

# Five Signs You've Found the One

Bethany R. Scott

An Astrology of Love Mini-Guide

# FIVE SIGNS YOU'VE FOUND THE ONE

*By Bethany R. Scott*

# Introduction

Relationships can be difficult at times, and they do not always work out for everybody. Partners come and go, some leaving pleasant memories, others leaving scars. If you have been unlucky in love, sometimes it can be confusing to read the signals, setting you up for a disaster.

Communication is key to letting your lover know what's on your mind, and it is always good advice to stay open and honest in a relationship, especially about how you feel towards that person.

Many say you 'just know' when a person is right for you, but if your intuition has been clouded by a bad string of dates you may find it hard to trust your instincts.

If you have been led astray before, or are finding yourself overwhelmed, or just aren't

sure, these are some of the signs to watch out for when you are in a good relationship.

## Silence

It does not always have to mean awkwardness - sometimes, silence can be golden. If you find you and your partner sometimes go for a while without saying a word to each other, and you both are relaxed and happy nevertheless, it could be a sign you are comfortable in each other's company. It is always a good thing when you no longer feel the need to impress your date with conversation, and you can both be your honest, true selves without having to 'keep the conversation going'.

# Trust

Would you trust this person? If the answer is yes, it is a very good indicator of an ideal partner. Your 'gut' feeling may strive to have the final word, but pay attention to any doubts others may have as well. If this person has an unsavoury past, violent tendencies, or vices, take some time to think things over in a quiet, neutral space, and force yourself into a state of clear thinking. Would you set this person up with a beloved friend? The habits of a lifetime are not changed easily. Ask yourself if this person is worth taking a risk for. The psychological damage caused by cheating or other abuse is long-lasting, so honestly ask yourself: if the worst happened, could you handle it?

## Security

Another tried and tested method for testing the durability of a relationship is to evaluate if you would start a business with this person. Are they good with money? Do they make decisions rationally, and do they have your best interests at heart alongside their own? If they are immature, spend their money foolishly and joke around too much, they may well just be 'catching up' to your level, but it will not be guaranteed you will ever both be on the same page.

## Friendship

The best relationships usually start out as friendships, or at least friendship is cultivated early on. This ensures your survival as a couple, even when the spark starts to fade, for long enough that the spark is rediscovered. One of the reasons our grandparents' generation enjoyed long-lasting marriages was the fact that divorce was less socially acceptable and a more difficult process, so struggling couples were less incentivised to end the relationship and rather fell into a pattern of harmonious co-habitation, which would often lead right back to love. If you feel at ease with your lover, feel like you can be yourself and would rather talk to them above many other people, it is a sign your relationship will last a long time.



## Big Decisions

A huge factor, and one which many couples gloss over, is the tendency to agree on the 'big' questions. Marriage, children, careers are just some of the issues long-time couples will face, and it is best to plan ahead, at least to the point where you can prepare for the other's opinion. It is no longer essential for couples to marry, have children or have unequal earnings in order to have a happy household, but nevertheless it is wise to make sure your opinions align on at least some of these matters. If you are very young, some decisions - like children, mortgages, etc - will not be on the cards for a while, so have an informal chat with your partner just to gauge their opinion. Many people can and have changed their minds after spending years together, so keep your mind open, but never pressure your partner either way. Compromise can work, with both parties willing, and is an essential ingredient to a healthy and happy relationship.

## Conclusion

Using these indicators it should become clear whether the person you are with is compatible in the long run, or perhaps just a short-time partnership which will end amicably. Remember to protect yourself, listen to others outside the relationship who may have a clearer view of what is going on, but also trust your instinct as well. Above all, respect your partner, and keep honest and open communication to foster love.