

Affirmations

The word 'Affirmations' is written in a white, elegant serif font. To the left of the text are several white, stylized hearts of varying sizes. To the right are three white, stylized flowers with multiple petals.

to Attract a Taurus Man

Monday's Affirmation



**I am the eye of the storm,
calm when all around me is chaos.**

**The Taurus man sees me
as a steady place to stand.**

Tuesday's Affirmation



I do not rush the **Taurus man**.
He looks at me and sees
the patience of a saint,
determined but not insistent.

Wednesday's Affirmation



I exude femininity.
The Taurus man sees and feels this.
I am delicate, radiant, sensitive,
gentle, gracious and sensuous.

Thursday's Affirmation



I am strong and confident.
I am comfortable in my own skin.
The **Taurus man** looks at me and sees
a woman who believes in herself.

Friday's Affirmation



**I am honest.
I am filled with moral courage.
The Taurus man looks at me
and is in awe of my integrity.**

Saturday's Affirmation



**I am sincere.
I mean what I say. I say what I mean.
When the Taurus man hears me,
he knows he can believe me.**

Sunday's Affirmation



I am in tune with nature.
The Taurus man sees me and sees
The forest, the mountain and the sea.
He sees a manifestation of the Earth.

Aries affirmation instructions

- You should stand up straight but relaxed.
- Dispel any negative thoughts as best you can.
- Say your affirmation aloud in a clear confident voice.
- Repeat your affirmation 10 times.
- Perform your affirmations as soon as you get up.
- Perform your affirmations just before going to bed.
- You must perform your affirmations every day.
- If you are performing affirmations in addition to those here, allow at least five minutes between affirmations.



The very best of luck
in Love and Life
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