, because the Cancer man loves to shop, gift vouchers for his favorite store won't be seen as a thoughtless, last-minute gift, but as a genuine boon.

Sex and the Cancer Man

In many respects, the Cancer man is the precise opposite of the Gemini man when it comes to matters of the flesh. The Cancer man isn't keen on experimentation. He likes his sex simple and wholesome. To the Cancer man, sex is an expression of love and not simply a carnal act in its own right. He likes to feel safe and secure when it comes to sex and so prefers the comfort and familiarity of his own bed.

Keeping Your Cancer Man

The Cancer man is very loyal and hardly places any demands at all on his partner. All you have to do is show him affection, appreciate the things he does for you and demonstrate love and loyalty to your own family. The only major sticking point is likely to be his mother. If you get on well with his mother, there will be no problems at all; in fact, this will cement your relationship to the point where it is practically unbreakable. However, if you and his mother don't see eye-to-eye, then there are going to be problems. Hopefully, these issues can be overcome by agreeing to disagree with his mother and keeping things affable. If not, your relationship with the Cancer man is likely to be a very difficult one.

What are You Letting Yourself in For?

Well, you're going to have to share him with his mother... but I suspect you've already guessed that by now! The size and nature of this particular stumbling block is, of course, entirely dependent upon his mother. In fact, it might not be a problem at all. His mother's astrological sign is likely to play a significant role, but that's another book entirely!

Other than the potentially thorny issue of mater, the only thing you need to be wary of is criticism. The Cancer man does not respond at all well to criticism, no matter how well intentioned it may be. Plus, he knows how to hold a grudge if he feels he has been in any way slighted. Don't be too surprised if something mildly critical you may have said in passing is suddenly thrown in your face months or even years later!

You may find the Cancer Man more difficult if you're a...

...Libra, Capricorn or Aries, and particularly challenging, if you're a Sagittarius or Aquarius. But don't worry: true love conquers all!

THE BIG DO:

Let him know how much you love your mother.

THE BIG DON'T:

Don't let him know how much your mother drives you insane.







How to Attract a Leo Man (23rd July to 22nd August)

Why Set Your Heart on a Leo Man?

Generous and loyal, with a great sense of fun and a sensual nature.

Winning a Leo Man

The Leo man is one of the simplest nuts to crack: he just wants to be adored. Unfortunately, as he has a tendency to put himself at the centre of attention, you may find yourself competing with any number of admirers. The key is to make sure you adore him in precisely the way he loves to be adored.

The typical Leo man is popular and, at work in particular, he is likely to be in the company of several hangers-on, all eager to bask in his generous nature, sense of fun and everready wit. Once you get the Leo man alone, however, you'll find yourself in a unique position, because when the Leo man is alone, he is alone with his doubts, of which he is likely to have many. Most people don't get to see this side of the Leo man or, more to the point, are utterly unaware that it exists, unable to see him as anything other than an ultra-confident individual, a consummate showman.

If you can persuade him to reveal some of those doubts and demonstrate that you think no less of him, then you've gone a long way toward winning the Leo man. And it isn't particularly difficult to get the Leo man to reveal his vulnerable side, as it isn't something he actively tries to hide, rather it is something he feels nobody is interested in. A simple and not-too-serious question like, "Doesn't it get tiring being liked all the time?" can result in an avalanche of self-doubt which the Leo man will be relieved to have out in the open.

On a more general note, the Leo man responds well to generosity, honesty and loyalty. Demonstrate these qualities and you'll be elevated in the Leo man's perception. Simple good manners and gentility are also held in high regard by the Leo man.

As for making your move, the Leo man is happy to be the asker or the askee. However, if you're waiting for him to ask, there's always the danger that one of his entourage may beat you to it and ask him out themselves. Best advice: ask him out, before someone else does.

The Ideal Date for the Leo Man

The Leo man is a pleasure seeker by nature, but not destructively so. A night out at a comedy club would be the perfect date. Alternatively, a gourmet meal at an exclusive restaurant or bistro: the Leo man likes to feel spoilt and he likes to spoil his partner.

The Leo man likes to take a traditional approach to gender roles on a date, so let him open doors and pull out chairs for you, let him drape his coat over your shoulders (even if you're not in the least bit cold!). All of this will make him feel regal, and the Leo man loves to feel like a king.

If you're looking for something more neutral and less 'datelike', the Leo man loves physical activity. He will enjoy practically any sport or – a great opportunity to get up close and personal – dancing.

What to Wear for the Leo Man

The Leo man loves to be admired. Equally, he loves to be admired by proxy. So, if you're turning heads wherever you go, he's more than happy to bask in the reflected glory. Oranges and yellows are his colors of choice and he is rather partial to sensuous materials like silk and satin.

Gifts for the Leo Man

The Leo man loves fashionable clothes. If he only had a small amount of money to spare, he'd buy an expensive pair of socks or a major-label necktie, rather than a cheap coat. A small but proportionately expensive gift is always appreciated. However, you don't have to spend a great deal of money to win the heart of the Leo man: any gift shows appreciation and that's all he wants deep down.

Sex and the Leo Man

For the Leo man, sex is an all-out sensory experience, a spontaneous event to be plunged into headlong without any thought or preparation. The Leo man likes to be leapt upon, as much as he likes to leap. He doesn't take it too seriously and is one of the few zodiac males who won't be put off by laughter during lovemaking. In fact, the more playful things get, the better so far as the Leo man is concerned.

Keeping Your Leo Man

It couldn't be more simple: treat him like a king and he's yours forever. Of course, back in the real world, that would be practically impossible, requiring almost superhuman self-sacrifice on your part. Just make him feel loved and appreciated and, if it it's not too much trouble, adored, and he'll be happy. And a happy Leo man is a loyal Leo man. Remember, a compliment here or there can go a long way with a Leo man, it doesn't have to be a constant barrage of flattery.

If you stand by your Leo man during times of crisis, he will reward your loyalty with his own. The out-and-out loyalty of the Leo man can be a frightening thing! He will fight to the death to protect the ones he loves, sacrificing anything and everything in the process.

What are You Letting Yourself in For?

Over the course of his life, the Leo man will have become used to being the centre of attention. He may even have become a little addicted to it. So, when the spotlight moves off him and onto someone else, even you, he may become a little resentful and this can lead to the worst Leo trait of all: sulkiness. Nobody sulks like a Leo man.

Another side effect of this centre-of-attention tendency, is a belief in his own public image. This can lead to boastfulness and smugness, all of which can make the Leo man difficult to live with. To make things even more complicated, he hates nothing more than to be cut down to size, which makes dealing with his inflated ego something off a challenge. The best approach to take when criticizing a Leo man is to focus on the positive. Instead of saying, "Why are you so big-headed all the time?" try, "I love the sweet, humble you: why don't we see more of him?"

You may also find your Leo man something of a bore after a while. He loves an ever-changing audience, but as a permanent fixture in his life, you'll have the dubious pleasure of hearing the same 'hilarious' anecdotes over and over again. You'll just have to grit your teeth. Or plug your ears.

You may find the Leo Man more difficult if you're a...

...Scorpio, Aquarius or Taurus, and particularly challenging, if you're a Capricorn or Pisces. But don't worry: true love conquers all! THE BIG DO: Compliment him.

THE BIG DON'T: Try not to steal the limelight.







How to Attract a Virgo Man (23rd August to 22nd September)

Why Set Your Heart on a Virgo Man?

Culture and sophistication often go hand-in-hand with snobbishness and even cruelty. Not with the Virgo man, however: his sense of refinement is tempered by a kind and decent nature.

Winning a Virgo Man

The Virgo man is something of a perfectionist, particularly when it comes to matters of the heart. Indeed, he may have waited literally years for the right person to come along. This puts you in rather a difficult position, because you either are that person or you aren't. He will probably have a mental photograph of this individual, not to mention a detailed psychological profile.

So, who is this amazing individual?

Well, the chances are slim to non-existent of this individual existing at all!

Your challenge in trying to win the Virgo man is in making him forget this fantastic (not to mention fantastical) individual and take a chance on you instead.

First things first: your appearance. The Virgo man is extremely fastidious about his own appearance and applies his own often pathologically high standards to others. Nothing turns a Virgo man off quicker than poor grooming or, even worse, poor hygiene. To even attract the initial glance of a Virgo man, you'll need to be clean, pristine and not a hair out of place. No biggie, right? If you're a groomer by nature, no problem, otherwise, you might have to book an appointment at the salon as a first port of call. Look on the bright side, though, it gives you the perfect opportunity to indulge in a little quality 'me time'!

The Virgo man is a helper by nature, so in the workplace, you're likely to find him in a supporting role of some kind, assisting somebody else in getting things done. A great way to get talking to a Virgo man is to ask for his assistance: he likes nothing more. However, he finds helplessness or, more precisely, cluelessness very unappealing. If you go to him for help, it should be because he is the go-to guy for that particular problem and not because you're all-at-sea and don't know what else to do.

Once you're talking to the Virgo man, try to drop into the conversation anything you might have done to help someone less fortunate than yourself, as the Virgo man is very charitable by nature. Ask him to sponsor you for some fund raising activity and not only will he gladly do so, he'll probably ask how he can take part himself!

Virgos love their work and are fiercely loyal to their professions and their employers. The Virgo man is absolutely the wrong person to have "I hate my job" or "My boss is an imbecile" conversations with. If you're not happy with your current employer, best to say nothing for the time being because the Virgo man won't appreciate it at all.

Another no-no when talking to the Virgo man is crude

language and profanity. His notion of cleanliness extends to the vocabulary, too, so you may need to check your potty mouth in at the door!

Talking shop with the Virgo man is never a bad idea, as they tend to find it hard to switch from work mode to leisure mode. In fact, they find talking about work at the end of a hard day extremely relaxing.

So, in a nutshell, talk charity, work, work, charity, work and more work, and you'll be very much on the Virgo man's wavelength.

However, the Virgo man isn't particularly good at showing his emotions, so you may find it a little difficult to know if you've made an impact or not. If in doubt, ask him out. Just remember to keep it simple and unsentimental. He doesn't need to know what you think of him or how amazing his eyes are: a simple, "Are doing anything Friday night?" will be fine. Or, even better, "I'm going to this charity function on Friday night, do you fancy tagging along?"

The Ideal Date for the Virgo Man

I wasn't kidding about the charity function, by the way. For the Virgo man an evening of helping people less fortunate really is the perfect date!

However, if you're looking to do something a bit more romantic than helping out in a soup kitchen for a couple of hours, the Virgo man is quite cultured and will find an evening at the theatre extremely satisfying

The most important thing to remember when dating a Virgo

man is never, never, be late. Not even a teensy bit fashionably late. For the Virgo man, punctuality is a virtue and lateness an inexcusable vice.

What to Wear for the Virgo Man

The Virgo man can be a little prudish and likes sensible clothing in subtle shades, nothing bright and primary. Creams and browns always feature heavily in his palette when it comes to clothing.

As stated earlier, personal hygiene is of the utmost importance to the Virgo man. So, rather than exotic perfumes, he responds to subtle, fresh scents that imply cleanliness.

Gifts for the Virgo Man

Generally, cultured, the Virgo man will appreciate the gift of a book. They are not given to financial extravagance, so they will appreciate the monetary restraint of this relatively inexpensive gift. When selecting a book, avoid anything trashy; much better to opt for something that demonstrates good taste, such as a book of poetry or something literary or educational.

Grooming products are always appreciated. The Virgo man sees nothing effeminate in bath salts or a natural sea sponge!

Sex and the Virgo Man

There is a misconception about the Virgo sign as a whole with regards to sex. Virgos are not naturally chaste and they don't 54

find sex distasteful. However, they do find it easier than any other sign of the zodiac to abstain, so you're unlikely to come across a Virgo man who desperately craving sex.

For the Virgo man, sex is a healthy and natural thing, but it isn't something to be indulged in for its own sake. Hence, a one-night-stand is unlikely to sit well with the Virgo man. He will want to get to know and potential partner first, to feel comfortable and confident with them.

Virgo men tend to make love delicately and with elegance, viewing it almost as an art form or even a skill which can be perfected.

However, keep in mind the Virgo man's love of cleanliness and, unlike the Leo man, for example, it's obvious that he isn't a pouncer by nature. He likes to take his time and prepare. At the very least, a hot bath or shower beforehand is likely to be prerequisite.

Keeping Your Virgo Man

The Virgo man isn't difficult to keep hold of. Just so long as you're kind and decent, to him and, more importantly, to others, the Virgo man will love you.

He likes his private life to be kept private and views any breech of confidence as a terribly betrayal.

He will also find it difficult to live happily with anyone who is slovenly or chaotic. Even people who don't put the CDs back in their cases will drive him insane!

What are You Letting Yourself in For?

Okay, I've probably given you the impression that the Virgo man is some kind of obsessive compulsive and... well, this isn't too far away from the truth. He likes everything to be just so and views cleanliness as not only next to but above and beyond godliness!

This obsessive temperament can manifest as nervous, twitchy or even neurotic behavior and even hypochondria.

You may find the Virgo Man more difficult if you're a...

...Sagittarius, Pisces or Gemini, and particularly challenging, if you're a Aquarius or Aries. But don't worry: true love conquers all!

THE BIG DO: A little kindness will go a long way.

THE BIG DON'T:

Avoid cruelty of any sort (even the odd little biting remark, no matter how ironically intentioned).







How to Attract a Libra Man (23rd September to 22nd October)

Why Set Your Heart on a Libra Man?

Of all the signs of the zodiac, Libra could most accurately be described as 'the marrying kind'. He loves to be in a relationship, and the more serious and long-term the relationship, the happier he is. If it's commitment you're looking for, look no further.

Winning a Libra Man

The first hurdle to winning a Libra man, is finding one who is unattached. The Libra man likes... no needs to be in a relationship. When a relationship fails, they don't hang around. In fact, they will start seeking out a new partner the moment the relationship is officially declared over, before the dust has even begun to settle. A Libra man is almost always on the rebound. However, he rebounds well, and doesn't tend to dwell on the deceased relationship or yearn for past loves. If you do manage to get a single Libra man in your sights, you'll need to move quickly, because the chances are he isn't going to stay single for very long. Once he is in your sights, however, so long as you don't commit any major faux pas, he's pretty much yours.

In the workplace, the Libra man is chatty, but he rarely, if ever, gossips. Don't make the mistake of attempting to engage the Libra man in tittle-tattle. To the Libra man, talking about someone when they aren't present to defend themselves is grossly unfair and he will think ill of anyone who engages in such an activity.

He likes to debate the ins and outs of a situation and, more particularly, the wrongs and rights. Express an opinion about something where there is a moral dimension, and the Libra man will eagerly join in the debate. Make sure you have a decent working knowledge of your subject matter, however, as the Libra man is nothing if not thorough and well-informed.

The Libra man has a keen sense of justice and hates to see the 'little guy' abused by the system. Mention your moral support for someone who has been inexcusably wronged and the Libra man will respond to you as a kindred spirit.

All that being said, the Libra man finds it difficult (and sometimes downright impossible) to make a decision. So, although he will engage in debate with enthusiasm and great mental dexterity, he is unlikely to express simple black and white opinions, and hates to pressed into expressing a fixed and final standpoint. As a consequence of this, he is a great mediator, able to see both sides and empathise fully with all parties.

A great opening gambit when approaching the Libra man is to present him with a personal moral dilemma, seeking his guidance. This will engage his natural sense of fair play and make him feel admired. And the Libra man, like most men, loves to be admired.

The Libra man has a love of music. He will like all types of music but is unlikely to be fond of loud or discordant music. Classical and jazz are liable to be more to his taste. As well as listening to music, he loves to talk about it, debating the merits of a particular artist and setting one against another: Louis Armstrong versus John Coltrane, John Lennon (a Libran) versus Ray Davies, Mozart versus Liszt (another Libran musician).

The Ideal Date for the Libra Man

Once you've established your particular Libra man's musical tastes, a concert makes a great venue for a first date, whether it's a large concert hall and full orchestra or an intimate jazz club. Then, afterwards, head somewhere quite to talk, talk, talk about it all.

The Libra man is also a romantic at heart, so don't be afraid to plump for the clichéd candle-lit dinner.

What to Wear for the Libra Man

The Libra man is fond of the colors pink, purple and green, but only in muted, subtle shades. And, unless you have a really keen sense of color coordination, it's probably not a good idea to attempt to mix all three!

The Libra man himself leans toward the conservative when it comes to his own taste in clothing but he has a fondness for the refined and artistically interesting. As a rule, go for something elegant and stylish with a subtle hint of the unusual.

Gifts for the Libra Man

Again, the Libra man's love of music makes him extremely easy to buy for. A CD, concert tickets, a biography of a favorite musician: all of these things make great gifts for the Libra man. Make sure you do a little research first, though, because, he is likely to have an extensive collection of music and musicrelated paraphernalia.

The Libra man also experiences a surge of inner warmth whenever somebody shows even a hint of concern for him. An email out of the blue asking him if he's okay because he looked a little glum in the canteen will really make his day.

Sex and the Libra Man

The Libra man can be a little tentative, even insecure, when it comes to sex, and this might be misinterpreted as disinterest by his partner. This lack of certainty can also manifest as a methodical approach to sex which can make the Libra man appear to be wanting in the passion department.

You will probably have to lead and even instruct the Libra man when it comes to matters of the flesh. The great advantage here is you can create your perfect lover, someone who pushes all the right buttons!

Keeping Your Libra Man

Of all the signs of the zodiac, Libra is the easiest to hang onto, due to his abject fear of being alone. However, he hates emotionally draining situations and is unlikely to tolerate an overly-dramatic relationship for very long.

Fuss over him, show him that you care and be prepared to be the decision-making component of the relationship and the Libra man is yours for as long as you want him.

What are You Letting Yourself in For?

The Libra man's need to be fussed over can lead him to be a little flirty and attention seeking with members of the opposite sex.

The Libra man's indecisiveness can be infuriating and you may often feel as if your life is on hold as you wait for him to make his mind up about even the most trivial matters.

You may find the Libra Man more difficult if you're a...

...Capricorn, Aries or Cancer, and particularly challenging, if you're a Pisces or Taurus. But don't worry: true love conquers all!

THE BIG DO: Show him you care. All the time.

THE BIG DON'T: Never press him to make a decision.







How to Attract a Scorpio Man (23rd October to 21st November)

Why Set Your Heart on a Scorpio Man?

Dynamic, energized and extremely sensual. If you're looking for 'that kind' of relationship, you can do no better.

Winning a Scorpio Man

When it comes to securing the affections of the Scorpio man, the main obstacle is going to be other people. And by 'other people', I mean rivals. The Scorpio man attracts potential lovers like a magnet. The chances of you being the only person with an interest in this particular individual are vanishing remote. In fact, there's every likelihood there will be an entire harem of potential suitors! So, be prepared for the very real possibility of having to fight for the Scorpio man's attentions. Of course, unlike your rivals, you know he's a Scorpio man, so you'll have a very distinct advantage before battle commences!

At work, the Scorpio man is the epitome of career-mindedness. He'll be so utterly focused on the job in hand (and achieving his career ambitions in general, that he's highly unlikely to indulge in idle chit-chat. So, you'll need to catch him on his official break – that's if he can tear himself away from his work long enough to take one. If you're of senior rank or in a position to further his career, however, he'll always have time for you.

If you don't have anything to offer him in terms of professional

advantage, make sure he sees you single-mindedly pursuing your career goals. He'll admire you and view you as a kindred spirit. Just make sure you're not both vying for the same prize! Once the Scorpio man views you as a rival, or a potential obstacle to his career ambitions, he'll find it quite difficult to see you as anything else.

If you manage to get the Scorpio man alone long enough to actually initiate and sustain a conversation, make sure you don't ask any personal questions. The Scorpio man likes his private life to stay that way and responds badly to prying of any sort. Even when he's in a long term relationship he'll like to keep a few secrets.

The Scorpio man doesn't like to feel like he's being analyzed or, even worse, psychoanalyzed. Any attempt to 'get inside his head' will be greeted with hostility.

When complimenting the Scorpio man, don't lay it on too thick. Too many compliments make the Scorpio man uncomfortable and suspicious.

The Scorpio man is a great lover of secrets and mysteries. If you let it be known that you know something he doesn't know, particularly in relation to the movers and shakers in the workplace, don't be too surprised to find him turning up at your desk on a regular basis trying to convince you to let him in on the big secret. This can be quite an effective tactic for getting the Scorpio man to leave that irritating throng of admirers and seek you out.

The Scorpio man is refreshingly honest. If he isn't interested in going out with you, he'll let you know quickly and bluntly. His intention is not to hurt your feelings but simply to be open and truthful. If this happens, look on the bright side, at least he hasn't drawn things out and wasted your time! If, however, he doesn't inform you in short order of his lack of interest, you could take this as a reasonably good indication that he is interested. Or, at the very least, he isn't disinterested. People who aren't aware of the typical Scorpio man's personality can pursue him for years, convinced that his rebuttals are all part of the game and it's only a matter of time before he gives in to the inevitable. More fool them! You, of course, know better.

The Ideal Date for the Scorpio Man

As an aficionado of mysteries and secrets, the Scorpio man will enjoy a date at the movies, particularly if the feature in question is an intricately-plotted whodunit with plenty of twists.

The Scorpio man also likes to win, especially at games or sports that require the application of intellect and strategic planning. Although a game of chess might not seem like the most romantic of date activities to you, the Scorpio man will appreciate it.

The Scorpio man's love of mysteries means he also loves to find things out. So, a trip to a museum might make an ideal first date if you're looking for something a bit more 'neutral' than the candle-lit dinner.

What to Wear for the Scorpio Man

The Scorpio man loves sex, so wearing something sexy is

always a great idea. However, keep in mind the fact that he also likes secrets and mysteries. In other words, make sure you leave something to the imagination!

In terms of colors: purples, blues and whites are of particular appeal to the Scorpio man.

Gifts for the Scorpio Man

Mystery novels, science books that reveal the inner workings of something or anything that delves into the mysteries of the past will be appreciated by the Scorpio man.

Once a relationship has reached 'that point', sexy lingerie for yourself is always considered a gift for the Scorpio man.

Sex and the Scorpio Man

Of all the signs of the Zodiac, none is more closely associated with sex than that of Scorpio. Sex is an integral part of everyday life for the Scorpio man, as essential as food and water. For the Scorpio man, sex is not a separate pursuit, rather it is the point at which all things meet: love, passion, leisure, exploration, fun...

Keeping Your Scorpio Man

The Scorpio man is intense in all things, and as such is also intensely loyal. His great love of sex has earned him an unfair reputation as something of a 'dog', but the Scorpio man his more than happy within a monogamous relationship... so long as there's an ample supply of 'physical love'. Support him in his career, pursue your own career with determination, let him have his harmless secrets, and there should be no problems.

Oh, and don't forget about the sex.

What are You Letting Yourself in For?

Because the Scorpio man likes his secrets, he can be a little difficult to trust. However, this is largely a misinterpretation of his secretive nature. As a rule, he is honest, frank and open.

Negative Scorpio traits are, as with all negative zodiac traits, a manifestation of his more positive attributes. For example, his singular pursuit of his professional ambition can lead to ruthlessness and even cruelty. He may be neglectful of his partner's needs as he throws himself into his work.

His love of secrets can lead him to assume everybody has secrets. This can make him suspicious, paranoid and accusative.

His wholehearted and passionate pursuit of his goals can manifest as an 'everything to excess' mentality, resulting in self-destructive tendencies. Both Dylan Thomas and Pablo Picasso are example of intense Scorpio men.

You may find the Scorpio Man more difficult if you're a...

...Aquarius, Taurus or Leo, and particularly challenging, if you're a Aries or Gemini. But don't worry: true love conquers all! THE BIG DO: Did I mention sex?

THE BIG DON'T: Don't pry. Let him have his secrets.



SAGITTARIUS


How to Attract a Sagittarius Man (22nd November to 21st December)

Why Set Your Heart on a Sagittarius Man? Thrill seekers, with an l'll-try-anything-once lust for life.

Winning a Sagittarius Man

The Sagittarius man is, of all the signs of the zodiac, possibly one of the easiest to 'acquire'. They have an l'll-try-anythingonce approach to life and, when asked out on a date, will most likely say 'yes', just to see where it all might lead. A Sagittarius man always regrets turning down any form of invitation or opportunity, plagued by an acute sense of whatmight-have-been. In a nutshell, if you've set your sights on a Sagittarius man, ask him out; he'll probably say yes even if he doesn't know the first thing about you! But be quick, because as soon as somebody else asks him out, he'll shed his singleton status and leap off the shelf in a flash.

If you want to be absolutely certain of a 'yes' when you make your move, you'll probably want to take account of the following.

At work, the Sagittarius man will generally be getting on with things. However, he isn't particularly career-minded, and so will be quite easy to engage in conversation. Plus, the Sagittarius man is rarely in awe of authority figures, so he is unlikely to be fearful of reprisals from his supervisor. He is always keen to lift a co-worker's spirits, so it certainly wouldn't hurt to look a little glum and in need of some cheering-up.

A perfect talking point the Sagittarius man is travel. An untraveled Sagittarius man is a very rare thing indeed. Their love of adventure will have left its mark all over their passport. They are likely to have travelled to some interesting places, possibly some dangerous places, as the Sagittarius man is not averse to risk. In fact, many Sagittarius men are adventurers and thrill seekers. If you have your own little tale of daringdo or of voyages to exotic locales, don't keep it to yourself: he'll love to hear all about it.

If your research tells you the Sagittarius man you've set your sightsuponisneither well-travelled nor particularly adventurous, the chances are he will be something of a 'mental traveller'. He will be interested in radical philosophies and broadening his inner horizons. Show him you have hidden depths and a head full of intriguing ideas, and he'll be hooked.

If your Sagittarius man doesn't work with you, or you both work in the kind of place where glancing up from your desk every now and then is considered a disciplinary offence, there is another way to get to grips with your intended. Parties. The Sagittarius man loves parties. He will rarely, if ever, turn down an invitation to a party. If you hear of party and you know he's invited, get yourself on the guest list because he will be there. Then, practice your best flirty looks and subtle innuendo, because the Sagittarius man loves to flirt.

A word of warning, before we move on. When expressing an interest in the Sagittarius man, it is fatal to suggest you're looking for anything other than a "let's see where this goes" kind of relationship, as he hates to be tied down. This doesn't mean he's incapable of monogamy, just that he needs to feel as if he is in control of his own destiny. A married Sagittarius man is a loyal partner, just so long as he doesn't feel he has been in anyway manipulated or railroaded into making a commitment.

The Ideal Date for the Sagittarius Man

A party makes a great neutral 'dating ground' for the Sagittarius man. If you ask him to accompany you to a party to which he would not otherwise have been invited, he will especially grateful. Another good venue for a date would be anything which involves a degree of risk, such as a casino.

Most Sagittarians are lovers of good food and drink, so the traditional dinner date is perfectly acceptable, particularly if you are introducing the Sagittarius man to a new kind of cuisine. "There's this amazing Aztec restaurant..." is the kind of invitation the Sagittarius man is powerless to refuse. If the food is potentially lethal, all the better, as far as the risktaking Sagittarius man is concerned.

What to Wear for the Sagittarius Man

The Sagittarius man is fond of rich blues and purples. When it comes to clothing, he prefers to wear garments that are loose and comfortable; if you were to wear something similar, it might imply that you, too, are a free spirit.

The Sagittarius values honesty, so he gravitates toward naturallooking partners. In other words, wear just enough make-up to draw out your best features. He also likes perfumes. Try something exotic, but just enough for him to get the occasional hint when you lean in to speak to him.

Gifts for the Sagittarius Man

The Sagittarius man, be he physically or mentally adventurous, is always keen to explore new belief systems, philosophies and religions. The latest 'new age' development will be of interest to him, so long as it isn't wishy-washy and fantastical; rather it should be (at least reasonably) scientifically robust, well-researched and intellectually sound. So: Neuro Linguistic Programming, yes; the Law of Attraction, probably not.

Another great gift for the Sagittarius man is some kind of unusual food stuff or beverage. Try and gather some intelligence first to ascertain what he hasn't tried, although it may be difficult to find anything! His eyes will light up when you present him with a bottle of mead, saki or a packet of honey-roasted locusts. Even if the food in question is (to Western tastes, anyway) fundamentally disgusting, he will actually enjoy discovering for himself just how fundamentally disgusting your gift actually is.

Sex and the Sagittarius Man

As with all things with the Sagittarius man, sex is all part of life's great adventure. He will like sex which is exiting, varied and possibly even a little dangerous. For the Sagittarius man, it's not unlike buying a house: location, location, location!

If you yourself are a little demur or restrained in these matters,

the Sagittarius man can seem a little daunting. However, if you allow yourself to be swept along, you're guaranteed a sex life which will have your friends gasping in disbelief and, quite possibly, turning a lighter shade of green with envy.

However, for the Sagittarius man, sex is very much a part of a greater whole. He will value a partner as much for their mind and the intellectual stimulation they provide as for the physical delights they deliver. That being said, we are talking about a man, here, so the 'physical delights' doubtless occupy a slightly higher position in his list of priorities.

Keeping Your Sagittarius Man

This one really depends on you. The Sagittarius man hates to feel restrained in any way. He values his freedom above all things. If you're not the possessive type and you value your own space, you'll have no problem keeping hold of the Sagittarius man. If you're riddled with insecurities and have a possessive nature, the Sagittarius man is going to run a mile.

The important thing here is honesty. Just ask him what his expectations are, and explain yours. If he feels he has reached a mutually-acceptable agreement with you, he will be more than happy to accept it. If, however, he feels as if you have 'secret rules' which only come to light once he transgresses them, he will feel trapped and unhappy.

As I said earlier, the Sagittarius man is more than happy to live a monogamous lifestyle, just so long as he feels he hasn't been tricked or pressured into it.

If you're the type of person who likes a bit of 'me time' and likes to feel as if they can do pretty much whatever they want whenever they want (even if you don't actually choose to exercise that right), the Sagittarius man is perfect for you.

What are You Letting Yourself in For?

See Keeping Your Sagittarius Man. Really, that tells you all you need to know. The Sagittarius man is always reluctant to make an official commitment; he may, however, be fully committed to you in his heart – only you can know this for certain.

There are two other negative traits which could place a strain upon your relationship. The Sagittarius man's love of adventure can lead to recklessness. This recklessness can take the form of a borderline addiction to dangerous sports and activities, or it can lead to problem gambling.

The second potential issue is that of irresponsibility. To the Sagittarius man, responsibility can be viewed as nothing more than another form of 'enforced commitment'. At the extreme end of the spectrum, the Sagittarius man rejects all forms of 'you must': 'you must pay your bills', 'you must have a job', 'you must live within your means', 'you must do what's expected of you', these are all anathema to the extreme Sagittarius man. Of course, the extreme cases of all zodiac characteristics are, by and large, to be avoided.

You may find the Sagittarius Man more difficult if you're a...

...Pisces, Gemini or Virgo, and particularly challenging, if you're a Taurus or Cancer. But don't worry: true love conquers all!

THE BIG DO: Take things one step at a time.

THE BIG DON'T: Never deny him his freedom.



CAPRICORN



How to Attract a Capricorn Man (22nd December to 19th January)

Why Set Your Heart on a Capricorn Man?

Determined, ambitious and able, the Capricorn man is likely to go a long way in life. Maybe he can take you with him...

Winning a Capricorn Man

The Capricorn man is possibly one of the most cautious and serious signs of the zodiac. He has a morbid fear of public embarrassment, so he's unlikely to respond well if you simply ask him out point-blank, out-of-the-blue. In fact, it is very probable that he will spontaneously combust.

For precisely the same reasons, it is unwise to flirt with the Capricorn man: he doesn't respond well to it. Better to just chat and get to know him. Be yourself, act natural. Don't make fun of him, either, not even in a light-hearted no-harm-meant kind of a way; he hates to be ridiculed. That isn't to say he has no sense of humour, however. The Capricorn man can be very amusing, but almost always in a very dry manner. Often, people will be slow to realize he's making a joke at all.

With the Capricorn man, a slowly-slowly approach is recommended. You'll need to get to know him first. Or, more to the point, he'll need to get to know you first. He will only go out with someone he feels comfortable with, someone he can trust. Consequently, you'll need to become something of a known quantity to him. It is probably best if you treat your conquest of the Capricorn man as a campaign rather than a skirmish. Think long-term strategy, not hit and run.

The Capricorn man doesn't enter lightly into love. As a rule, he is opposed to the very notion of one night stands and flash-in-the-pan (or, indeed, flash-in-the-pants) relationships. He will need to know that you are similarly serious about your emotional and sexual relationships. This doesn't mean you should be telling him how many children you want to have with him and what their names are going to be on the first date, but you should give an indication that you take relationships seriously in principle. If you have only had a handful of relationships, all reasonably long-lasting, it certainly wouldn't hurt to mention this fact. If, on the other hand, you have enjoyed a wide array of relationships, all short and sweet (and there's nothing wrong with that), it's probably not wise to broadcast the fact to the Capricorn man: he'll run a mile if he thinks you view him as just another entry in your little black book.

Don't be too put off if, initially, he seems a little distant and removed, perhaps even a little cold. The Capricorn man isn't given to spontaneous and frivolous shows of emotion. Once he is comfortable with the object of his affection, all of this will change of course.

The Capricorn man is very career oriented. If you are, too, that will work well in your favour. The Capricorn man will seek out a partner who he feels has a similar drive and is similarly goal-orientated. A partner who can support him in the pursuit of his own professional ambitions will be considered a real must-have.

With the Capricorn man, you will likely have to earn his

admiration and respect before you can hope to win his affection. So, display a strong work ethic, a keen sense of responsibility and show him you are focused and organized.

The Ideal Date for the Capricorn Man

The Capricorn man not only wants to be successful, he is also attracted to the trappings of success. A meal at an exclusive restaurant would make a perfect first date. Avoid unusual food, however; he prefers his food simple and traditional.

Don't be afraid to talk about work over your meal. Whilst with a lot of men, the last thing they want to talk about is the drudgery of the working day, for the Capricorn man, it is practically imperative. And don't just talk about what you did at work today, talk about tomorrow, next week, next month, next year, about your plans and ambitions. But remember, these really must be plans and ambitions, not wishy-washy dreams. He'll want to know what your goals are, what steps you intend to take to achieve those goals and, most importantly of all, which steps you've already taken to achieve those goals. The Capricorn man has no time for daydreamers.

Let him talk about his plans and ambitions. If there is any way you can help him achieve these ambitions, let him know: the Capricorn not only wants his relationships to be a success, he wants them to be about success.

What to Wear for the Capricorn Man

By all means, wear something sexy: you won't hear any objections from the Capricorn man. However, not too sexy.

Remember, he doesn't like too much attention, so he'll feel uncomfortable if every man in the room is watching your every move!

The Capricorn man favours greens, greys and blacks; if you're looking for a little bit of glamour, he's also partial to a touch of indigo and violet.

Gifts for the Capricorn Man

There is no single ideal gift for the Capricorn man. However, he will want to see that you've taken your choice of gifts seriously, that you've put some thought and effort into it. Buy him something which demonstrates that you've been paying attention. If he's expressed an interest in, for example, a particular musician, especially if it was just in passing, and you hand him a beautifully gift-wrapped CD or, better still, rare vinyl, he will be both happy and impressed.

Sex and the Capricorn Man

Sex for the Capricorn man is inseparable from love, a physical manifestation of love and a demonstration of trust. And, as with everything relating to the Capricorn man, he will want it to be perfect, working all-out to please you!

Keeping Your Capricorn Man

Trust is an absolutely critical part of your relationship with the Capricorn man. If, for whatever reasons, he feels he can no longer trust you, things will begin to fall about surprisingly quickly. It's crucial to bear in mind that this element of trust doesn't just apply to your behavior toward him. If he witnesses you behaving in an untrustworthy manner toward anyone – friend, family member, work colleague – he may well begin to question your trustworthiness more generally. So, don't betray those confidences and always keep your word.

Although this might make life a little more difficult (or certainly a little less... flexible), the Capricorn man is almost always a good influence upon those he befriends and, particularly, those with whom he forms a romantic bond, keeping them very much on the straight and narrow, with a vivid sense of right and wrong. Having a Capricorn man for a partner is, in many ways, good for the soul.

What are You Letting Yourself in For?

Well, other than the fact that the Capricorn man demands the very best from you, morally, professionally and personally (which is a good or bad thing very much depending upon your own unique personality), where are the troughs that help define the peaks?

Well, at his worst, the Capricorn man can be a status-seeking, perfectionist, slave-driver, who doesn't know when something is good enough: his job, home, relationship, even his children.

The negative Capricorn man can also be unforgiving in the extreme, setting standards for others which even he himself cannot even begin to meet. He is also liable to let his fear of what others might think of him dominate his every action, his every thought, paralyzing him with indecisiveness. You may find the Capricorn Man more difficult if you're a...

...Aries, Cancer or Libra, and particularly challenging, if you're a Gemini or Leo. But don't worry: true love conquers all!

THE BIG DO: Be ambitious.

THE BIG DON'T: Never ridicule him.







How to Attract an Aquarius Man (20th January to 18th February)

Why Set Your Heart on an Aquarius Man?

If you're looking for a fun, frivolous and light-hearted relationship that might just surprise you and turn into something more serious, give the Aquarius man a try.

Winning an Aquarius Man

The first obstacle to securing the affections of the Aquarius man is getting him alone. He is gregarious to say the least. Whether he's at work or socializing, the Aquarius man likes to be surrounded by people. So, you'll need to keep your eyes peeled for an opportunity to speak to him one-on-one. But, even if you can't get him alone, you can still demonstrate behaviors that will make you stand apart and pique his interest.

The first thing you will need to demonstrate is that you are a person of principle. The Aquarius man has a clearly defined ethical code, from which he will rarely, if ever, deviate. This code is likely to fly in the face of received wisdom but, however idiosyncratic it may be, it will be of great importance to him. He will want to see that you stick to your guns, even if he doesn't personally agree with the principles you are espousing or defending. The important thing is that you have principles and that you are not easily swayed.

The next thing you will need to demonstrate is an air of mystery. Unlike the Capricorn man, for example, the Aquarius man is not attracted to known quantities. He likes people who are a little secretive, people who play their cards close to their chest and don't feel the need to reveal every intimate detail of their character on the first encounter.

The Aquarius man prefers relationships that aren't too constricting. He likes to feel that he can come and go as he pleases, that there's no excessive pressure on him to change his behavior or sacrifice his independence. That isn't to say he isn't in search of a monogamous relationship, just that he needs his own space. In fact, of all the men of the zodiac, the Aquarius man thrives in live-apart relationships. So, it's best to take a light, unserious approach to the relationship, with no concrete expectations.

You'll probably have to make your move (or at least make your feelings known) quite quickly, as, rather like the Gemini man, the Aquarius man has a tendency to change employers and even social groups quite often. This tendency to 'keep on moving' generally eases up over time; so, the younger the Aquarius man, the more likely he is to suddenly up sticks.

It can be quite difficult to 'read' the Aquarius man, as he displays affection to practically everyone. Those in pursuit of the Aquarius man often find themselves falling into the trap of assuming he had stronger feelings for them than was actually the case. In order to avoid misunderstandings, observe in his dealings with others; try to gain a sense of how affectionate he is, even with people who he hardly knows at all. You should be able to recognise a sliding scale of affection from which you will be able to best judge the intensity of his feelings toward you. The Aquarius man will want a lover who is also a friend, so he is more likely to be attracted to someone he gets along with in a more general, non-romantic way.

The Ideal Date for the Aquarius Man

The Aquarius man is fond of the strange and unusual, so a night of weird experimental theatre would make the prefect date. He also loves to talk and explore intellectual ideas, so somewhere quiet for a bite to eat afterwards will be perfect.

Beware, it is during your first date that you will probably learn that the Aquarius man likes to talk about his problems, unburdening his woes upon you. Listen and show empathy, but, once he has finished, move onto another, entirely different subject. But don't think by telling you his problems he is, by implication, inviting you to share yours. The Aquarius man hates hearing other peoples' problems. Better to just offer him your sympathy and talk about something else!

What to Wear for the Aquarius Man

The Aquarius man can be quite prudish, so avoid anything that's too flirty. He responds well to unusual styles and colors, however, and is particularly fond of yellow.

He has a love of change, so be sure to wear something that is noticeably different from the clothes he normally sees you wearing. If, at work for example, you tend to wear trouser suits in dark shades, on your date wear a brightly colored dress. If you normally wear your hair up, on your date let it flow around your shoulders.

Go for an unusual perfume, something that's likely to have him asking, "What is that?"

Gifts for the Aquarius Man

When it comes to gifts, anything unusual will make the Aquarius man happy. Avoid anything practical or ordinary. This can make the Aquarius man quite difficult to shop for, but not impossible. And, on the plus side, it can make shopping a lot of fun. With the advent of the internet, things have got a lot easier. Just Google 'weird gifts' and you'll be surprised at just how many online stores there are catering for the strange and unusual.

Sex and the Aquarius Man

The Aquarius man, as stated earlier, can be a little prudish. For him, sex isn't the be all and end all of a relationship. That isn't to say he isn't interested in sex: far from it. It just isn't a big deal to him. If you're a highly sexed individual, you may well find you have to take a dominant, maybe even an aggressive, role in the bedroom. But, depending on your own personality, that can be a lot of fun, and for many women it's quite refreshing and very exciting!

Keeping Your Aquarius Man

Put too many demands on the Aquarius man and you won't see him for dust. Keep things frivolous and try not to plan too far in advance. Let him have his space and give him time for his friends and other interests (meanwhile you can see your friends and do your things!). That isn't to say the Aquarius man is not capable of a serious relationship and that he isn't marriage material. A relationship with an Aquarius man will cement over time and reach 'the point of no return' in a natural and organic manner. Typically, the Aquarius man is unlikely to propose in a dramatic fashion, rather he'll turn to you one day and say something like, "I was thinking maybe we should get married. What do you think?"

What are You Letting Yourself in For?

Well, we've probably covered some of the negatives already! Are you ready for a few more? Okay, then. At his most extreme, the Aquarius man can be completely unsympathetic to your needs, because he's far too absorbed with his own issues, problems and circumstances. If you're the type of person who needs a sympathetic ear now and then or a shoulder to cry on, you may have to look elsewhere for comfort.

The Aquarius man's need to do his own thing and not be pinned down by anybody can make him something of low-achiever, unable to stick at anything and see it through to its conclusion. If you're looking for a man with a good career and a bankbalance to match, you may be better setting your sights on a Capricorn man. That being said, the Aquarius man can often make his fortune by virtue of his genius rather than from sheer hard work and diligence. He might write a bestselling book, record an award-winning record, but he is unlikely to make CEO of a multinational. You may find the Aquarius Man more difficult if you're a...

...Taurus, Leo or Scorpio, and particularly challenging, if you're a Cancer or Virgo. But don't worry: true love conquers all!

THE BIG DO:

Retain a little mystery. He doesn't need to know everything about you.

THE BIG DON'T: Avoid making plans on his behalf.







How to Attract a Pisces Man (19th February to 20th March)

Why Set Your Heart on an Pisces Man?

Incredibly romantic, the Pisces man is nurturing and empathetic. If you're looking for a relationship built on mutual affection and genuine concern, he's you're man.

Winning a Pisces Man

Let's begin with a word of warning. The Pisces man does not fall in love lightly. He is deeply romantic and will invest his heart and soul in a relationship. If you're just looking for a bit of fun or let's-see-where-this-might-lead kind of a relationship, it's probably best to give the Pisces man a wide berth.

However, if you're seeking a life partner and a soul mate, the Pisces man is the one for you.

At work, you won't find it difficult to get the Pisces man alone. He likes to work under his own direction and always gets the job done, so long as he is allowed to do it his own way. For this reason, the Pisces man is often employed in trouble-shooter roles, moving from department to department.

Once you've got him to yourself, you'll find the Pisces man to be extremely generous, loving and caring. He'll want to hear all about your worries and woes. Don't be afraid to hold back: the Pisces man is attracted to someone who appears to be in need, someone who needs his protection or support. This doesn't mean he wants a partner who is weak, however. He'll be just as in need of your support and your strength. For the Pisces man, romance is inextricably bound up with notions of cherishing and nurturing, defending and honouring. Love is a fantastical castle in which he and his partner are safe from the follies and cruelties of the world.

The fantastical castle image is particularly appropriate, as the Pisces man is something of a dreamer. He'll be looking for a partner who doesn't dismiss his flights of fancy, someone who will entertain even his most outrageous dreams. He'll also be looking for someone who likes to 'dream a little dream' themselves from time to time, but not for someone who has their head in the clouds quite so much as him. In fact, the Pisces man is only too aware of his own propensity for letting his imagination run riot, and will seek out a partner who can provide a balancing influence, someone practical and sensible. So, let him see that you are imaginative and respect his fantastical musings but, at the same time, demonstrate that you also possess a significant no-nonsense streak, able to snap things back to reality with a click of your fingers.

To put things in the context of a relationship: if you were going on holiday together, the Pisces man would create a wonderful itinerary of places to go and things to do, but you'd have to remember the plane tickets, the passports, insurance, car hire...

The Pisces man is also very sensitive and is the zodiac sign most likely to suffer from chronic shyness. Take a gently-gently approach. Don't overwhelm him or he'll scuttle back into his shell and it may take you some time to pry him back out again. Try not to ridicule him, even if you're only being playful, as he is easily wounded. The Pisces man is also very empathetic. So you'll need to be sensitive in your handling of others whenever he's around. If you treat someone harshly and the Pisces man witnesses it, it can be almost as if you have behaved harshly toward him.

The Pisces man is kind and gentle, so it pays to be kind and gentle toward him.

The Ideal Date for the Pisces Man

Let him choose. Not only will he thank you for it, you're almost certainly assured of a fun and interesting date, because the Pisces man is very creative and will tend to avoid conventional (i.e. boring) venues for a date.

If he does leave it up to you to choose (and he may well do, as it seems the gentlemanly thing to do), go for something romantic. Candles, flowers, violins, sunsets, beautiful gardens: all these things make the perfect backdrop for a date with the Pisces man.

As the name suggests, Pisces are, on the whole, very fond of seafood. So, a romantic seafood restaurant with candles and string quartet would be ideal.

Avoid anywhere bright, noisy and chaotic. Go for peaceful and orderly every time.

What to Wear for the Pisces Man

The Pisces man hates to wear restrictive clothing himself. Given is strong (sometimes even overwhelming) empathy, he is likely to feel uncomfortable if you look uncomfortable. So, opt for something light and loose and you'll put him at his ease. As for color, try marine shades like light blues and pale greens.

Gifts for the Pisces Man

Anything that will stimulate his imagination is likely to be very well received by the Pisces man. A volume of romantic poetry, a book of Pre-Raphaelite paintings or the biography of a great artist will all make great gifts.

You won't have to work hard to think of a gift, however, as the Pisces man likes nothing more than to talk about his passions. After speaking to him for just a few minutes you'll be able to compile a mental list of his inspirations and heroes.

Sex and the Pisces Man

Sex and romance are indivisible so far as the Pisces man is concerned. He won't be the least interested in a simple roll in the hay. For the Pisces man sex is part of a romantic narrative and he will be in no rush to get to that particular chapter. The setting and circumstances are vital to the Pisces man: candles, music, champagne, rose petals. He would rather wait (much rather wait) than rush into something that lacks the appropriate romantic trappings.

Keeping Your Pisces Man

Sensitivity is the key when it comes to keeping hold of your Pisces man. Hurt his feelings and, although he will instantly forgive you, he will find extremely difficult to recover. In the long term, this may lead to him closing up in order to avoid

being hurt again.

Allow him his flights of fantasy. Join in from time to time. However, remember that you're the one who's going to have to keep their feet on terra firma. If you can apply your practical skills to help make his dreams become reality, he will be forever in your debt, viewing you as an almost magical figure in his life.

What are You Letting Yourself in For?

Everyone wants a sensitive man. The question is how sensitive? The Pisces man can make the weepiest of your girlfriends seem like the Terminator. You may feel like your permanently walking on eggshells, which can be pretty exhausting.

In extreme cases, his flights of fantasy can take him out of reality entirely, to the point where you may become, to a certain extent, his carer, constantly battling to bring him back down to earth and face his day to day responsibilities.

He may take neediness to new heights. Or should that be new depths? You'll need to keep this in check, reminding him every now and then that he's supposed to be your knight in shining armor, not the other way around!

You may find the Pisces Man more difficult if you're a...

...Gemini, Virgo or Sagittarius, and particularly challenging, if you're a Leo or Libra. But don't worry: true love conquers all!

THE BIG DO: Indulge his flights of fancy.

THE BIG DON'T: To quote Elvis: "Don't be cruel."



BONUS CHAPTERS



READING MEN'S BODY LANGUAGE



Okay, so you hold all the cards now. But... well, it certainly doesn't hurt to have an ace or two concealed up your sleeve. This special bonus chapter will give you a valuable insight into how the particular zodiac man you've set your sights upon feels about you and how he is responding to your advances, simply by observing his posture and unconscious movements.

Positive Signs

Frequent lingering glances

This pretty much goes without saying. If a guy meets your eyes for more than a second or two, particularly when neither of you are speaking, this is generally a sign of attraction. Persistent eye contact is another matter: you'll find that one under 'Negative Signs'...

Open arms

As opposed to folded arms, suggests a man is comfortable in your presence, particularly if his hands are relaxed, with palms visible.

Leaning forward

If a man leans forward when speaking to you, especially when unnecessary (i.e. you're not in a noisy environment), this is an indication that he is seeking intimacy.

Speaking in a lowered voice

This suggests intimacy and is often employed unconsciously as a technique to encourage you to lean forward, bringing you within easy reach.

Facing straight toward you with shoulders relaxed

This is a posture of honesty. Generally, when people are attempting to mislead you, they will turn away slightly.

Feet pointing toward you

This is another sign of interest. Some body language experts say this can be interpreted as a very obvious sign of sexual attraction.

Hands in pockets

This can be interpreted as a sign of sexual interest, particularly when the thumbs are in pockets with the rest of the hand pointing, erm... downward.

Eyebrows raised unnecessarily (i.e. when unsurprised)

Because the eyebrows are particularly difficult to control, this is often a secret giveaway of physical attraction.

Mirroring your movements

If he mirrors your movements, even if only slightly, this is often a sign of attraction. Here's a useful test: make a sudden movement with your hand and see of his moves slightly too.

Fiddles with his earlobe

In fact, if he fiddles with anything (jewelry, watch strap...), this typically implies an eagerness to touch.

Blinks a lot

Rather like the eyebrow raising, this is a difficult one to control and can imply an overload of thoughts and feelings.

Running a hand through his hair...

... or adjusting his clothing. These are grooming activities and usually mean he's trying to look his best for you.

Stroking himself

On the *arm*, for heaven's sake, *the arm*. Or leg. This typically indicates a desire to be stroked by the person they are talking to. That would be you.

Negative Signs:

Folded arms

This is a defensive gesture and can generally be interpreted as a categorical 'go away and leave me alone'. However, you'd do well to keep in mind that some zodiac men are naturally defensive and untrusting (Taurus, for example), so it could well be a case of 'it's not you, it's him'.

Body turned away

This is an obvious sign of disinterest and can be read as, "I'd rather be talking to someone else." However, it can also be an indication of shyness. So, with a Pisces man, this kind of posture can be typical and shouldn't be taken too personally.

Persistent Eye-Contact

As opposed to regular eye-contact, which is a sign of interest, persistent, unwavering eye-contact can be a sign of anger.

Standing Side-On to You

Sometimes referred to as the 'fencing position', this indicates the urge to get away.

Pressed Lips

This demonstrates an unwillingness to communicate with you. Or maybe they had a garlic baguette for lunch and don't want to frighten you away!
FLIRTING TIPS



Despite many advances in the equality between men and women, particularly when it comes to dominant/submissive roles within romantic situations, men simply aren't used to being flirted with: the more often the flirter than the flirtee. Don't get me wrong, men love to be the object of flirtation: they're just not all that certain of when it's happening! Which, is a roundabout way of saying, don't be too subtle. Start off subtle by all means, but be prepared to take things up a level when all you receive is a blank, uncomprehending expression.

With that in mind...

Flirting Tip 1

Keep in mind everything you've just read in the previous chapter. The vast majority of the 'positive signs' you'll be looking for in *his* body language, *he'll* be looking for in *yours*. So, lots of lingering glances (but no persistent stares), face him directly with shoulders relaxed, smile and... To be honest, if you really like this guy, the chances are you aren't going to be able to help *but* transmit positive body language.

Flirting Tip 2

Make sure you are alone with the object of your flirtation. People can get pretty uncomfortable when someone flirts with them in front of others. He'll find it difficult to respond honestly to your remarks and, more often than not, the situation will quickly descend into coy humour and innuendo, which probably isn't the outcome you're looking for.

Flirting Tip 2

Regulate your voice. Speak softly, but not so much that you sound like a midnight-hour DJ. It might be a good idea to practice this: you could even leave a message on your own answering machine. A softness to the voice sends the message that you are talking to him and him alone, plus it forces him to be a little more attentive.

Flirting Tip 3

In the preceding chapters, I have, on occasion, advised you to impart snippets of information designed to appeal to his particular nature. However, as a rule, you should try to talk less about yourself and more about him. Ask him questions which are likely to draw out a lengthy answer, not just a simple 'yes' or 'no. So, don't ask him if he liked a particular movie, ask him what he liked about a particular movie. If he repeatedly redirects the conversation back to you, don't worry: this is a good sign, because it means he's interested in you and he doesn't want to make a bad impression by hogging the airwaves.

Flirting Tip 4

Be yourself. It's a lot easier. When you're trying to convey a personality which isn't entirely your own, the strain can begin to show. You'll seem like you're not having a good time and your questions and responses will lack spontaneity and sincerity. It can be tempting to adopt a persona you think might be more attractive, but this rarely works. By just being yourself, you remove a huge amount of effort from the proceedings, making you seem more comfortable, warm and genuine.

Flirting Tip 5

If you're a little shy or don't feel comfortable deliberately flirting, you could try encouraging yourself to flirt *unconsciously*. It's very easy: whilst your talking to the guy, try thinking of something sexy. It could involve 'the guy', Brad Pitt, Justin Timberlake, Denzel Washington, or all of the above. As a consequence of these naughty thoughts, your positive (and positively flirty) body language will go into overdrive. You might not even be aware of the signals you're sending out, but rest assured, send them you will.

Flirting Tip 6

It helps if you're feeling good. If you're able to plan your flirtation in advance, make sure you've had a good night's sleep and are feeling refreshed and well-rested. Pick an outfit that makes you feel comfortable and attractive. Wear a nice perfume (but subtly does it). If you're feeling fabulous, you'll radiate an easy-going charm that will make you very pleasant company.

To Summarize

Be yourself, feel good, be aware of your body language, take an interest, speak softly and if all else fails, think naughty thoughts!

CONFIDENCE BOOSTERS



I fully appreciate that there are those of you out there who contemplate the prospect of flirting with, talking to or even *making eye-contact* with a guy with something approaching genuine horror. Relax, you're actually in the majority. The fact is, relatively few women relish the thought of consciously approaching a guy with a view to either asking him out or letting him know they're interested. Most women take a less strategic approach to dating and tend not to actively pursue a particular man.

But then again, most women don't have the benefit of a reliable astrological profile of the man they've set their sights on.

If the thought of your impending romantic task sends a cold chill down your spine, here are seven confidence-boosting tips certain to give you the psychological edge you're looking for.

Confidence Booster 1

It helps to act confident. Imagine how a confident person would approach the situation. What would their posture be like? How would they talk? What would they say?

Now try to adopt this imagined confident person's bearing. By acting confident (and, by the way, *most* confident people are doing just that: acting), you will find that you enter a confident mind state.

It's not easy to maintain this act, but you only need to keep it up long enough to strike up a conversation; once you're talking and having a good time, you'll naturally relax into a comfortable and confident frame of mind.

Confidence Booster 2

Imagine the guy you're about to talk has just experienced an embarrassing situation and isn't yet fully recovered. Imagine, for example, that his pants fell down in an important meeting, revealing Spongebob underwear. He's mortified and desperate for someone to say something to him, *anything*, that doesn't refer to his recent humiliation.

The fact is, this guy *will* have been embarrassed, at some point. He *will* have said the wrong thing at the wrong time. He *will* have forgotten to zip up his pants. He *will* have tripped over crossing the street. And that's just the tip of the iceberg. In a nutshell, he's only human. And for 'human', read: silly, vulnerable, clumsy...

Confidence Booster 3

Practice 'belly breathing'. This is very relaxing. Basically, you breathe slowly and deeply, but instead of your chest rising and falling, your belly should expand and contract. It looks a little weird, so it's probably best to do it somewhere private! This particular technique helps to relax your diaphragm: the source of all those unpleasant little jitters which can cause all manner of anxieties and negative what-ifs to come crawling out of your subconscious.

Confidence Booster 4

Put it all behind you. Imagine you've already talked to the guy and it went well. Really imagine it. Don't go overboard, though; be realistic. Just imagine him talking to you, listening to you, nodding, smiling, his body language positive. Really *visualize* it, the sights, the sounds, even the smells.

Visualizing a successful outcome is one of the most effective and frequently used confidence-building techniques. People who speak publicly for a living use it all the time.

Confidence Booster 5

See Flirting Tip 6. Feeling good can make all the difference to your confidence levels. When you feel good, you behave in a relaxed and positive manner. In fact, it's difficult *not* to be at least a little confident.

Confidence Boost 6

Prior to 'making your move', spend a few minutes contemplating a time when things went particularly well for you, a time when you were happy and content or enthusiastic and energized. It might have been while you were on vacation, lazing on the beach with a good book, listening to the gentle lapping of the waves. Or maybe it was in the moments following a personal triumph.

Just close your eyes and revisit this scene. Recall the sights and sounds, feel *now* how you felt *then*. You'll feel your stress levels ebbing away and your confidence rising.

Confidence Boost 7

Avoid excessive navel-gazing. It's a good thing to evaluate and reevaluate our lives from time-to-time. If we didn't we'd soon find ourselves stuck in a rut. However, an excess of introspection can only increase our self-consciousness, and nothing undermines our confidence more than too much selfawareness.

We are most often at our best as people when circumstances force us to act without thought, when spontaneity is thrust upon us. When we aren't trying to achieve or impress but simply do, we can really shine.

So, as you approach your task, try not to think about what you are about to do, or whether or not you are likely to succeed or what-if this, that or the other. Instead, observe things going on around you. Look at what other people are doing. Take note of things you don't usually pay attention to; things like: the quality of the light, the way the hubbub of conversations, telephones ringing, the tapping of fingers on keyboards etc coalesces into an ambient whole.

By taking your focus and shifting it from inward to outward, you'll find your lack of confidence becomes less significant and, consequently, becomes easy to manage.

ABOUT THE AUTHOR



STEPHEN WINTERS

Stephen Winters is a freelance writer with over 20 years of experience writing on a broad range of topics.

In 2007, he was appointed writer-in-residence for The

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During this time, he has explored and written about the entire spectrum of self help, alternative spirituality and personal growth theories, from astrology to the Law of Attraction, binaural brain entrainment to self-hypnosis and beyond.

AFTERWORD

I hope you've enjoyed *Men, Sex and Astrology*. If I've done my job properly, you should have a vivid insight into what turns on each and every man of the zodiac. More importantly, you should be feeling comfortable, confident and in control of your sex life.

I'd love to hear what you enjoyed about the guide, but I'm equally eager to heat what you didn't like about it, so we can address any shortcomings in future editions.

Just pop over to:

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...and leave your thoughts and opinions.

Best of luck in life, love and lust! Stephen Winters





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